

# Weapons Of Mass Seduction

"ARE YOU GAME?"

## Introduction

Woah, hold on a second. Weapons?? WTF? Isn't seduction supposed to be a process of love and affection?

HAH! Whatever you say, Romeo.

Take off those rosy sunglasses and you will see that, for the majority of us, the natural process of seduction has become a battlefield of the mind. Seriously, take a good look around you and witness a new generation of introverted cowards who shy their pants at the mere thought of approaching an attractive woman. Watching some of these guys in action, you'd swear that they were facing heavy enemy fire while running across a field of landmines, rather than talking to a soft, harmless girl!

Yes my people, Generation Chump is in full effect! If you doubt my words really think about the guys you know. My acquaintances tally up to about 1 Real Man out of 10 frustrated boys. That's 10%, yall! Make no mistake, in this age of intellectual castration it is war that we wage! Not against females, but against the social programming that stifles our true nature and sexuality.

Think I am over-reacting? Pfffffft! Have you been to the movies in the last few decades? Have you paid attention to the crap that is played on the radio?

Love is The Message

Really listen to the ideas you are being fed while you are "entertained". You will see that the same message is repeated over and over, shameless as any propaganda.

*"Find your true love...your SOUL MATE...that one person who completes you and you will live happily ever after"*

And so everyone scrambles to find their other half with the expectations of a Hollywood reality only to find out that they were chasing a mirage. What a cunning deception! So romantic and appealing that we CHOOSE to stay blind to the truth. Lift the veil of lies and you will see that *when you seek happiness and "completion" from someone else, you are just setting yourself up for failure and heart-break!*

Then what happens? Your relationship and entire world falls apart, and you are shocked, no DEVASTATED! How can this be? "Woe is me!" Then the dust settles and you think to yourself "Oh damn, I guess she WASN'T my soul mate after all, but hey check THIS girl out. She seems special. Yup she's different!" And so we chase the illusion over and over in a vicious cycle until time quietly slips past us like a thief in the night. Eventually we start to ask the inevitable question. *What the hell am I doing with my life?* Sadly, most people ask themselves this question when it's far too late!

Technology + Laziness = Isolation

With all the conveniences and distractions of a modern society, we have become expert Time Wasters. Think not? Riddle me this. How many hours of your life are spent in front of a

TV or computer? Since you have found this post, I am willing to bet that you spend more than 4 hours a day living your life through a screen. It is time to shake off your long slumber and wake up. Can't you see how the Media has succeeded in dominating your awareness, molding your mind to conform to their status quo and robbing you of your reality?

Man, I don't know about you, but I am concerned with the direction society is heading. More and more people have stopped living life in favor of watching it! How ridiculous is this? Reality TV has become more popular than reality! What is going on here? Is life now a spectator sport? Damn, no wonder people are scared shyless of being social. It has become uncharted territory for them. But hey, put them in a room with a TV or a Playstation and they are fucking pros at that!

The distraction doesn't stop there, either. Oh no my friend. The media machine is just getting started actually. I mean they have to get disgustingly rich, right? So they wage these billion-dollar campaigns against us with their glossy false promises. Read between those lines and you get the following message:

*"Keep searching for happiness outside yourself because once you become fulfilled, you are no longer profitable to our corporate agenda"*

And so the industries are built. From sexy ads to porn, there's a lot of profit to be made off of such widespread repression. Sex sells! Hell, people are paying good money to learn how to seduce, something we should all be doing naturally! WTF????!!

Am I the only one getting angry here?

Doesn't the fact that you have been lied to your whole life *infuriate* you?

GOOD!

Anger is excellent fuel for transformation..and I get the feeling some of you need a nice kick in the ass in order to apply what I am about to drop here.

The Challenge

You have already wasted too much time. You don't have another moment to spare! So I dare you to eliminate your distractions for one week. No TV, video games, or casual internet browsing for 7 days. Yes, I am serious! And, no, I am not suggesting you become Amish and never watch TV again. Don't be ridiculous.

Think of this as a test of your will power and an opportunity to live your life in good old fashioned reality. Connect to your roots and think back to the days when all a man had for entertainment were great stories and the pleasure of a friend's company. For those of you who work or study in front of a computer, try to take some time off. If you can't, then don't worry, you can still log on and do your thang but when you are on your own free time, turn off all your screens and either relax, do something constructive, or best of all, *socialize*.

It will be hard at first and you might fall prey to your old habits. But understand that these habits are destructive and sometimes it takes drastic measures for you to change. I know because I have taken this challenge myself. I went on a Media Fast for 1 month and I got so much done in that time that I haven't looked back since. TV bores me now and the only time I spend on my computer is to create art, music, and write crazy shyt like this. It was hard the first couple of days and yes, I did cave a few times. But I did it and so can you!

Yes it's true, I actually have faith in you, a person I have never met and probably never will. Why? Because the fact that you are reading this sentence right now shows me that on some level, you realize that you are a soldier in the struggle against a mediocre existence. You coulda stayed in a comfortable world of quiet desperation, yet you chose to improve yourself. Congrats on taking control of your life!

A lot of you are just beginning your journey. Many forks in the road await you and how you choose will determine the type of man you will become. Like right now. At this very moment you are faced with a choice:

- (1) Keep reading this series and agree/disagree with what I have to say from the comfort of your keyboard. (crickets chirping)
- (2) Act on the knowledge given and post feedback with some actual experience under your belt. (Wild applause)

To quote the great Bruce Lee:

*"Knowing is not enough. You must APPLY"*

*"Willing is not enough. You must DO"*

It is with this spirit that I hope you will continue on. I admit very little of this material is original since I did not invent the game. I did learn a lot from others though and I do give credit in the "Mad Props" thread below, so don't bother flaming me for plagiarism. Everything I am about to share has been personally field tested (so I aint just typing out my ass here either!)

All I can say is that the last 10 months has been a crazy adventure for me. I have been taking notes along the way to help me solidify my game, and also in hopes that my progress will inspire others to action. I look forward to field reports and any insight you may have to share!

Since you won't be needing your computer for the next week, you might want to print these pages out for inspiration 🤖

The core of your seductive abilities is not made up of a system of techniques. It begins with you!

## Contents

I recommend reading these in the order given because there are lots of cross-references. There is a lot of info to digest here, so take baby steps. Spend a few weeks practicing one thing at a time. If you try to tackle all the techniques at once, you won't learn jack sh!t.

1. Destroying Social Phobias
2. Authentic Confidence
3. Essence of Alpha
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## 1. Destroying Social Phobias

### AWAKENING YOUR SOCIAL SELF A Path to Defeating Shyness

"Don't talk to strangers!" my mom would admonish me before I left for school each morning. Sometimes I wonder if this ominous warning had anything to do with the social phobia that would plague me later in life. Don't get me wrong, I don't blame poor Momma for my troubles and I know she was only trying to protect me from predators, but I think this is a powerful message that stuck with me much longer than intended. I know I am not alone here because the majority of people I encounter display various degrees of social phobias. I am actually quite an expert on the subject. Spent my early teen years as a bit of a hermit, keeping myself entertained with video games, comic books, and of course, lots of porn. The few times I did show up to a party, I would cling to my friends like they were a life preserver amidst stormy seas. I look back and laugh at myself since I am now able to dive into any social pool and backstroke with the best of them. So how did I do it? Baby steps, my friend. Had to cross a few gates in order to banish my inner hermit and become the life of the party.

#### The First Gate - EYE CONTACT

What is it about a person's eyes that can be so intimidating? Every time I used to lock eyes with an attractive girl, I would get this queasy feeling in the pit of my stomach and always avert my glance. Come to think of it, I didn't make much eye contact with anyone back then. I'm not sure if I was afraid of judgement or if I was just self-conscious, but that queasy feeling was very real, kinda like when you take that first plunge on a rollercoaster ride and you wanna puke your brains out. For years, I avoided everyone's gaze until I ran into some random chick in NYC who changed my perspective. I was chatting with my friend Ace and he was telling me some of his famous jokes while we waited for the subway. I was still chuckling as we got on the train and I made eye contact with this dark-skinned beauty with hazel eyes. Hot damn, she was beyond fine! Normally I would turn my eyes away in shame. But I was mesmerized by her delicious charm! I didn't even realize I was smiling at her until she mirrored me and smiled back. You have all heard it a million times before but the smile is critical! And it HAS to be authentic. Like one that you have when your friend tells a good joke.

Don't go overboard on the smiles though, unless you enjoy looking like a damn fool. I managed to scare my hazel-eyes away when we had coffee the next day. I totally made her uncomfortable with my perma-smile. Man oh man how I reeked of desperation! Oh well, at least I learned something: Think of your smiles like occasional bursts of sunlight to warm her heart - but your game face is super chilled out, unfazed like a sea of clouds that make her long for the warmth of your sun-smiles!

Even though it didn't work out with Hazel, I'm glad I met her because from that moment on, I learned to look everyone I saw in the eyes, well minus the shady looking guys and the drunks who talk to themselves but you know what I'm saying. In time the confidence grew and I learned how to flirt a little with the eyes. For instance, when she is at a distance, it is OK to look at some fly cutie's ass. in fact she wants you to! But once she is in your presence, you have got to be more subtle, dude. Keep the eye contact on her face. Center on the eyes and break away for furtive glances at her lips. Challenge her dominance by making her look away first. You don't have to be a psycho-prick about it but make sure she knows who rules the eye contact game! By the same token I also realized that there is a difference between eye contact and STARING. Remember to break your gaze and look at something/one else in the room for a few seconds to avoid that stalker-on-probation look..

Pay equal attention to the world around you for it is ripe with conversation fodder! Which brings me to the next gate.

### The Second Gate - TALKING TO STRANGERS

I remember being annoyed by people who would start up conversations with me on the street. Pretty ironic considering I am now one of Those People... Of course I would not have learned this valuable skill on my own. Once again it took a little outside assistance, this time from my good friend JJ. He's the dude who would talk to EVERYBODY. Bums on the street, old ladies at the laundromat, you name it. It's interesting because we never talked about how to approach people, but I learned from him by osmosis. He made me realize that you can't just open up a conversation with anyone without feeling their vibe first. Before you can communicate and be received, it is necessary to PACE the targeted individual. Absorb their situation and change your speed to match theirs. He would get free \$hit from K-Mart all the time because he would IDENTIFY with the workers. He would ask them if they enjoyed their jobs, already knowing the answer and begin to instill in their hearts a "Fu&ck K-Mart attitude" in 20 seconds he managed to make them all betray their bosses AND he walks away with free junk. It's all about having balls aint it? Well, actually that's not all there is to it. In order to learn how to pace another person, start by taking a deep breath and imagining you are that other person. Mirror them, copy their breathing and then pay attention to your feelings. What is it like to be this person right now?

Example: I went to a pub for a few beers the other night and the bartender was swamped. He was serving a good 200 people by himself, and those were 200 hardcore alcoholics to boot. Finally the placed cleared out a bit and he had a moment to rest. He was lighting up a cigarette and I put myself in his shoes at that moment. Hmm, I feel stressed and definitely need to relax...what a fu&ckin crazy night. I imagined his feelings and then verbalized them when we made eye contact. "Man, what a crazy job you have.. Is it always this busy?" BOOM. Conversation cracked wide open with one sentence. This guy is now one of many people I regularly chat upon my outings (which only strengthens my social proof!) See how easy it is? Just empathize with others and, unless they are complete losers or evil bastards, you will get a favorable response.

### The Third Gate - TALKING TO WOMEN

After you can comfortably talk to strangers, you are ready to target girls. Start out with UGs if you need to. This is not such a bad idea considering UGs have hot friends. Remember, even though they have pu\$\$ies, girls are people too! Don't treat them any different than you would treat any stranger. Be cool, friendly and open and don't worry about being a Master Don Juan just yet. The goal here is just to talk. Go to malls and talk to the chicks at the shoe/clothing stores. When they ask if you are looking for anything, say, "sure, I'm looking for a gorgeous, rich girlfriend that gives great massages, got any of those in stock?" or try on some gear and ask her which ones make you look sexy because you have a hot date planned. Try on a few shirts and be like, "Now which one of these would make you want to rip my clothes off and have your womanly way with me..cuz that's the effect I'm looking for." ETC ETC, you get the picture.

Once you have graduated from talking to UGs and chicks who are paid to talk to you, it's time to do some cold approaches. These are standard approaches without the intent of a close. Again, you are not trying to get numbers or be Dr. Smooth just yet. At this point you are getting yourself used to the idea of talking to an attractive woman you don't know. That's right my friend, you are about to talk to pretty girls! Try not to \$hit your pants and take the following words to heart.

While I don't recommend canned openers, they do help you get started so here are a few that have served me very well. Remember, some chicks are total Cunts so don't take it personal if you encounter someone rude. If you do meet an evil troll of a bit&ch, just do what

I do and say in your head "Oh well, your loss! NEXT!!!"

Walk up to the hottie, make eye contact, smile and say "Excuse me, I don't mean to bother you, but where did you get those shoes?" Let her talk for a minute as 99% of all women will when asked this question. Then tell her they are very nice/stylish and the reason you ask is cuz its your sister/cousin/whatever birthday is tomorrow etc, etc. This line is actually quite crap on its own and will get you nowhere if you don't have good followup game, but for the sake of the Third Gate it makes an excellent and painless icebreaker.

Get your confidence up with the previous examples and then try this one (courtesy of David DeAngelo) which is fu¢kin brilliant:

Walk up to the hottie, make eye contact, smile and say "Hey, my name is X and I am conducting a social experiment to help me overcome my fears of talking to women that I find attractive. Thank you for participating!" and then walk off. Many women will actually stop you and pursue the conversation!

### The Fourth Gate - INTERESTING CONVERSATION

OK, so you finally got the balls to say something and you have her attention. Maybe you even got a chuckle out of her. Now what? Any fool can talk about weather and politics so how do you set yourself apart from crowd? Well, I could lie and say this is the easy part..but I am not a good liar so suck it up, pal! There comes a time when you must step up and realize that you will have to not only initiate conversations, but also keep them going. Be prepared to carry 90% of a convo when you first start talking to people. It takes a while for most folks to completely warm up to someone. This requires you to really LISTEN to what the other person is saying and use it as a vehicle for what you want to say. Is that vague? You need an example don't you? Alright cool, let's take a real boring topic and see what we can do here:

HER: Nice weather we are having huh?

ME: *(sigh!)* Yeah ... Days like this make me think of the beaches in Cuba during the Fall..(get that distant look in my eye like I am in Cuba)

HER: Wow, you've been to Cuba?

ME: *Actually, no. At least not in this lifetime, but I feel I have been there before. You know... there is just something about that island that calls me. I have been dying to go there since I was a child, and now that I think about it, most of my current girlfriends are Cuban.*

HER: Yeh, Cuba is a beautiful place. Waitaminute...girlfriendSSS? How many do you have?

ME: *Woah, I thought we were having a friendly conversation about weather and travel ... now you want to quiz me on my sex life? Are you trying to hit on me or something?*

HER: (not used to getting this response and getting a little flustered) No..that's not what I meant...you brought it up!...

ME: *(Ignoring her protests and eyeing her skeptically) Good Lord...I have met some pretty aggressive women in my day, but you take the cake by far! What's next, you gonna propose to me right here? All righty then, I will call your bluff and accept. C'mon you wild woman (put my arm around her shoulder and start walking) I'll introduce you to my parents on our way to Vegas...*

and so on...

This is just a cheesy example but in it I have shown how you can change fluff talk into more fun subjects like travel, past lives and romance. Were my lines that mind-blowingly great? Not by a long shot. But that matters little because you can bet the family jewels that I delivered them with utmost confidence! Notice how she does all of the responding and I do the initiating. The trick is to give your audience a choice of bait for the conversation and be prepared to follow up each thread. This way they feel in control by making the choice of the convo's direction, but we know who's really running the show! In the above example, this

girl might have focused on the reincarnation reference, or maybe told me about her trip to Cuba. Point is, I would have been ready for her response and given her more bait to push the convo where I want it to go. Once you get really good at this, you will want to have several threads of conversation going simultaneously. Think about a great film where there are several subplots that tie together into one story. Same premise. A little Cocky/Funny works well but only if it fits naturally into the convo. It should never be forced and don't insult anyone either. In the future I will be posting my thoughts and experiences with C&F, so stay tuned!

Damn...you want more tips???? OK then. Awkward pauses are your worst enemy. As soon as I feel a conversation is about to fizzle out, especially with someone new, I either start up a new topic or simply excuse myself to talk to someone else. First impressions are important, but last impressions even more so! Never complain about your life and stay POSITIVE! Don't ask too many questions, it's OK to find out where she lives, how old she is, etc. but try to get her to ask all the questions and never answer them directly. Keep in mind though, conversation and people are so unpredictable, some of these rules will need to be broken from time to time.. I once met this girl who would not answer any of my questions but kept asking me alot about myself, so for the sake of trying something different, I let her quiz me. I broke my own rule by opening up to her because it felt natural and she responded well. We ended up messing around and I totally could have hit that, but she turned out a lousy kisser and I lost interest. Ultimately.. the rules are there to help you be more ballsy, the real trick here is to learn to trust your instincts. Of course you have to develop these instincts first, and that comes with PRACTICE and TRIAL&ERROR ... But you already know this! Alright, enough of this yackity yack garbage. Let's get into the more juicy \$hit..

### The Fifth Gate - KINO

Beyond the realm of seduction, kino plays a crucial role in any social interaction. We all crave touch from the moment we are born. Think of when a baby comes into the world, screaming & hollering like , "What the fu¢k is this place, who the fu¢k are you and WHY is it so damn cold?" The only thing that shuts the lil bastard up is when the doc hands him over to Mama and he gets his first taste of kino and is like "Ahhhh, heaven!" Of all the gates, this one requires alot of self-examination (hey, quit touching yourself and pay attention!) Seriously, how much kino do you get from the people who are close to you? What are your attitudes and boundaries in regards to kino? Personally, I come from a fairly warm environment by American standards, but absolutely frigid by Latino standards. Visit any town in Spain or Italy and you will see a huge difference in kino levels. Dudes be walkin down the street arm in arm, giving each other kisses on the cheek and it is totally not a gay thing. I have pictures of my trip to Rome and in almost every flick, my friends are piled on top of each other in a tangled mess of affection. These people are actually quite lucky, kino is so second-nature to them, they don't have to break out of any social mold like many of us do.

However...for those of you who only get hugs from your mom & sis, it is time to gently expand your kino to include those around you, yes even your guy friends. Start to pay attention to how (if at all) you touch your friends and family. Grab someone's arm gently when you want to make an important statement. If someone is sad, or tired or stressed, rub their upper back in light circles and give their shoulder a squeeze. I believe that deep down, everyone is starving for real human contact and I have personally never had anyone tell me to stop touching them.

Once you get comfortable with your tactile communication, you will want to start touching some ladies. When meeting a girl for the 1st time, start up the kino as soon as possible. Make a few jokes, charm her with your irresistible wit and touch her upper arm gently. PAY ATTENTION to how she responds! If you are getting green lights (smiles, she kinos you back, plays with her hair, tilts her head) then escalate the kino SLOWLY by removing your hand, waiting for another high point in the convo and then touch her at the waist. If you are

getting red lights (she gives that "what-the-fu¢k-do-you-think-your-doing" look, she backs away or breaks eye contact) then back off and make her miss your touch for a while. Even if her backing off upsets you, don't let her know it! Be cool man...show her that nothing affects you. And quit trying to be so damn perfect. This whole process is a dance so don't be afraid to trip every once in a while.

Of all the tools a DJ has, kino is by far THE most powerful. \$hit, I once used kino experiments to hook up with an LJBF case! I had given up on the romantic interest for years and was content to be buddies cuz she was actually way cool. Then I discovered this site, read up on the power of kino and I decided to run some experiments on her. She already knew I was inexperienced with women so she didn't find it strange when I would ask for a female perspective on things. One day I asked her to critique my hugs. I would hug her from different angles with different intensities and get her feedback. Hugs, turned into cuddles...cuddles to kisses, etc etc. It is amazing how much more you can communicate with one touch than hours of talking. I can't explain it any further, you'll just have to try it out for yourself.

### The Sixth Gate - MAKING CONNECTIONS

Once you start to get comfortable talking to and touching women, you will begin to see them as PEOPLE instead of sex goddesses. They have as many if not more fears and insecurities than you and this should help knock them off that lofty pedestal of yours. As a DJ, one important thing to understand about women is that most of them strive to preserve their reputations. The worst thing that can happen to alot of these chicks is being labeled a slut, (unless of course she really is a slut and proud of it) so they need a damn good reason to tell their friends about you once you finally do tag that ass. So, what is the escape clause in their contract of sexual favors? Why, the Incredible Connection clause, of course! Never heard of it? Allow me to read from the Great Womanese Book of Unspoken Agreements:

Article 54 Section BJ-69:

#### *The Incredible Connection Clause*

*"If a woman is swept away by her emotions and as a result gets the Sloppy Sausage Special, then said female is not responsible for the dirty deeds she delights in. It is the man who assumes responsibility for said sinful act due to the fact that he was simply too charming/sexy to give her any other choice but to submit to her passions!"*

I know, I know. So crazy and yet so true in many cases...

Sooooooooo, the real question here is how do we make this connection and give women permission to be the dirty whøres they long to be? Many people have their theories and I won't \$hit on any of them. Rather I will share what has worked for me up to this point. For the answer, I look back on my most profound interactions and there see that there was always an element of DESTINY involved. Now I am gonna get a little deep here, so bear with me. You see, my fellow aspiring DJ, like most people, I often forget how miraculous our very existence is. Take our bodies as an example. Did you know that your body is currently processing trillions of cellular functions per second as you read this? It's true, despite the fact that you might be an AFC, you are an incredible being of infinite possibilities. Beyond this example, it's really hard for me to put into words..human beings are just amazing. We all know this at some level, but do we consciously recognize this? I have met alot of humans in the past 6 months. All of them are amazing by merit of the fact that they exist, but few are exceptionally cool cats that I would go out of my way to hang out with. From all my interactions, I have noticed that most people are in fact isolated and completely self-absorbed. These folks bore the living snot out of me because they tend to live in ignorance of 3 really important things.

a. They are amazing and powerful enough to make all their dreams come true

b. They could die tomorrow

c. There are no coincidences or accidents in this life. Everything has a purpose...which is to teach and make us grow

Really think about these things before you read on....

Example: Met a fellow New Yorker last night at some random club. A friend of a friend. It was his last night in Spain and we were both starved for good english conversation. He was one of the coolest people I have met in a long time and we got along famously. Turns out he is a DJ himself and we were discussing techniques. Anyways, I was genuinely happy to be hangin out with this fellow because he's from my hometown and I feel lucky that I caught him before he left. So I told him how I had planned to stay home that night but a strange series of events had brought me to that bar and it was definitely destiny that we met. He laughed and said if he didn't know any better he'd think I was trying to pick him up! I laughed and told him not to flatter himself and that his weak C&F skills wouldn't work on me. We spent the whole time laughing and making a scene of ourselves at the club. He taught me something I will never forget. We were watching a couple of player wannabe's run game on these 9's when he says to me, "You know, you just made me realize something about my game. Here we are, two strangers who after talking for twenty minutes, are getting along like long-lost brothers. How did this happen? I think it's because people like you and me don't take ANYTHING for granted. We know that every moment is unrepeatabe and we are exactly where we are supposed to be right now. Our paths have just crossed man, that is actually some pretty powerful \$hit when you really think about it. I never noticed until now but I almost always play this destiny aspect up when I am dealing with the ladies. Works like a charm!"

It was the only thing he said that I didn't die laughing from. Because it really struck a chord in me and made me think.

In a few sentences this guy seemed to capture the essence of what a true DJ is to me. Someone who appreciates the perfection of any situation, no matter how imperfect it may seem. Someone who can turn a total stranger into a devoted friend. Someone not afraid/lazy to leave their friends at a party. Man, I remember reading that great post by Pook about letting yourself fail in order to learn. What an awesome attitude! Learning is what separates AFC from DJ, moron from genius. It doesn't matter if you fuçk up. Being this fearless and open to new possibilities, will instantly set you apart from all those shy people out there. If you want to make that connection, then embracing your sense of destiny is a powerful way to make it happen. It is definitely not the only way and does not work well on the hoochie-mamas who just want to have fun. But once again i entrust you to the voice of your instincts here...

Try this out on any girl you meet and have a good rapport with. Let the conversation flow nicely, which by now you should be a pro at. After getting comfortable and making her laugh a few times, and at a high point when you are both smiling and having a good time, tell her how you weren't planning on going out that night, but you are glad you did cuz you are having the best time and how you love life's surprises and there is a reason for everything, etc etc. This is important..Don't ASK if she believes in destiny!! SHOW her that you do. She might be curious about your sudden change into deeper topics so be prepared to regale her with a tale of destiny from your own life (i.e: near death experience or love-at-first-sight tales). The most important aspect of this approach is sincerity. Yes, (GASP!) you actually have to like this person! Give her your full attention sparingly, mix in some kino/eye contact and watch your game play itself!

The Seventh Gate - LEARNING TO FUÇK PROPERLY

Damn, you are really on your own here dawg. Mr. Fingers never gives up the secret recipe!

Alright alright, it is cruel to tease so here are some basics:

- Be in overall good shape. Keep cardio up by running, soccer or whatever. Stay hydrated and for the love of God trim those unruly pubes!
- Quit jacking off like a fu¢kin jackhammer! Slow down and prolong your jerk sessions. I know this sounds impossible, but try to wack off and not ¢um, this really helps your staying power! Treat masturbation as penile exercise instead of a 2 minute fist-fest
- Do Kegel exercises and strengthen those PC muscles. Don't know how? Google search it dude.
- Learn to dance and develop your rhythm. Take salsa or tango classes. Move those hips and surprise her with slow strokes, shallow, deep, fast etc. Predictability is BORING! Tell her a story with your schlong and give her the grand finale she deserves!
- Let her fu¢k you first. follow her rhythm and let her get her rocks off, then feel free to butter her muffins 😊
- Don't be afraid to voice yourself. Chicks go nuts when they know they are driving you mad with pleasure. Don't moan like you are in pain like those tired porn actors. Instead, try learning a few choice phrases in another language and whisper exotic, dirty things in her ear.
- I will say no more. The rest is up to you. Educate yourself on the female anatomy. Read sex books. Experiment and ask her if she is enjoying the ride. Trust me man, trial and error was never so much fun!

### The Eighth Gate - BECOMING THE LIFE OF THE PARTY

Wow, check you out now. Oozing social and sexual confidence has created an unstoppable aura about you! All the little changes have added up and you can create social proof out of thin air. If you tend to do a lot of sarging at clubs and bars, you remember to befriend the bouncers and bartenders using the above techniques (minus the seductive kino....um..unless your into that sort of thing) The world is your playground! You are now free to be that social butterfly you used to envy. So get out there and talk with a hottie for a few minutes, get her laughing and leave her on a high note to talk to someone else. Make her see your confidence shine and don't be surprised when guys and girls alike follow you around looking for more of your vibe, because it is so rare! Be like MOTU and play host for the evening. Remember, this is YOUR party!

This goes so far beyond getting laid (as fabulous as that is)..it's about making real connections and awakening the social god that dwells within you. The benefits of this are countless! So I want you to take my lead here.... do exactly what I am doing right now.

1. Get up.
2. Turn off your computer.
3. Get out there and meet some strangers.

It will be alright I promise! So get goin!!....Go on now...

Dammit, why are you still reading this garbage? Get outside and LIVE for chrissakes! Remember that one day you will look on the present with either fondness or regret and...ahhhhh screw you guys. I have said more than enough!

## 2. Authentic Confidence

### AUTHENTIC CONFIDENCE

#### *Discovering Your Full Potential*

It amazes me how much misleading information there is on this subject. The hairs on the back of my neck stand up and I cringe when I hear people say you should FAKE confidence or build muscles or dress better. While it is true that these are initial steps that get you to feel more on top of your game, the bottom line is that you can say "I am the MAN" a million fu¢king times and dress the part but ultimately, where does that leave you? At the end of the day, all you are is a damn sheep in wolf's clothing! So what is the deal here ... what the hell is true confidence and how do we cultivate it? I mean, sure we've all heard that confidence comes from within, but that is a pretty vague way of looking at things, dontcha think? "WITHIN" happens to be a vast realm of complex thoughts, desires, confusion and God-knows-what...\$hit it would be a lot easier to find it OUTSIDE ourselves, hence all this misleading advice. But alas, my dear friend, the cliché is true and you must earn confidence the hard way. It is time to dig deep within your soul and discover the treasure of authentic confidence. If you don't have the balls to confront all your fears, misgivings and realize your full potential, then by all means keep buying more clothes and giving yourself daily affirmations till you are twitching in an Armani strait-jacket at the funny farm. For the rest of you brave DJs out there, let us take a step into the Self and see if we can deprogram the mess of twisted circuits that have made you doubt yourself for so long.

### YOU ARE NOT THE MAN

Yes you read correctly. You are "A" man. No better than anyone else. This is the biggest lie society has ever fed you. In fact it is the single most destructive mentality on earth! Let's take a cosmic step back from ourselves and look at the big picture here. Mankind shows up on the evolutionary scene. Thinks to himself how great he is and decides to craft the creator of the universe in his own image. Builds empires and enslaves millions of his own kind. Destroys his environment. Commits genocide. Eliminates entire species for sport and profit. What is the root of such destructive behavior? Answer: A total disregard of others and isolation/elevation of the Self. What is the root of this self-importance? Profoundly suppressed insecurity and fear, which only leads to more assertions of the Self. And so the cycle feeds on itself until a fortunate few break their own conditioning and see the bigger picture. Authentic confidence is not blind narcissism! Yes you are amazing..but so is everyone else! This is not to say that you won't be successful with women by having a superiority complex. Hell, I know a lot of arrogant pricks who get tons of pussy. To many of you this might sound like the Holy Grail of Happiness. But if you take a close look at these so-called DJs, you will find some of the most miserable, insecure people you have ever met, who only use their sexual prowess to mask their weakness and reinforce their egos because they have nothing else going on in their lives. You are capable of so much more than this, my dear friend!

### THE ALPHA MISCONCEPTION

I can't help but laugh at all these DJs trying to project alpha status without anything more substantial than a superficial attitude. "I dress nice, I have bulging muscles, I am alpha, hear me roar!" Yeah, whatever you say dawg. If you are going to emulate the social structures of nature, then I say go the whole nine yards. Try going out into the wild with 20 of your boys and survive for a month and then talk to me about how alpha you are! OK maybe that is a little extreme, but for the sake of argument, let's look at a pack of wolves and see what determines alpha status. The alpha male is the biggest, baddest most skilled hunter of the pack. He commands respect for a very good reason. The other wolves do not follow his lead based only on his physical traits, but mainly because he is a bad-ass motherfu¢ker with sharp instincts and a large set of wolf balls! You can bet your ass that the alpha doesn't need to remind himself he is the \$hit or preen his fur to get wolf bit¢hes!

So this raises a good question that you need to ask yourself. Aside from projecting a certain attitude or look, what makes you so damn special that you command respect and admiration? Here's a hint: Nobody, not other people, not yourself and certainly not wolves, will respect you for your words, appearances or attitudes. It is what you DO that counts! ACTIONS define who you are, how you see yourself and how others relate to you. So what actions will build confidence? Befriending everyone you meet and developing your social instincts is a great place to start. But what actions will make you SHINE with authentic confidence? The answer to that is the most infamous questions of all time...

### WHY ARE WE HERE?

What is the purpose behind this random, swirling madness? Man we love to drive ourselves crazy with this one but I believe it is simple. The world exists to teach us and we exist to learn, to grow, to change and to ENJOY the challenge of each lesson we are given. Take this idea alone to heart and you will see a big difference in how you handle your life! The problem we face is that a million paths are stretched out before us. There is just too much to learn so we are forced to choose, and many of us are not prepared to face this choice. I remember in college, one of the most common social questions aside from "Got any reefer?" was, "So, what's your major?" It boggled my mind how many people were spending thousands of dollars on their education and ended up taking Business Management because they had no fu¢king clue what they really wanted to do with their lives! I would often pry out of curiosity. "But surely you must have some talent or passion in life." Blank expression as they formulate a response. "I'm not sure I have a talent" HUH?!!! Maybe I am just lucky, but I ever since I was a child I knew I wanted to be a musician. I always had an ear for music and was fortunate enough to have parents that supported my interests. To this day I thank them because they put me on a path we are all born to walk, although sadly few of us do...

### THE PATH OF THE ARTIST

Now I am not saying you need to go out and become a rockstar or anything. We all have our strengths and weaknesses and I don't expect anyone to conform to my areas of interest. I am just saying that you must elevate whatever you do to an art form! One of the best ways to have natural confidence is to be passionate about what you do, and do it well! I will never forget the summer of '92. I was volunteering with a local church in Mexico, helping to build houses for poverty-stricken families. I met this cool dude named Chuck who was a bit of a veteran of these expeditions. He taught me alot about building houses and just being a generally handy guy. We were starting from scratch, so the first step was to dig out gaping craters in the earth to lay down the foundation. We didn't have a budget for bulldozers so it took like 30 volunteers to get the job done. I have never shoveled so much! After just one day, my hands were covered in blisters and I actually had to stop. I could not help but admire Chuck, who was skinnier and shorter than me, yet barely broke a sweat and managed to shovel out twice as much dirt in half the time. What perplexed me even more than this was the fact that while he was not good-looking at all (bad acne and a BIG hawk-nose), all the girls had crushes on him. Of course I was the guy they confided in because I was "one of the girls" back then (argh!!!) Their attraction baffled me because not only was he not handsome, but he would barely speak more than two words to them! He just exuded a very strong presence. One day I got up the nerve and asked him what his secret was. He stopped what he was doing and looked me in the eye and said, "Mr. Fingers, there is no secret. I just love what I do so much that nothing else matters to me. I am in my own world when I work, time is irrelevant and my mind is free from encumbering thoughts. I am simply happy to be doing this job!"

I was blown away by this attitude and in the following weeks we became great friends. He taught me so many valuable lessons, but most importantly, he made me realize the reason why I wanted to be an artist. It was because art/music was the one thing that put my frantic mind to rest. I could play the guitar for hours and become so totally immersed in what I was DOING that I simply stopped THINKING. It is my sincerest wish that you would

learn this lesson for yourself! If you are unsure where your talent lies, try to remember anything that interested you as a child, something you were always naturally good at, or think of someone you admired. Doesn't matter how silly it may seem, just travel deep within yourself and find that one thing (there is probably more than one!) you can do that makes you forget where you are, what time it is, etc. If you truly believe you have no talent, you need to look deeper my friend. It is crazy how many people I know that are so talented and don't even know it! Some are great with numbers, others good at listening and interpreting, others are wizards in the kitchen, but since it doesn't fit the mold of what talent is in their minds, they discredit themselves. They fail to understand that you become an artist when you get in tune with your inner calling and make it a major focus of your life. If you ever think that your talent is worthless or stupid, just think of Chuck, the man who made an art form of digging ditches! Now, a lot of people might think you are nuts to pursue your dreams instead of getting a 9-5 till you retire and die with a whimper like you're supposed to. That's when you need to ask yourself...

### WHOSE WORLD IS THIS?

I used to worry endlessly what people thought of me. If I felt someone didn't like me or approve of my actions, it would eat me up inside and I would go out of my way to please them and prove how cool I was. What a waste! I could have written 100 songs or built 20 houses with the time and energy I wasted trying to please others. Let me put it this way. One of the most powerful tools you have as a human being is your attention. Focus it on others and watch how their every move takes on heightened importance. Focus it on what you DO and watch your own life take on a new meaning. It's all how you look at things. When you encounter a new person, are you entering Their World, or are they entering Your World? Next time you meet someone, hot babe or not, realize that they are entering Your World and you are sharing YOUR experience with them. In fact, consider it your gift to them! They are indeed fortunate to meet you because you are rare, my friend! How many AFC's do you know are content to complain about their problems with women instead of doing something about it? The fact that you are reading this right now shows that you are one step ahead of the whining masses. Give yourself some credit, man! But hey, don't get too complacent there. A pat on the back is great once in a while but the road to improvement has no end. Look at all the people who made a difference throughout history. Christ, Martin Luther King, Einstein, Edison, Picasso. They never reached a point where they were like, "alrighty then, I have accomplished alot of things, I guess my work is done here!" You can also bet that, although they were all accused of insanity or heresy, they couldn't give a wad of horse \$hit what anyone thought of them. Which brings up another valuable point. You must stand up for yourself! Even if it means you have to be a priCk, never let anyone disrespect or take advantage of you. If someone, cute girl or not, flakes on you or fuCks you over somehow, don't put up with it! Either ignore them completely or confront them! If they pout and bitCh, well then tough titties man, banish them from your world and stop caring if they like you or not. Whatever it takes, don't ever give your personal power away to the weight of what other's think of you. It is a trap almost as diabolical and magnetic as...

### THE INTERNAL DIALOGUE (I.D.)

"I think, therefore I am" This statement alone defines the mentality of modern civilization. It permeates our culture, education and media. As a result, we have been conditioned to identify ourselves and the world through an internal filter of logic. We all have this dialogue going on in our heads. We think about past/future events, obsess over women/money/bull\$hit and use our powers of observation to categorize the unfathomably infinite universe into comfortable, logical chunks. This internal voice, while it has its value, often numbs us to our experiences. Instead of seeing a fragrant eucalyptus tree we have never seen before and admiring it's unique fractal patterns, our minds chime in with "Oh, It's a tree" and destroys the magic of the experience. We apply dead words to harness the dynamics of nature into concrete terms and end up seeing the world from a very boring perspective. The same applies to how you see people, including yourself! Unlike the

concrete state of language, nothing in this world stays the same. Did you know that every 7 years, all of the cells in your body have been replaced? In other words, you are a completely different person every 7 years! Every day we change but the mind is the one thing that can stay rigid and unyielding your whole life. I would say that not only confidence, but personal evolution comes from mastering this internal dialogue, changing your thought patterns and at times being able to shut them down completely. Some accomplish this through meditation, others through music and art, others through physical exertion. I like to combine all three and dance personally, but as I said before, there are many paths to finding your true self. The first step here is to become aware that you have mental noise pollution. Pay attention to your thoughts! Make it a habit to ask yourself "Where am I?" and "What time is it?" The answer should always be "Here & Now". Anytime you find your thoughts drifting to another time, past or future, or thinking about that perfect woman who ignores you, it is your I.D. making you daydream, so WAKE UP & snap back to the present! This is the only moment you have any control over so seize the power of NOW! Even if you are sitting in a waiting room, admire the texture of the carpet, memorize the details around you..pay attention to the sounds! This is a fascinating world we live in, so whatever you do, don't be bored!

Remember that dreams are mere fantasies without ACTION. Find your calling, defeat the negativity in your head and plunge forward! This is really important so pay attention....DON'T GET DISCOURAGED WHEN YOU MESS UP! Man, I fuçk up all the time and pull maneuvers that would make AFC's say "What were you thinking, Fingers?" But I don't beat myself up over this because it is all a lesson! You only fail when you have given up on yourself. Don't let that inner voice tell you what a loser you are. Shut that fuçker up by reminding yourself that each "failure" is just a stepping stone to victory. And don't fall into the helpless victim trap of "I am so unlucky...poor me" In the end both good and bad fortune are just illusions. It's all about how you look at it. An ancient parable to illustrate my point:

An old man and his son worked a small farm, with only one horse to pull the plow. One day the horse ran away.

"How terrible," sympathized the neighbors. "What bad luck!"

"Who knows whether it is bad or good luck" replied the farmer.

A week later, the horse returned from the mountains, leading five wild mares into the barn.

"What wonderful luck!" said the neighbors.

"Good luck? Bad luck? Who knows?" answered the old man.

The next day the son, trying to tame one of the horses, fell and broke his leg.

"How horrible. What bad luck!"

"Bad luck? Good luck?"

The army came to all the farms to take young men for war, but the farmer's son was of no use to them, so he was spared.

"Good? Bad?"

Things are often not what they seem to be. Take the good, the bad and the ugly all in stride. This does not mean you should be stone cold and impervious to everything that happens to you. Don't suppress your emotions, rather embrace them fully! When tragedy strikes, CRY and let those feelings flow so you can let them go. When success comes your way, celebrate to the fullest. When you encounter injustice, get pissed off and do something about it! Be natural and try not to think of what you are "supposed" to feel. And for chrissakes don't take yourself so seriously!

### LAUGHTER IS FREEDOM

One of the most powerful tools for dissolving that pesky self-importance/I.D. is to be able to LAUGH at yourself! I have been practicing an interesting exercise every morning that a good friend put me onto recently. I wake up and the first thing I do is laugh. It starts off forced, a mere raspy chuckle, until I tap into something deep within and start to crack up. My roommates think I am nuts and they get pissed off that I wake them up like this all the

time, but I think I get off on that and just laugh harder! Sometimes I completely lose it and they can't help but join me. This exercise has made it easier for me to laugh throughout my day and also I come up with funny sh!t on the fly more often. If you don't mind looking like a total lunatic, give it a try!

Generally, a sense of humor is absolutely vital to your own well-being. Science has shown that it provides a unique internal massage that actually cleanses and relaxes your organs. Explains why you always feel GREAT after a good laugh! Some people are born with a killer sense of humor...others, like myself, have to learn. The point is that it can be developed! Watch lots of funny movies, especially the old Eddie Murphy stand-up flicks or any other great comedian. Notice how what you say is not nearly important as how & when you say it. Also notice how the most trivial things are usually hilarious! Comedians are just very observant people who can put a clever spin on what they see. They are magicians who make us see the world in a different light. A funny person is sharp witted because he/she is AWARE of their surroundings. Pay attention to every detail and let that attention burn with quiet intensity. You will start to notice all sorts of odd things once you make this a habit.

Example: The other day my friends and I were walking down the main shopping strip and passed over an airshaft from the subway. A blast of air hit us in the face as we crossed over. Out of nowhere, I got a mental image of Marilyn Monroe in the "The Seven Year Itch", the famous subway poster. So I tell my friends to wait a second. I start looking at the crowd and my peeps are like, "WTF are you doing?" I gesture with my hand for them to hold on a second....."Here we go" I spotted this fat chick wearing a long summer dress as she walked our direction. My friends were still perplexed. Finally she reached the subway shaft and her dress blew all the way up over her head, revealing yellow polka-dot underwear and a HUGE ass. We spent a good 20 minutes laughing and waiting for more chicks in dresses to pass.

Brilliant comedy? Maybe not, but I think humor is a visual thing and a funny image can have as potent an effect as an intellectual joke. I would have totally missed this opportunity for a laugh had I not been in the moment. Did I mention the importance of attention? Just making sure. Another way to work on the funny is to hang out with a hilarious group of people. Think back to the last time you laughed so hard you were in pain. Who were you with at the time? THOSE are the people you want to chill with! Furthermore, if you are looking for inspiration from the professionals, there is an excellent book out by Melvin Helitzer called "Comedy Wrting Secrets" I highly recommend this book if you are interested in improving your humor skills. Hilarious stuff actually..

Hehe...you know what's the funniest thing of all? I started writing this post with the intention of keeping it short and sweet! D'OH!

### SYNOPSIS

Talk is cheap. Be a man of action  
Exercise & be healthy but don't just focus on the physical  
Have a purpose, discover your passion  
Have goals, discover your talent  
Elevate whatever you do to an art form  
Live in the present moment, control that internal dialogue!  
Invite others to share YOUR experience  
Don't give a fu¢k what anyone thinks  
Things are often not what they seem, take success and failure with a ton of salt  
Learn to make people laugh  
Learn to laugh at yourself, cuz we are all funny-ass motherfu¢kers sometimes!

In closing, I will say that authentic confidence is not found on SoSuave.com. Sure it's great that you found this place and perhaps being here has helped you as much as it has helped me, but don't get sucked into the Matrix! Every moment is precious..waste not one of them.

## WEAPONS OF MASS SEDUCTION

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The place is here...the time is now!! Become inspired to DO, DO, DO and make a real difference within yourself. This is only the beginning my friends. Take my words to heart, take action and watch how you will affect others! You have the power to change the world! But the revolution will not be televised, neither will it be posted online! Authenticity is not found in the arms of a beautiful woman. It all begins with you!

Sheeit, I can sum up the essence of this entire post in 2 words:

"ACT NOW"

### 3. Essence of Alpha

#### Master Your Evolution

I know, I know. My title sounds like it could be a pheromone cologne or something. Plus, there are already tons of threads and articles that deal with this issue, so what could I possibly contribute? All I can say is that, while I have found explanations to be mentally enlightening, there is nothing like good old-fashioned personal experience to put a unique spin on things. Kinda like before you learned to ride a bike. You had all sorts of ideas of what it might be like, but those mental ideas did not compare to the bodily knowledge you obtained once you learned. The bottom line is that you can read this thread and draw your own intellectual conclusions, but it won't mean a damn thing to you until you actually put the ideas to practice. If you have read my other post on [Authentic Confidence](#), then you know my policy on thought vs. action. Now, if you have gotten this far in your studies of seduction, surely you already understand the premise of social hierarchy and the coveted alpha status we all seek. With all the fanfare/obsession over alpha traits, however, many people overlook the rest of the hierarchy, particularly at the very bottom of the chain, where we find the rarely mentioned omega male. Before we dive into the world of the alpha, let's take a good look at this omega character in order to understand what an alpha is NOT.

#### ALPHA WOLF VS. OMEGA WOLF

Another wolf analogy? What can I say, I dig these furry little bastards and they will serve me well to illuminate my comparisons.

**FEEDING** - The Alpha always eats first and gets the prime cuts. Omega, on the other hand, is left with the scraps/bones and sometimes the other wolves won't let him touch the food until hours after they are finished. He rolls onto his back in a submissive pose and literally whines and begs until he is allowed to eat! (what a pussy!)

**MATING** - The alpha has his pick of females. The Omega has to resort to licking his own balls.

**RESPECT** - The alpha exerts his authority over the pack and they remain loyal because they depend on his superior survival instincts. Occasionally one of his ballsier subordinates will challenge him, but he is quick to put them in their place and reinforce his dominant status. The Omega gets picked on by the whole pack and is often used as a scapegoat for their aggressions. This only reinforces his submissive status.

See what's happening here? Omega cannot compete with the Alpha because he is content to tag along for the ride instead of making his own moves. Alpha takes what he wants. Omega waits for everything to be handed to him. Alpha imposes his own will. Omega submits to everyone else's. The more you compare these two, the more you will realize that the human equivalent of the Omega is the infamous and pitiful AFC!

Here are some human comparisons to think about :

Omega falls prey to gossip.

Alpha never talks shit about anyone.

Omega participates in negative discussions.

Alpha puts a positive spin on things or simply ignores negative comments.

Omega lets other people's moods affect his.

Nobody can steal the joy of an Alpha!

Omega actually gives a fuck what everyone thinks.

Alpha's opinion matters more to others than vice versa.

Omega desperately needs a woman.

Women desperately need an Alpha.

Omega reacts.

Alpha acts

Omega clings to the familiar.

Alpha thrives in the unexpected

Omega waits for good fortune to smile on him.

Alpha makes his own fortune

Omega is complacent enough to settle for less.

Alpha is always trying to improve himself.

Omega fears rejection

Alpha loves to crash & burn sometimes cuz it's just fun to try out new shít

I can already hear thoughts and questions brewing... "But Mr. Fingers, these are just generalizations, what specific steps do I take in order to become the Alpha?" Well my friend, the answer is not an easy one, so I want you to keep that mind of yours as open as possible as we delve into the fascinating realm of...

### UNIVERSAL INTELLIGENCE

What is the purpose of the alpha male? To pimp as many females as he can? To reproduce? Of course the alpha tags a whole lotta ass, but what is it that attracts these females to him, and how did he achieve his status? In order to answer this we must look beyond reproduction, for it is just a cycle of waves that pound upon the shores of a much grander scheme....evolution. Take a step back further and you will see that evolution is a manifestation of a higher intelligence we can only begin to fathom. You see, the universe, in it's infinite splendor at some point decided to become conscious of itself. There are all sorts of wild theories as to when/how/why this happened, and I won't even touch that philosophical can of worms, but the hard fact is that each of us is a vessel of perception. Every living thing, from the ameoba, to the cockroach to you and me is all perceiving different facets of reality. We are all pieces of the infinite mystery that seeks to experience itself and in the process, enhance its intelligence through evolution. Our experiences with our environment and each other becomes encoded into our genes over generations and this is how we survive environmental challenges. So if the alpha is the poster boy of evolution, then the real question you should be asking is what's the single most important attribute all alphas must possess? Strength? Confidence? Intelligence? These are all useful traits no doubt, but the one characteristic that makes alpha surpass his peers is...

### ADAPTABILITY

Think about it. A gigantic meteor strikes the earth and sets the world into a cataclysmic change. An Ice Age hits. Who survives? Strength and confidence are not enough in these extreme situations. The survivor was the guy who pushed his limits and kept changing his approach until he found caves, discovered fire and learned to hunt. As a hunter, this adaptability paid off lovely because no 2 hunting situations are ever identical. Man was forced to constantly reinvent himself in his approach to survival because he simply did not have a choice! Modern society has us at a disadvantage in this respect. We have all grown so accustomed to the comforts of routine..day in and day out the same old shít that we have lost touch with our instincts. We become isolated in a changeless illusion and wonder why we have trouble opening up to new people and experiences. It is a conditioning we must break in order to evolve. This is not easy because not only does society function on routine but harbors a deep-seated fear of death. Because of this, we have developed a primal fear of change, for it represents a small death of something we cling to. Many of us are blind to the fact that life and death are two states that coexist within us. Everytime you exhale/shit/piss.. a part of you dies. Everytime you inhale/eat/drink, new cells are born and nourished. The largest organ in our bodies, our skin, is largely composed of dead tissue. So ultimately, we are all walking contradictions of shadow and light. Life and death. The first step to becoming a true alpha and more evolved individual is to embrace the changes

around us because they are a reflection of ourselves. In order to do this, we must defeat the routines that isolate us from the ebb and flow of reality.

### PERSONAL EXAMPLE

My whole life I was afraid of change. My childhood was a traumatizing mess, moving from place to place with my broke-ass family, barely surviving. When I finally gained independence and got a fulltime job, I made up for those times by getting a nice apartment and not moving for 7 years. I had it all, a good salary, lots of material goods, and a beautiful live-in GF (HB 9). I should have been ecstatic...but over the years I got this impending sense that something was missing in my life. I didn't realize it until afterwards, but I had completely lost touch with change. Each day was a carbon copy of the previous one and life was a drag. Lost in my routines, I was an AFC living in quiet desperation until one day I just snapped. I'll never forget it. My boss was in a crabby mood and had been yelling at me all day, the bastard really knew how to push my buttons and I let him get to me. I was still fuming on the train as I made my way home, when this old bum puked on my brand new shoes! I look back on this and laugh, but at the time I didn't see the humor in it. I was already pissed at my boss and now this shit happened, so you can imagine my mental state by the time I got home. All I wanted was some love from my girl and a peaceful evening. I should have known better. As soon as I walked through the door, my GF started complaining non-stop about her job/coworkers like she did every damn day and I just LOST it! After years of harmonious living without a single fight, I flipped out. I told her to shut the fuck up and that I was bored with her negative bullshit. The floodgates just poured open and we got into a huge fight that kept escalating until we were screaming in each other's faces. Just when I felt myself about to smack the living snot out of her, an eerie calm came over me and I knew what I had to do. I lowered my voice and said "You know what? I am done. This is over." In the next 10 minutes I packed all my sh!t up and left her there in a state of shock. 2 weeks later I quit my job and went freelance. What a relief! It was as if someone had taken a pile of bricks off my shoulders. And you know what? Turns out it was the smartest thing I ever did. A few months later, the company bellyflopped and closed its doors. Around the same time I found out the GF had been cheating on me with not one, but SEVERAL dudes (and a few girls! 🤦). Made me wonder ... why did I play the sucker for so long? Why did I wait? WTF makes us all wait?

### FEAR & LAZINESS

These are the 2 traits that distinguish the alpha from the omega. Unfortunately these are also the most common human traits, fostered by a culture that worships distractions. Man, I just want to kick myself when I think of all the priceless hours I wasted watching TV. Now, there's nothing wrong with television and other leisure activities in and of themselves. But when they dominate your life on the daily, you begin to use them to escape your own thoughts and adopt a false reality that is tailored to elicit a certain mindstate within you. It's called television "programming" for a reason! I almost admire the evil genius behind this scheme. Our lives become unfulfilled from sitting on our asses all the time and as a result, the promise of happiness/sexiness/whatever in commercials appeal to us all the more. So we buy tons of shit which makes us happy for about 5 minutes but then get bored again, so we watch more TV. What a vicious cycle! As a result people are becoming more poor and dumb everyday. Scientists have monitored the brain activity of people watching TV versus people who are asleep and discovered that your brain is more active when you are drooling on your pillow than when you are staring at the boob tube. Unbelievable but true. It's not just television that distracts us from our evolution either. We all have our destructive habits, but how do we identify them? Here's my personal definition:

Bad Habit - Any activity (or inactivity) that removes you from reality but leaves you with nothing positive to show for the time you have spent in said activity.

In other words, a waste of your fucking time! Take a good look at your life and pay attention to what you do with your precious seconds. If you want to distract your mind from

stress/negativity at least make it a constructive distraction. Substitute Playstation for a workout. Instead of surfin the net for hours, go for a walk. Do something DIFFERENT man! I know that this is easier said than done. Hell, it took a personal breakdown for me to get over my fears and actively embrace change. But it doesn't have to be like this. There are less drastic ways to...

### SHATTER THE ILLUSION OF STABILITY

You can either wait for a day when your comfortable little world begins to smother you and you completely freak out, or you can start out small. One baby step is to disrupt your routine a little. Take a different path home than you are accustomed to. Do you usually take the train? Fúckit dude, WALK or buy a bicycle and take a hundred different paths home. Pay attention to the thousand faces you will see, for they are an unrepeatable sequence. Try foods you have never tried. Talk to new people. Learn a new skill/hobby. These are subtle ways to open yourself to change and become more comfortable with it. Over time you will start to feel antsy in your routines and a strange sense of restlessness will creep up on you. This is good! Your instincts are starting to awaken and the false security of routines will begin to bore the crap out of you. The restlessness will take over and you will feel an irresistable urge to...

### EXPLORE THE UNKNOWN

Alpha's are always scoping out new territory and pushing their own boundaries. This is one of the traits that makes them leaders. They have the balls to tackle the unknown without letting fear hold them back. Most alphas you will meet are filled with travel-lust. Personally, I can say that few things give me greater joy and confidence than my travels! You see a foreign place with its alien culture, people, food and its almost like getting to know a different facet of yourself. You walk away a richer person for it, full of wonder and funny culture-shock stories. What fun! Now, you are probably wondering how your broke ass can afford all this travel, so let me break down what has worked for me so far.

1. Make international friends. If you are too broke to leave the country, you can start off small by visiting another city or state and then work your connections up to the international level. The general strategy here is to eventually make friends all over the world so you never pay for hotels and have a free tour guide to boot! Living in a big city is great for this because you meet people from everywhere. But if you live in the burbs, then it's time to start making trips to the city and mingle, man. For those of you who are still struggling with meeting new people, try a [DJ Boot Camp](#), check out my other thread on [Destroying Social Phobias](#) or do whatever it takes to kill that shyness. It is absolutely crucial for you to master your social skills for this. Rapport is the key to your travel dreams. Remember that it does not take long to instill a powerful bond within someone. Using sincerity, openness and humor, you can distort time and make 2 hours seem like they have known you for 20 years. Get them talking about travel and even tell them about your strategy. I told one chick it was my dream to have friends in every country so I would have people to visit when I travel. She not only loved my dream, but offered her place! This was a rarity though. Most of the time I offer my place first as a gesture and they always follow suit.

2. Lighten your Load - No, I don't mean you should jack off you perv. I mean you should start eliminating all the worthless crap in your life! The day after I broke up with my GF, I went through every single possession I had and asked myself "Do I REALLY need this?" 90% of the time the answer was "No!" So while it was totally against my pack-rat nature and it hurt at the time, I threw out most of my stuff. The benefit? I felt FREE! I realized that all those years I did not own my possessions...rather they totally possessed me. These days, I have less shít to worry about and find it easier to travel. All I own are my clothes, my laptop, and a few simple pieces of furniture. No TV, no knick-knacks, no clothes I never wear and no Christmas cards from 1988. The bare essentials baby!

3. Be internationally marketable - Learn to do something that will get you work anywhere. A few examples I can think of are bartending, graphic/web design, plumbing/construction/etc. I am sure there are tons more and would appreciate input on this.

### YIN & YANG

YIN - Being alpha is fun as hell, but is also a big responsibility. You are not only looking to improve your own life, but the lives of everyone you encounter. Inspire others. Make them feel special in your presence. Listen to them with your complete attention and help them any way you can. One thing you should keep in mind is that alphas don't dominate conversations by speaking over other people and in fact are great listeners. In a group dynamic, they are simply such passionate and fascinating individuals full of stories and ideas, that people will naturally clam up and listen to them. Be funny and entertaining. Leave everyone feeling ten times better than they did before meeting you. This has a twofold effect. Not only does it feel good to share the joy you have created in your life, but you instill a sense of loyalty and admiration that enhances your social proof and authority. A great leader shares his/her greatness.

YANG - On the flip side of this, there is a time for kind words and a time to lay down the law. If you see someone close to you fucking up somehow, you must let them know. If anyone tries to disrespect you, show them you won't tolerate their bullshit and do it without getting upset. I believe it was Juggler who put it best. He said that you have to be everyone's Dad. Nourish them with love and compassion, but exert your authority when necessary. Whether with kindness or firmness, it's the alpha's job to help others learn and evolve. This same dualism applies to alpha's general outlook on life. Be comfortable enough in your world to enjoy the ride, but not so comfortable that you get too soft to change things for the better. Another tired cliché for you here, but it is so appropriate:

*"Lord, grant me the serenity to accept the things I cannot change, the courage to change what I can and the wisdom to discern between the two"*

YEAH, YEAH. THIS IS ALL COOL BUT HOW DO I TAP THAT ASS?

Hehe, so you noticed that I haven't mentioned seduction techniques in this post. There is a very good reason for this. I want you all to create a state within yourself that will make you naturally attractive. That state is called HAPPINESS! Granted, there are many other methods to attract/seduce. C&F, NLP, GM etc. are all great, but ultimately useless if the man behind the method is boring/miserable as fuck! Remember in the movie Karate Kid, when Mr. Miyagi had Danny paint his fences, wax his cars, etc. until Danny finally got pissed and started screaming at his teacher like a little bitch cuz he didn't think he was learning karate ... then Miyagi reveals the hidden lessons behind each task? With a little creativity, the same principle applies here.

ADAPTABILITY - Every time you meet a hot babe, your canned lines and approaches won't get very far unless you develop a little intuition. The more girls you approach, the stronger this intuition will get. You will learn all sorts of subtle signals and will change your approach accordingly. Many chicks respond well to Cocky/Funny, especially the Super HBs. Some respond to patterns while others respond to raw sexual advances. But ultimately there is not ONE tool that does the job. You not only have to find the tools that suit your personal style, but also tailor your approach to each situation in order to be effective.

FEAR & LAZINESS - Heh, this one speaks for itself. Get off your fat lazy ass and start meeting some hotties, dude. These traits will haunt you at every turn. "Should I go out tonight?" "Should I say hello to this cutie?" "Should I kiss her?" etc etc. I can only help you so much on this. All I can say is that you won't conquer these fears overnight. Hell, as ballsy as I am, I still chicken out from time to time. But I don't let it faze me since I see myself improving everyday. For each time I punk out, I face my fears twice as often and end up laughing at them afterwards. I was inspired recently by a brave approach I

observed. My friend from Estonia came to visit me here and he doesn't speak a lick of Spanish. In his shoes, most guys would be real lazy/fearful and use the language barrier as an excuse not to sarge. But this didn't stop him from hooking up with one of the local hotties. We were at a club and he made it seem too easy.. all he did was make eye contact, smile, approach, dance close to her (no grinding, he just was having a good time) Then he moved in close, slowed down his pace, started kinoing her waist, then back, then neck and before you know it they are making out like horny teenagers. She ended up taking him home to continue their escapades. By the way, this guy is overweight and dresses like a bum..NOT good-looking at all! Proof that KINO is the most powerful seduction tool there is. All it takes is initiative to defeat the F&L and then you will be able to let things escalate naturally.

SHATTER THE ILLUSION OF STABILITY - Women get excited by men who remove them from their routines. Every girl dreams of a shining knight who will bring adventure and excitement into her mundane world. The best compliment you can receive as a seducer is "Wow, you are so different!" or "Gee, I normally don't do this with someone I just met!" Your curiosity and sense of adventure becomes contagious and ADDICTIVE. To her you become an intoxicating drug and before you know it, she will be doing anything to get a fix.



EXPLORE THE UNKNOWN - This doesn't just apply to searching out new lands. Indeed, every time you meet a hottie for the first time, you are not only exposing her to your world of perception, but are also exploring hers. People are just as intricate as foreign places and cultures. Everyone sees things differently and this should fascinate you. Who cares if she rejects you? She has already given you the gift of a valuable experience on foreign terrain! Besides, chicks love a traveling man. Having that "I'm-gonna-take-over-the-world" attitude makes them stew in their own juices. Here is a practical tip for seducing broads abroad. If you plan on traveling to another country and don't speak the language, obviously learn the basics so you can find restaurants, bathrooms etc. But also try to learn some risqué phrases as well. I visited a friend in Hamburg last month and I had him teach me a few choice German expressions.

- Are you a good kisser?
- Take off your clothes
- You smell delicious
- Nice ass, do you like anal?

Basically, you can get away with murder here my friends! Normally if I were to say this stuff in English I would be coming on too strong. But it's a different story when you don't speak the language. Using these phrases, I managed to enjoy a nice make-out session within minutes of meeting this Austrian girl who didn't speak any english. She was amused that these were the only phrases I had bothered to learn and it paid off big time. 🤪 Did I mention how much I love kino???

YIN - Women are attracted to status. A man that stands above a crowd of mediocrity. You demonstrate this status by the way you carry yourself and interact with others. Your whole attitude should be that you are the show. That HB10 may look hot and sophisticated to you but you must flip your mentality to see that her life is gray and drab from all the AFC attention, until you show up and are kind enough to let her bask in your presence. Once you get really good at this, you will encounter a few people who are jealous of your great vibe. In these cases you must be the King of Chill so that nothing gets under your skin. One of the biggest mistakes I would make in my approaches is that I'd be talking to a HB and when her boyfriend or AFC buddy would show up and throw me shade, I'd freeze up and eject from the sarge because I felt like I was "caught". Over time I learned that there should never be any shame to my game and the best way to deal with this is to neutralize any of her colleagues, guy or girl, by making friends with them. This shows that I can handle anything, allows me to display my magnetic personality and creates instant social proof. Then I isolate her and read her signals to see if she needs more rapport or if she needs a

## WEAPONS OF MASS SEDUCTION

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nice game of tonsil hockey. The way you gauge her IL (interest level) is through the constant use of, yup you guessed it, kino!

YANG - Don't put up with the drama! A lot of women will put you through all sorts of shit tests to see if you are worthy. They want to see if you will jump through their hoops like a trained puppy dog. Don't fall for this! Make THEM jump through your hoops to prove they are good enough for you. This is where Cocky & Funny works wonders. One of my fave lines is from ASF (I forget who posted it) You say this right after she just made some wise-ass comment to put you down or assert her control.

"You know, you are almost cute enough to get away with saying that...ALMOST"

hehe, 9 times out of ten they give me this look 🤔 and ask what I mean by that. Funny how the hottest babes can be so insecure! Ultimately, women love to be put in their place and called on their bullshit. I know this sounds chauvinistic but it's so true. Reminds me of this time I was trying to seduce this HB9. I threw all my approaches at her and it just wasn't working. She didn't respond well to my kino and even asked why I was so touchy/feely. I acted normal and said it was part of my culture, latin family, etc etc. then turned it around and accused her of being frigid. Her sense of humor was kinda boring and from that moment onward it was looking pretty grim so I LJBF'ed her but made sure to keep giving her plenty of C&F whenever we were together. One day she told me she wanted to stop hanging out with me because I was being so mean to her. For a split second I doubted myself and wondered if I had used too much Cocky and not enough Funny, but then inspiration hit me and I called her bluff. I just laughed as if she had told me a hilarious joke.. she was like, "What's so funny? I'm not joking with you!" So I looked her in the eye and said in a very polite yet firm tone, "Oh...you are serious ... So you really think I am mean? Why is that? (before she could respond I quickly said) Because I'm the first guy that doesn't worship your good looks? (She looks shocked and I change my tone to humor and grin a little) Puh-lease, you know that you love the fact that I don't take your shit or give you special privileges just because you're not fugly. Besides, if it bothers you that much, no one is twisting your arm here. You are free to go find an ass-kissing chump that'll lie to you about how perfect you are whenever you want, so spare me the drama, shorty." She looked down at the floor and was quiet for a few seconds. Did I detect a smile? I said nothing and then she looked back into my eyes and kissed me!

ALPHA VS. OMEGA - Very simple comparison. Actively pursue the HB's you desire. Don't wait around hoping that they will notice how cool and sexy you are, cuz though we may live in the 21st Century, the seductive roles of men and women haven't changed much. We are the pursuers, not them! But hey, if you don't mind waiting for ass to drop in your lap like our friend Omega, then by all means, keep sipping your martini in the corner of the club with that "Zoolander" look on your face and maybe that HB10 will ask for your number! 😊  
PPffffft...yeah riiiiiggggggghhht Daniel-San!

AND NOW, MY 5,000-WORD ESSAY ON THE INTRICACIES OF GENETIC MUTATION

Haha, almost had you there! Did you really want to hear me ramble on and on? Good Lord, you are a glutton for punishment! Seriously, I congratulate you on getting through this beast of a post. I hope I have accurately captured the alpha essence and am open to any comments/critiques. I know this is a lot to absorb, but if you ever find yourself in a situation where you are not sure what the "alpha" thing to do is, regardless of how positive/negative you perceive things just remember these words:

BE HAPPY



but don't take anybody's shit!



## 4. Empower your Voice

It's not what you say, it's HOW you say it"

Two people can say the same exact words and get totally opposite reactions. Why? What makes others embrace or reject your words? Well there are several elements of successful delivery and they are very subtle! One of them is how you speak with your body, but we will get into that in a bit. On the vocal tip, there are a number of ways that you can communicate more effectively.

### Projection

This was a huge problem for me. Even when I had something interesting to say, people would ignore me because my voice was weak and nasally. I knew something was wrong with me, but it took the help of one of my good friends, who is an actor, to pinpoint the problem. He taught me this simple yet effective exercise that transformed my voice from dud to stud.

1. Take a deep breath using your diaphragm. You do this by paying attention to your gut. When you breathe in, your chest should not rise, rather your stomach should rise. Envision your belly button moving AWAY from your spine as you inhale. Breathe in slowly and deeply.
2. Once your lungs are filled, open your mouth and say "ahhhh" at a comfortable pitch, as you are making this sound, close your mouth so it becomes "Mmmmm"
3. Sustain the sound of your voice but gradually lower your pitch. When done correctly, you will feel a vibration travel from your throat all the way down to your gut. Change your pitch up and down until you can feel a line of vibration stretching from your belly to your throat.

When you have honed in on the strongest vibes, you are generating what scientists refer to as "Sympathetic Frequency". It is the optimum vibration that makes your body resonate with the sound of your voice, giving it a much fuller and richer sound. I did this exercise everyday until I got comfortable with my frequency and it made a HUGE difference! Everything I said took on a new meaning and I found that more people wanted to listen to me.

### Dynamics

Fluctuate your pitch. Nobody wants to listen to a monotonous drone! The most engaging speakers modulate their voices and their speech becomes almost song-like. Listen to any great talk show host, actor or comedian and try to mimic their "song" by humming it. This exercise opened a new world of communication for me!

### Definitive Statements

While you are working on your dynamics, pay attention to how you end your sentences. If you tend to finish them on a higher note your statements will sound like questions and you will seem unsure of yourself (???) Practice getting your downswing on so people don't think you are some wishy-washy pansy-ass. (!!!)

### Pace

Try not to talk too fast and bunch all your words together in one breath, it is unnerving and makes whatever you say seem trivial. Keep your tone slow and deliberate, let those words pour from your throat like honey. Pause for effect often throughout your convos, especially before the high points. Watch politicians, preachers and great storytellers and you will see that dramatic pauses are a great way to make people ..... anticipate your words!

### Avoiding Brainfarts

I discovered I had this problem when I got this crazy idea to record a daily journal on tape. When I played my voice back I was surprised by some disturbing patterns in my speech. At

first it was subtle, you know? I uh, really didn't notice anything unusual. Um, but as I uh, listened, I found that my uh, sentences were um peppered with what I call Brain Farts. So many 'uh's um's and 'you know's were covering up the fact that I was not thinking in complete sentences. It is really annoying when people do this because you can tell they are just talking out of their asses. Amazing what a difference it makes to think before you speak!

**NOTE:** I highly recommend recording your voice and listening to yourself. It's a great way to improve on your weaknesses.

### Seductive Tonality

Learn to really enjoy the sound and feeling of your own voice. When speaking with hot babes, try to imagine that the vibration of your vocal chords are giving her ears a slow, sensual massage. Did you know that the low frequency of a male voice is capable of making other peoples bodies vibrate subtly? Just like when your neighbors are throwing a party and all you can hear is the "Thump Thump Thump" but all the high frequencies are cut off. Your tone can travel and penetrate everything around you, including that fine-ass HB you are chatting up 😊 Aint it grand to be a man? When you really want to go in for the kill, get closer to her and soften your tone, project like before but make it raspier, softer, SEXIER.

### Content

As the series progresses we will get into the sort of things you should be saying, but for now, let's focus on topics that you should try to avoid. You want to project a fun and easy going vibe so don't bring the following topics up, and if SHE starts talking about them, humor her but change the subject, because these may be stimulating convos to have with a buddy, but they will not have the desired effect on the girl. Trust me! I used to make this mistake all the time. Try to steer clear of:

- Religion
- Politics
- Conspiracy Theories
- Sad Themes (World hunger, war, disease, etc)
- Bitter Themes (she won't wanna hear what a stupid wh0re your ex was)
- Technobabble (girls are not impressed by your coding abilities)
- In other words, anything NEGATIVE or BORING!

### Making Phat, Funky Beats

This one is critical! Repeat after me...

BOOM TICKA BAP TICKA TICKA BOOM BAP TICKA  
BOOM BOOM BAP TICKA TICKA BOOM BAP TICKA  
BOOM TICKA BAP TUH-BAP TUH-BOOM BAP TICKA  
BOOM BOOM BAP TUH-BOOM TUH-BOOM BAP TICKA

The "BAP"s are spoken at a higher pitch.. repeat this phrase for a bonus beat-box lesson..what can I say, I am feeling extra generous today! Yes, I know this has jack sh!t to do with seduction and I am completely crazy. Moving on..

It has taken time and practice, but these days I get compliments on my voice all the time and am confident enough to bust some rhymes in front of a crowd, not too soft or loud, my tone's often proud with no apologies please I freeze all the wannabes with my buttah steez as I get lost in sound! Oh yes I mack hotties when I bless the party, work em up with the voice, then I finesse with the body!

## 5. Mastering Body Language

Women are experts at reading your body's unconscious signals. It is the closest thing to telepathic communication there is, and yet most of us guys are oblivious to it. It is a tricky business because you have to not only focus on how you communicate these signals, but also interpret hers. This is one of the first things you need to work on. Trust me!

### Film Yourself

Just as you can improve your voice with a tape recorder, you can improve your Body Language with a video camera. If at all possible, try to get someone to film you at a social gathering. It is painful to watch yourself in the beginning, especially if you are as awkward as I was, but this really helps you to pinpoint your weaknesses so you can improve on them. Highly recommended!

Here are some areas you should pay attention to:

### Posture

I was once a huncher. Shoulders rolled over, head down, very submissive body language all around really. I used to approach girls and they would always seem creeped out by me. (Gee I wonder why) I didn't know how bad I was until one of my girl buddies pointed it out to me. She was a professional dancer, and as part of her training at dance school, she learned how to perfect her posture. Although I thought it was a ridiculous idea at first, but she finally dragged me into a few classes so I could learn...

### The Alexander Technique

I could go on & on about how amazing this technique is, but will just share a few highlights that helped me improve.

The Importance of Symmetry - Using your mind, imagine an invisible vertical line dividing your body in half. Try to create a sense that each half is a mirrored image of the other. Aside from the ergonomic aspects of this, it has been scientifically proven that in nature, symmetry is an attractive quality. In other words, don't cross your legs when you sit, and don't shift all your weight to one leg when you stand. Be balanced.

Spinal Alignment - Think of your spine as a stack of coins. Each disc of your vertebrae should be balanced on top of the other, with your skull comfortably perched atop. The key is to become aware of your posture, which alone takes practice. I printed the words "Sit up Straight" next to my computer as a reminder and it worked for me. When you catch yourself slumping, imagine your head as a helium balloon pulling your spine straight. Try to keep your ribs and hips aligned with each other as much as possible. When you bend over, bend at the waist and slightly bend your knees, instead of curving your spine. It takes practice but basically it is a balance of keeping yourself upright without looking like a stiff jackass. You find your alignment and at the same time relax into it. To really get a feel of how your spine is supposed to be aligned, lay on the floor on your back and bend your knees. so your feet are planted on the floor. Take a few deep breaths.

Trapezius Balance - The trapezius is one of the most abused muscles in the body. The problem is that we either hunch over too much or overdo the opposite extreme by sticking our chests out. To find the ideal middle-ground, imagine a force pulling your shoulder blades apart and widening your back, this not only helps to release the tension stored in the midsection of this muscle, but also increases your perceived width and presence. I have had people ask me if I have been hitting the gym ever since I adopted this posture! The upper section of the trapezius also suffers a lot of tension, this is the muscle that stretches from your shoulders to your neck. This tension can be alleviated by becoming aware of your collar bones. They should always form a straight line, parallel to the ground. In other words, don't scrunch them up so that they form a "v" and don't push them down so they form an "A"

As you can see, it is very difficult to explain this technique with words. But the effect of it is amazing. Not only do you appear more confident, but adopting this posture actually makes you FEEL more on point. The classes, though expensive, are well worth taking...or you could try dating some professional dancers 😊

For more info on this, check out [www.alexandertechnique.com](http://www.alexandertechnique.com)

Improving your posture is definitely worth your while, but will only get you so far. I mean you are not going to sit/stand still as a gargoyle all night are ya? Sooner or later you are going to have to show some

### Movement

First of all, slowwwwww down there, Speedy. By maintaining a relaxed deliberate pace, you create a subtle sense of confidence and peace about you which you completely internalize and radiate onto others. React calmly to everything around you. Don't whip your head around or dart your eyes to absorb your scenario. Turn slowly and don't let your body transmit messages of shock or fear. Act like you are GOD and the world is all yours and it's all good. Carry yourself with respect/pride and people will assume you are a king amongst men.

Also don't gesture too wildly when you speak. It is great to accent your speech with gestures but your arms should not be flailing unless you are telling a fascinating story and have reached a dramatic climax. For the most part, you should try to keep your hand movements around the waist/ribcage level. Also, unless you enjoy looking real insecure and nervous, don't bite nails, fidget or play with things in your hands. Don't know what to do with those fingers? Either hold a drink, let them hang at your sides, or best of all, get some kino going!

### Presence

In the animal kingdom, males are known to increase their perceived size to attract females. Exude an attractive, confident vibe by leaning back and taking up as much space as possible. In other words, try not to sit like a girl! Spread those legs like you have a 15" cøck and it's the only way you can sit comfortably. When standing, keep your feet about shoulder width apart. Fill the world with your presence!

### Interpreting Her Signals Pay Attention to her posture/gestures

ANXIOUS - Fidgeting, foot tapping, nail-biting, rigid posture, no eye contact, spastic motions, shoulders scrunched. (This bitch is fukkin CRAZY! Run away!)

DISINTERESTED - Feet are pointing away from you, body leans away, arms are crossed, glancing at watch, fleeting eye contact with no smile (Looks like you got some more work to do)

INTERESTED - Feet are pointing towards you, body leans in, palms are exposed, smiling or laughing (Getting warmer)

SEXUALLY INTERESTED - heavy eye contact, stroking of hair or any object in hand. Raising one eyebrow in a subtle twitch. Lip licking, side-long glances, tilting head at an angle (kind of like when you are about to kiss) Stealing glances at lips, neck, chest while biting her lip, (She wants to eat you alive)

### Indicators of Interest How does she respond to you?

- You get close to her and she doesn't step away.
- She laughs a lot, even at your weaker jokes.
- You make eye contact and she smiles.
- You say something insightful and she gives you the DDB look. (Doggie Dinner Bowl)
- You tease her and she makes witty comebacks of her own (Oooh, this one's a keeper. Better keep them skills sharp son!)
- You keep teasing her and she hits you playfully (Extreme flirting, she wants you!)
- You touch her and she touches you back.

- You try to leave and she keeps talking to you.

There are tons more and I don't feel like typing them all so if you are interested, check this out:

<http://www.fastseduction.com/guide/...ylanguage.shtml>

### Mimicking Signals a.k.a. "Mirroring"

When I first started working on my game, I would mirror people all the time. I'd adopt their pose, even their breathing in hopes that I could create a shared experience with them. It worked pretty well in terms of pacing their reality, but I found I had better luck when I just used it to calibrate their feelings and then led them with my body language. After all, when dealing with a nervous person, the last thing you want to do is escalate this vibe by mirroring it. These days I have more fun with what I call...

### Extreme Mirroring

Remember when you were little and you would imitate and mock what people said, just to be a pain in the ass? This is the same concept applied to body language.

I love to do this. Sometimes I will see a HotBabe who is all stuck up and walking with an exaggerated swagger, so I walk up behind her and imitate her perfectly, pushing my nose up like I am a snob. Usually gets a few laughs from the crowd and surprisingly enough, the babe!

Other times I will come across an apprehensive chick who I can tell is a little wary of me by her crossed arms, knit brow and lack of eye contact. So I copy her to the point of outrageousness and unless she is an evil bitch, I usually break the ice with a few laughs. I have discovered this method on my own but was recently intrigued by TylerDurden's take on this...

### Body Language Call-Outs

When you approach girls in groups, you will notice all sorts of silent cues they give each other. Sometimes they will look at each other and smile, which means you are IN. Other times, you will see them look at each other and make a slight face and then ignore you. You have been frozen out! This is where you can use your knowledge of body language to your advantage and call them out on their bullshyt.

Here is an example from an approach I did the other day in front of a restaurant. (Thanks for the extra spin on this Stevie PUA!)

ME: Hey, just so you know, this restaurant is not the best one on the block. You should really try XYZ on 8th Street.

HB1: Um..Thanks (Totally closed posture, crossed arms and looks at HB2 like "who is this loser?" and I get freezed out by the bitch shields)

ME: Ha! I know what is going on here. (Pause as I eye them knowingly) Just now you looked at your friend and did one of these. (Copy their body language and the "look" they gave each other, then smile) You just basically told her "Who is this loser trying to chat us up? Let's just ignore him and hope he leaves". (shocked faces) I'm a master at reading body language. C'mon, you guys are going to have to do better than that!

HB1&2: (Laughing)

And so the ice is broken, because I have paced their reality perfectly and commented on something so subconscious that they were not even aware of it. I also stand out because the average guy would just get discouraged and walk away or diss them instead of making a joke about it and winning them over. How many guys do you think they meet who would react like this? That's right, practically NONE! This is why I love learning about seduction. Smooth players are more rare than HB10's!

### TD's Angle Theory

When you initiate conversation with a girl, don't let your body face her. Facing someone implies a confrontation and your aim is to disarm people with your charm, not beat them over the head with it. When you spot that fineass honey, saunter over to her side and turn your head to speak to her. Once contact is initiated, let your body serve as a barometer of her reactions. The colder her responses the more you turn away from her. The warmer her responses, the more you turn to face her.

I thought this technique was total BS till I tried it out for myself. Works so well it is almost scary! I unconsciously use this technique throughout the exchange. She says something stupid or boring and my body turns away slightly. Neutral convos dont change my position at all. But when she says something interesting, I turn my body to face her and lean in slightly. The gesture seems to communicate "Oh really? Do tell me more!" It is fascinating to see her eyes light up because she has earned my undivided attention.

### TakeAways

Learn when to turn your back on her to build tension and suspense.

The Turn Around - This one is great. Look for any opportunity to disagree or disapprove then turn your back on her.

YOU: Do you know how to give massages?

HER: Not really.

YOU: No massage skills? Pfffft! (turn your back on her for 5 seconds and then turn back to face her) Well are you willing to learn how to massage?

HER: Oh yes!

YOU: Alright cool, we can hang. (put your arm around her as if she earned it)

The Teaser - At a high point of the conversation, when she is laughing and really enjoying your company, tell her you have to greet other friends and you will see her around. Don't wait for her response, just leave her standing there, wondering about you and eventually missing you. If you are a real scoundrel, you can just leave without saying a word!

### Body and its Effect on Mind

Use your body to communicate that you are confident, laid back and unfazed by ANYTHING. This alone will help you make big improvements. The interesting thing about body language is that it has a profound effect on your mood. A hunched back and lowered gaze creates feelings of insecurity and isolation. A head held up proudly is the first step to feeling like you OWN your life as you silently command respect!

There are a number of ways for you to get this mood boost I speak of. Allow me to elaborate...

## 6. Boosting Mind States

Are you in a crappy mood? Does the idea of meeting new people seem like an ordeal that makes you want to cruise the internet or rent a flick instead?

Damn you are one lazy bastard! Since I can't physically come over there and bytch slap some sense into you, it looks like you are going to have to give yourself a jump start into a better frame of mind.

### Initiation

Get out of your chair right now and stand up. Do it, bytch! OK, now interlock your fingers together and stretch your arms in front of you, palms facing away from you. Now take a deep breath and bring your arms up over your head, keeping them straight, elbows locked. Push up to the sky and you fill your lungs completely. Hold your breath for 10 seconds while you PUSH upwards! Now exhale with a nice, hearty \*sigh\* and have a seat. Feel different? Your mood should have improved slightly as your body thanks you for the release of stored tension.

### Exercise

Stretching and exercise are essential parts of your total game. Do some basic stretches when you wake up or have been sitting on your ass a long time, to knock out the kinks of an idle body. Join a gym, take boxing, karate, yoga, swimming ANYTHING! Exercise and get your heart pumping for at least 40 minutes a day, 4 times a week. NO EXCUSES!

### Competitive Exercise

It's even better if you can find a competitive sport to get in touch with your macho side. The most successful Don Juans I know are ACTIVE in sports like soccer, basketball, martial arts, etc. Competition is great for those of you who need to grow a pair. What? You thought your testosterone levels would rise just by sitting there? Please.

### Advantages of Activity

On top of balancing your hormones and giving you a better-lookin bod, exercise releases endorphins. Those are the happy little chemicals that throw rave parties in your brain. The result is a natural feeling of well-being and total confidence. I have taken up cycling, weight-training & boxing lately and I just feel more naturally cocky and extroverted. Try it!

### Breathing Booster

The way you breathe has a profound effect on your mental/emotional states. The most common problem I have noticed from people after months of mirroring their breathing is that almost everyone breathes way too shallow. This pace of respiration creates a sense of uneasiness and I could feel the stressful vibes emanating off these people. I catch myself doing the same thing quite often and when this happens, I remember a technique one of my wise friends taught me:

No matter where you are, try to become aware of your breath. Focus your attention on that little groove above your upper lip and feel how the air enters your nose cool and leaves warm. Gradually slow down your pace and take deeper breaths using the following bodily process to divide your breath.

1. Start off by exhaling all the air out of your lungs.
2. Now, as slowly as you can manage it, inhale from your diaphragm. Let your belly rise but only fill your lungs partially.
3. Now continue inhaling as you expand your ribs sideways, still not filling your lungs all the way.
4. Now expand your upper chest as you fill your lungs completely.
5. Exhale in the reverse order.

When first starting out, you will feel your breathe stop in phases as you shift your breathing from one part of your body to another. With practice, you will learn to eliminate these pauses entirely and perform fluid cycles of breathing. There are scores of other exercises out there but this one is my favorite. Sometimes when I do this, I end up popping a few bones in my spine, neck and collar bones as the tension is released. Good shyt!

### Dancing Booster

From this moment forward, I want you to move through life with grace and finesse. Treat every movement you make as if it is choreographed. You'd be amazed how your spirits change for the better when you dance through life! Don't know how to dance? Whoa man you got bigger problems than getting chicks, for you are missing out on one of life's greatest pleasures! Learn from friends, take classes or do whatever it takes to get some basic moves down. Practice at home in your boxers if need be, but I highly suggest you get your groove on. Dancing is therapy. It evaporates negative thoughts and puts you in the mood to celebrate your life, a truly excellent prelude to meeting women!

### Musical Boosters

We are all motivated by different styles of music. Some of you might like psychadelic trance and others might be hardcore Speed-Metal freaks. I won't knock you guys for your taste but feel free to try some of my personal favorite songs. I find that HipHop, House, Funk and Soul put me in a fun state of mind. Here is my pre-mack soundtrack.

"Early to Rise" Nice & Smooth

Kinda juvenile and silly but it makes me feel like a teenage pimp!

"The Melting Pot" Booker T. & the MGs

Pure funk that always lifts my spirits. Especially that hot guitar solo!

"Summertime" Kool and the Gang

Calms my nerves on my most stressful days.

"Bonita Applebum" Tribe Called Quest.

Q-tip's delivery is really seductive on this track. I know so many girls who had the only crush on him when this jam dropped. Smooth shyt. Make sure it is the jazzy mix that starts off with, "Hey Bonita, glad to meet ya..."

"Back to Life" Soul II Soul

The acapella mix with the thick break-beat on it is so fly, it still gives me goosebumps when I hear it

"Scenario" Tribe & Leaders of the New School

Mad energy all over this anthem "Here we go yo!"

"Funky Drummer" James Brown

Can anyone play drums funkier than Clyde Stubblefield? I think not!

"Baby Got Back" Sir Mixalot

This song just makes me laugh every time and I can really identify with the message.

Sometimes I perform it for girls and they LOVE it!

"Bytches Aint Shyt" The Chronic feat. Snoop & Dre

Really makes a man think and put things in perspective. Just remember not to serenade your date with this one!

"Pimpin Aint Easy" Big Daddy Kane

Another hilarious tune cuz "anything goes when it comes to hoes!"

"Pump Up the Jam" Technotronic

I know this song is so cheesy but it is a classic! Puts me in a bold party mood

"Girl I'll House You" Jungle Brothers

Another club anthem of male dominance ("When you're in my hut, you KNOW wassup!")

Another great way to amp your mood is to sing along with your favorite tunes. If you are feeling real frisky you can combine boosters with some song and dance before you hop in the shower. Sound corny? Then you are already taking yourself too seriously and setting yourself up for failure. Time to lighten up, you self-important jackass! 🤪

### Warm Up Sets

This is hands down the best way to warm up. If you do nothing else DO THIS. Practice your conversation skills on everyone you meet. Open UGs just for the hell of it! Simply say hello and see how many people you can pull into a mini-convo. I notice that the days I am the most out-going with everyone, I find that girls approach ME. It's like you are building a storehouse of confidence when you meet people, and in the process you develop this attractive and open aura about you. It's hard to describe, you have to try this and experience it for yourself. On your way to the pub/club/etc. talk to as many people as you can. Flirt like crazy with lots of girls just for practice. It makes a huge difference!

### The Fire of Time

It is burning right under your ass. You are not going to live forever. I am really feeling this lately. A good friend of mine recently passed away from a brain aneurism. There was no warning. He was only 24. Makes you think...

Not to get all morbid or anything, just a sober reminder. Make everyday count my friend and don't live with regrets. Let your limited time inspire you to action. This is YOUR day, your moment to shine! Carpe Diem!

You only get one chance to approach a girl. In most cases the window is only open a few seconds, then it closes forever! When you see that hottie on the street, imagine you are an old man, minutes from death and looking back on your life. You see yourself hesitating, making excuses. What do you say to yourself in this moment?

That's right, "Stop being a little bytch and JUST DO IT!!!"

### Initiate or Masturbate

Ultimately, these are simple methods for you to develop the "go-getter" vibe that is so crucial in this game. I know plenty of successful, good looking dudes who are dateless because they lack the balls to just go for it. If you don't want girls to see you as a good-natured little brother, then you must lead and escalate at every opportunity. Part of this whole dance is her testing you to see how far you will go to get what you want. YOU are the seducer. She wants you to work for that ass!

No matter what you do, NEVER leave the transition to physical stuff up to her. Most chicks will not push things and will even think to themselves "Man I wish he would make a move already!" This has always perplexed me but it's true. In this respect, women are total AFCs!

I remember talking to my ex about this. When I first met her I thought she was a royal bytch. She was a friend of a friend and whenever I saw her, she would just ignore me. We're talking *no* buying signals from this chick whatsoever. I won't go into details but we hooked up one night much to my surprise.

The next day I told her what I thought of her before. She laughed and said she never lets a guy know she is interested, even if she is horny as hell for him.

"Why not?" I asked

"Because that's HIS job!" she replied

\*sigh\* Women!

When dealing with such irrational creatures, you need all the mental boosts you can get!

It also doesn't hurt to...

## 7. Always be prepared

That's right boyscout. You gotta pass inspection first!

### PERSONAL HYGIENE

It's embarrassing how many people I know do not follow these basic rules:

#### Oral Hygiene

Home to a city of disgusting bacteria living in their own filth, your mouth is the dirtiest place on your body. Ever meet someone whose breath smelled like shyt? It's because there really is feces in your mouth if you don't clean it properly. Hell, microorganisms may be small, but they got to take a dump like the rest of us. Does this gross you out? Good! Maybe it will force you to remember to:

1. Floss
2. Brush
3. Use a tongue scraper.
4. Mouthwash.

#### Hair

Don't wash with shampoo everyday, it dries your scalp and eliminates your natural smell. Use a hot water rinse instead and shampoo every few days. Remember when your mom told you to wash behind your ears? Few people know this but it's because you secrete most of your pheromones around this area. Ever smell a girl right where her neck meets the back of her ear? Ever notice her do the same to you? Looks like Mom was trying to sabotage your game with her advice!

#### Body

Shower every day. No exceptions! Give your body a once over and give your stink zones (armpits, crotch, ass & feet) a couple of extra washes for good measure. I personally use natural bath products and am a big fan of Dr. Bronner's soaps. Peppermint soap is the bomb! Gives your nuts a nice tingly-clean feeling.

### FLY GEAR

My style used to be straight up gangsta. Oversized clothes, with the bling bling and the whole 9. How did it work out for me? Women ignored me on the street. Having mellowed out quite a bit in the last few years, my style has become more classic and refined. My clothes fit me well, tailored to my form, not too baggy or tight but just right. Now I notice women noticing me and it makes it so much easier to meet them when they are already attracted. Looks may not be everything, but good presentation really does make a difference!

#### Footwear

If you are going to spend good money on anything, make sure you get a nice pair of shoes. Women are ALWAYS checking out your kicks and are impressed by the rare man who has distinguishing taste in footwear. It's cool to wear your sneakers too if they are crispy clean and you match their color with your outfit. I have a pair of Nike boots that are the best. They are AirMax for comfort but with a nice pair of pants, they look like dress shoes.

#### Shirts

- Have at least 2 long sleeve dress shirts
- Short Sleeve dress shirts where the sleeve is cut around mid-bicep level.
- A few polo shirts
- Some T-shirts with nice logo/design work on them

#### Pants

- I LOVE cargo pants! So many places to stash things.
- At least 1 pair of dress slacks
- Some classic blue jeans
- A pair of black jeans

- Some nice linen pants/shorts for the summer

### Accessories

I don't really like to wear too much jewelry. I have two Kangol hats and a leather bracelet with tiny seashells on it that my niece made for my birthday (Just imagine the HB's go Awwww!)

### Favorite Places to Shop

- H&M
- Structure
- Zara
- J Crew
- Gap

I could go on, but I am not much of a fashionista. My style is very casual and I am a cheapass when it comes to gear. I could care less about a brand name as long as it looks good on me. If you are lookin for a more contemporary/upscale look, our friend Vassago has a detailed thread on this and he does a much better job explaining [How to Make Yourself Good Looking](#)

### YOUR BACHELOR PAD

Your home is your Macking Headquarters so make sure the pad is pimpin! If you live with your folks or your place just isn't an option, skip past this section and don't sweat it. You can always go to her place or a friend's house, or your car, etc. Where there's a will there's a way! For those of you who have your own crib, read on...

### Cleanliness

If you are a slob, you better get your shyt together. Make double sure that the bathroom and kitchen are spotless because these two rooms are often the source of a player's biggest enemy...foul odors! Keeping your living space clean also helps keep your head straight and it's nice to hang out in a place that is orderly and smells nice. Take pride in your environment and she will find you that much more attractive.

### Decor & Furnishings

Keep it simple.

- Hang some artwork up on the wall for flavor. I said ART, not Pam Anderson's ass!
- A few indoor plants are great. Cleans the air and adds natural ambiance
- Some cheap yet stylish furniture (ikea rules for this)
- A comfy sofa where you can start to innocently light her fire
- A mirror in the bedroom so you can watch the fireworks 🤪

### Conversation Pieces

This can be an unusual piece of furniture, sculpture, a video, book or whatever. It should be something visible that you can talk about. I have a few massage books blatantly sitting on my coffee table and they always get a conversation going, usually followed by a massage.

### Lighting

Buy a fader switch so you can dim the lights. Get the kind that you plug into your wall and then plug a lamp in. I love this thing and it costs \$5. I have a bunch of red and white christmas lights strung up to the ceiling and plugged into my fader. I also have some dope vanilla scented candles (vanilla drives girls crazy for some reason)

### The Bathroom

Here is a checklist of inexpensive items you can buy to make your new guests feel more comfortable during their stay.

- Extra toothbrushes still in their wrappers.

## WEAPONS OF MASS SEDUCTION

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- Extra clean towels.
- Liquid Hand soap and a clean hand towel by the sink.
- Tampons. Because you never know when Aunt Flow is comin to town. Better to be safe than sorry.
- Liquid shower gel. Why liquid? Much more hygienic than using a crusty bar of soap.
- Skin Moisturizer. I like cocoa butter personally, smells nice and edible!
- Scented candle or incense.
- A small rack of porn magazines so she will have something to read. (ok that might be pushing it)

### The Kitchen

You don't have to keep your fridge fully stocked but it helps to at least have some of the following items:

- Spring Water. Much sexier than tap!
- Chocolate, cuz what girl can say no to this aphrodisiac?
- Whipped cream and hot fudge (use your imagination)
- Strawberries, Grapes and other finger fruits (great for kiss closes)
- Red Wine, gets girls all loose and tingly. Rioja and Shiraz are my faves.
- Beer, a few of these will make just about anyone look attractive
- Some eggs and stuff for breakfast. I hate having to run errands after a nice lay.

### The Bedroom

This is your Bone Zone so make sure everything is tight and correct!

- Clean bedsheets
- Condoms within arm's reach (under the bed)
- Massage Oil
- Spare towel for post-sex clean up.
- Vanilla Candles
- Another fader switch for lighting
- Stereo

### The Music

Some tunes to set the right atmosphere. I always get compliments on my soundtrack:

#### Nightmares on Wax

Both "Smoker's Delight" & "Carboot Soul" are amazing albums. Very chill. VERY sexy!

#### DJ Vincenzo

"Strip Joint Grooves" A sultry mixed compilation of funk, breakbeat and deep, sexy house music.

#### Crazy Penis

"A Nice Hot Bath With" - Funny name for a group that makes such beautiful tunes. "Star Wars" is my fave cut.

#### Faze Action

All their stuff is pretty cool, but "Moving Cities" is absolutely gorgeous. The girls ALWAYS comment on it.

#### Buena Vista Social Club

"The Soundtrack" - An excuse to salsa slowly in my living room.

#### Scientist

"Evil Curse" & "Heavyweight Dub" - Some great dub reggae for the massage session.

#### Al Green

Lots of AFC lyrics, but sweet tunes to stroke by, and chicks dig this silly romantic stuff.

#### Mark Farina

"Mushroom Jazz Vol 1 & 2" - Both are great, but Volume 2 is amazing from beginning to end.

#### Portishead

"Dummy" - One of my favorite albums of all time. Sexy as hell!

## WEAPONS OF MASS SEDUCTION

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Massive Attack

"Blue Lives" & "Protection" - Dark, sultry chillout tunes

Led Zeppelin

Great for stoner chicks. I once seduced an LJBF to the sounds of "No Quarter"

### FINAL CHECKLIST

What you got in your pocket there?

A Small Tip: I know this might sound crazy, but I like to balance out my pockets so they are filled equally. Not only does it look more symmetrical, but it feels more comfortable and ergonomic to balance yourself out.

- Money Clip. Because wallets are too bulky.
- Gum or mints
- A lighter (even though I don't smoke)
- A small pen & pad
- 2 condoms
- A tiny sample vial of Kenzo cologne in case I get all sweaty.
- Tiny travel toothbrush cuz I never know where I will end up.

Excellent! Looks like you are all set so it's time to get out there and meet some ladies!

What's that you say? Rejection is scary? Awwwww sheeit man, don't flake on me now! Can't you see that deep within you there is a bold, badass mofo just waiting to bust out? Ahh, but fear is holding you back. Hmmm..I think it is time you learned...

## 8. The Power of Detachment

Sometimes I shake my head with some of the questions my chump friends ask me, because they come from the same mindset.

"Should I call her?"

"She said \_\_\_\_\_. What does this mean?"

"Does she like me?"

These are all signs of attachment. Her responses and perceptions of them should not matter this much, but like I said, these guys are wusses and they get their panties in a wad over the smallest things. I try to give them advice but they don't want to hear it. It's almost as if they are emotional masochists who enjoy being stepped on. Poor bastards.

If you don't want to end up like these nutless wonders, take the following words to heart

1. There are more important things to think about in life than whether a girl likes you or not.
2. For every girl that wants to be "friends" there is another who wants to tear your clothes off.
3. Women are excellent at reading your vibe and can smell suckers from a mile away. If you exude neediness she will lose attraction because clinginess is not sexy! Stop needing her so much!
4. On the other hand, if you exude detachment, she will wonder about you and when you do give her that attention, she will actually appreciate it.

A really important thing to remember is that:

*When you let a woman dominate your state of mind, you are giving up your manhood.*

That's right. You may as well cut your nuts off and let her wear them as earrings, cuz you are now officially her bytch!

Think about this. In just about every relationship you see there is an imbalance of interest level. One person is almost always more into the other. I can confirm this from personal experience cuz for too long, I was the one who was totally head over heels. After getting burned, I wised up to the folly of blind romance and realized that real love does not = attachment.

In time my focus shifted off of women and onto my ambitions and social life. During this time, I still loved my new girlfriends, but in a more detached way. I had my own life, my own friends and there would be days, sometimes weeks when we wouldn't see each other. As David D would say, I gave them the gift of missing me.

The 3 girlfriends who I treated this way became the ones with the higher interest level. In fact, I still get phonecalls from these chicks! Why do they sweat me so? Simple. Because I never gave them my personal power. My happiness did not depend on them and I didn't let myself fall under their control. I showed love but didn't let their moods/tantrums sway me.

For example:

The Old Me

ME: I feel like a night out. Let's go hit up the Mexican spot.

HER: I don't wanna eat Mexican

ME: Hmm okay..how about the Thai place

HER: I hate Thai

ME: But you ate there a few weeks ago and said you loved it! (Keep offering her suggestions in an effort to appease her till she gets all pissy and we get into a stupid fight, at which point I caved to her lazy whims and we order pizza)

The New Me

ME: I feel like a night out. Let's go hit up the Mexican spot.

HER: I don't wanna eat Mexican

ME: Hmm okay..how about the Thai place

HER: I hate Thai

ME: Well, aren't we picky? Any suggestions?

HER: (shrugs)

ME: Tell you what. You can stay here and keep thinking about it, but I am friggin starving. See you in a bit! (smile and grab my coat)

HER: Alright alright! Hold on I'm coming with you.

This is an example of maintaining personal power in a relationship. But this mentality is also important in seducing new prospects because you will be tested and rejected so many times. If you are the sensitive type and take these bytches personally, you will DIE from low self-esteem! Okay maybe not die but you know what I mean.

Whenever I used to get rejected or LJBFed, I used to get all down on myself, oblivious to the fact that I have nothing to do with a woman's mind state. Surely it must have been my fukkup! I failed to see that sometimes women just aren't in the mood or frame of mind to be seduced, no matter how suave I may be.

I have seen the most natural macks get shot down and I always admired these guys cuz they took it all in stride and would even make jokes about it. "Damn, I gotta stop hitting on these lesbos!"

Be happy and centered enough in your reality that other people's opinions/rejections don't affect you. The rejection of crashing & burning should not discourage you, with a detached attitude it should be entertaining! Of course we would all rather succeed than fail. But better to be a humble winner than a sore loser.

These days I have a little mantra that plays on my subconscious whenever I face an outright rejection. My thoughts are directed at the HB as follows:

"Wow, you really have no clue what you are missing here. Not only am I devilishly handsome, but I give the bomb massages, am an excellent cook and possess the skills to give you multiple orgasms. I almost feel sorry for your dumb ass! Hmm, if you are cool enough I will let you be my friend and help me meet other hotties. However, if you are gonna be a bytch about this whole thang, alls I can say is ... NNEEEEXXXXTTT!"

That's right I am the prize! I will make the effort to meet a woman and try to open her up to me. But if she tries to snub or disrespect me and has no sense of humor when I call her on her bad attitude, then I don't waste my time on her cuz there are a million women who are ten times finer, smarter and more entertaining she'll ever be!

It is with this attitude that you will have the most success when..

## 9. Freestyling Street Approaches

There are tons of ways you can approach your approaches. None are fool-proof because

1. Your tone and body language matter much more than the content
2. Openers are worthless if you don't got game to back them up!

### The 3 Second Rule

So important. As soon as you spot your target, and she spots you it is time to make your move. Don't think or plan, just force your body to walk up to her, grab your balls and go for it. This makes the approach feel more spontaneous and you don't come off as a creepy stalker. Note: Ball-grabbing is optional.

### Dealing with Moving Targets

This is really difficult to do because most people don't like to be interrupted when they are on their way somewhere. You are better off following from a distance to see where they end up. I am not encouraging stalking here! The difference between stalker and Don Juan is that you approach and engage your target in a conversation. Keep this in mind.

### Eye Contact

It's amazing how many people you can actually get to say "hi" to you. All you have to do is hold eye contact with confident body language and flash a sincere yet subtle smile at them. The smile is important, make sure it is a slight smile where your eyes scrunch up a little and the corners of your lips turn up, no teeth showing. Think Mona Lisa. This is a very inviting face to present to people and it also gives them a feeling like they already know you. Many times they will say hello, but even if they don't, I find they are more open towards me when I start off my approach this way.

### Introductory Openers

"Hi!" (smile)

"Hey, how's it goin'?"

"Hi my name is X, and I enjoy meeting new people. What's your name?"

These work okay, but you better have some tight follow-up because you got less than ten seconds before she decides whether or not you are worth talking to.

### Observational Openers

You take in your surroundings and also pay attention to how she is reacting to her environment, then you comment on it. It could be anything from "Wow, the city sure is beautiful in the Spring." to "Damn, look at the size of that guy! I seen some fat people in my life, but he takes the cake!" It doesn't matter as long as you open with the mentality that *you already know this chick* If you can reframe your thinking to treat these hotties like they are your friends right off the bat, you are well on your way.

The first pickup I ever made in my life was using this opener. I was on the subway sitting next to this hot asian girl and at the other end of the car were a bunch of roudy high-school kids who were play-fighting and saying the most lewd and inappropriate things really loud, generally causing a big scene. A few older people were put-off and moved to another car. I turned to the girl, shook my head and said, "Kids, these days". She was like, "I know! Can you believe how these guys are carrying on? It's so embarrassing!" We talked for a bit about the declining standards of education and how kids were getting dumber. <-- she laughed at my mispronunciation, and then her stop came up.

As she was gathering her things to leave, I told her that the streets were a dangerous place full of stupid thugs and asked if she wanted to be escorted home by a strong man who would protect her. I was expecting her to say "no thanks" like all the other girls I had unsuccessfully tried to hit on, but she surprised me by saying "sure!" I walked her home

and she said she was hungry so we grabbed dinner and afterwards went for a moonlit stroll. We made-out in the park for awhile and she suggested we go to a bar. I didn't drink at all back then so I politely declined. We went back to our necking and right when things are gettin hot, she pulls away from me.

ME: Hey, what's wrong?

HER: I think I should probably go home. It's getting late.

ME: That is a lame excuse. What is really up?

HER: I dunno ... It just feels kinda weird cuz I never do this with someone I just met.

ME: Me neither!

HER: (looking in my eyes as if to gauge my sincerity)

Here is when she drops what we call a shyt-test. Watch as I fail miserably!

HER: You are probably just like all the rest and only want one thing.

ME: What do you mean?

HER: You are just interested in sex!

ME: Well, um...at least I am honest! (BZZZZZZT...wrong answer!)

HER: I am going home now.

Aaaaargh! I still wanna put my head through a wall for messing this one up! I should have accused her of trying to get in MY pants, since she was the one who had suggested we go to a bar earlier so she could get me drunk and take advantage of my lowered inhibitions! \*Sigh\* We will cover this tactic of role reversal a little later. For now, let me steer this tangent back to the subject at hand.

### Opinion Openers

Ask for a female's opinion on just about anything.

At the mall "Hey, I need a woman's opinion. What do you think of this cologne/shirt/shoes?"

On the street - "Excuse me, but I am new in town and looking for a nice place to eat/shop/etc can you recommend any?"

### Using Time Constraints

Take the pressure off of yourself by saying that you only have a few minutes to talk because your friends are waiting for you, or you have an appointment, etc. This disarms them from thinking that you are trying to pick them up. Here is an example from a pickup I did recently on a girl who was eating by herself in the outdoor section of a restaurant.

ME: "Excuse my interruption, but how is the food here? Is it good (said in a so-so tone) or is it *good* (said in an impressed tone with a smile)

HER: Oh, It is goooood (mimicking my tone)

ME: Alright cool...hey, mind if I sit with you for a second? I am supposed to meet my friends in a few minutes and I hate to just wait around doing nothing.

She invites me to sit and I continue:

ME: To be honest, I am a little nervous, I haven't seen these guys in years and they always used to pick on me for being so shy. I always looked up to these guys in a big brother sort of way. (pause) Say, you know what would rock? When I meet them, I'll pass by again, so just flirt with me hardcore and I will pretend to be fighting you off, okay?"

HER: (laughing)

ME: Don't worry, this can work both ways, if you ever need a pretend boyfriend to show off as a trophy, I would be glad to help you out!

HER: Haha, but I already have a boyfriend.

ME: Hey that's great! I bet he is secure enough in your relationship to let you rent a boytoy for the evening.

HER: (giggles)

ME: Tell you what, I have to run, but you seem like you have a good sense of humor. I like that. (Hand her pen and paper) Let's get together sometime for a few laughs, bring your man if you want. Or you can just use me to impress your girlfriends.

Hehe, she wrote down 3 different numbers AND her email and made me promise I would call her.

#### Suggestion Opener

You can also give your opinion as an opener. Keep the opinions sexually neutral though. Don't tell her how hot/beautiful she is or gawk at her titties, remember EYE CONTACT!

For instance, at the video store as she is selecting a flick - "Oh man, dont rent THAT one! (pause and let her ask why) It is a waste of time & money! I watched it for like 10 minutes and wanted to shoot myself!" or on the flip side "That is an excellent choice, one of my favorite books/films of all time! (pause for reaction) If you like this book/film then you will LOVE xyz..."

You can apply this opener almost anywhere people are buying stuff. Just change the wording around.

#### Favor Opener

Have her do you a favor right from the start. Ask her to hold something for you, or watch your bags for a second and then leave her for a minute. You build suspense because in the time that you leave her there, she is wondering "who the hell is this?" When you come back you have license to kino and be affectionate with her because she earned it.

I don't just use this for an opener either. You'd be surprised how many girls are willing to do you a favor if you ask nicely. I find that they actually love to help and are more receptive to my advances because they earned my affection. I will usually hug them and say "You are the best!" and give them a hundred little kisses on the cheek.

#### Lost Opener

I use this one all the time.

"Hi, I am totally lost. Do you know where XYZ is?"

*She gives you directions, then you casually ask where she is heading. If it is on the way you decide to walk with her and just start up your game right there. If she has pointed you in the OPPOSITE direction of where she is going, that's when you drop this:*

"Are you sure it's this way? I don't know if I can trust you. I was warned about you New York City girls!"

*She doesn't know the way*

"Cool, so you are just as lost as me. Are you also from out of town?"

*If she says yes then a whole convo just opened right there, if she says no then you bust on her (playfully) for not knowing her own hometown! (What is she anyway..some kind of hermit?)*

#### Juggler's Opener

YOU: How are you?

HER: Fine

Pause

YOU: Ya know it is kind of rude not to ask how I am doing after I asked how you are.

HER:: Okay. How are you?

YOU: I am wonderful! In fact I am doing so well my skin is tingling! Here, feel my hand.

Hold out your hand. She touches it. You make a DZZZZT sound like you are shocking her. She laughs. You are in.

Wingman Opinion Opener

Make it seem like you need her to resolve a discussion with your wing. Let her hear you say to your wing within earshot,

"Let's get a woman's opinion if you don't believe me"

then approach and tell her,

"Hey, I was wondering if you could settle our discussion with a woman's perspective. See, my colleague and I were just discussing the best way to make moves on a woman and we totally disagree. I believe that a direct approach is best, especially with the kiss. When you are attracted to someone and you sense they feel the same, you should just go for it and not worry about consequences right? On the flip side of this, my friend here seems to believe that you should wait as long as necessary until you get to know a girl is comfortable with you as a friend before you bust moves. So the question is this. Would you rather have a guy spontaneously sweep you off your feet with his sexy confidence? Or would you prefer the gentleman's approach of a more patient fellow?"

You can take this in so many directions, it is pure fun!

Final thoughts on breaking the ice

Your approach needs to be casual and disarming. This chick is accustomed to catcalls, whistles and lots of "Yo baby Yo"s so you need to stand out from the crowd of horny losers and be a gentleman. Learn how to bait these chicks into conversations naturally. Don't ask if she has a boyfriend or if her father is a nuclear scientist because she is the bomb 🤩

Be absorbed in your reality. Be joyful in the moment and share that joy with her. Get her into your fun frame of mind and then invite her on an

Instant Date

At a high point of the convo, tell her you think she is the coolest person you have met all day and invite her to coffee. You can even say "Let's go on an Instant Date" to which she will probably reply with curiosity, so then you can explain that when you meet someone who seems as adventurous as you, it is your custom to invite them out for coffee. So simple and it works!

Number Closing

There is no science to this. If the moment comes when I can't get her into an Instant Date and we are about to part ways, I usually just hand her a pen and paper and she knows what to do. If she asks, then I tell her to write her number down. If I am feeling extra frisky I tell her she needs to write her number in a creative way or else I won't call her. Here are some fun ideas to win them over:

- Get her to draw a little sketch of herself
- Get her to kiss the paper and leave the lipstick marks.
- Tell her to write down one word under her name that describes her best feature, then I take the pen and write under it in parenthesis "nice ass!" and totally check her ass out before I leave her with a smile and a wink.

If she asks for my number I tell her I am between apartments and don't have a number yet. It's a personal thing. I never like to give them my digits because it puts the ball in their court.

## WEAPONS OF MASS SEDUCTION

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Approaches are easy once you get over your fear. The hard part is actually keeping their attention and building up attraction, which we will cover in a bit.

For now, let us celebrate because you got a number. Bravo! (the crowd goes wild)

Now what the hell are you going to say when you call? Hmm...

## 10. The Art of Phone Openers

Alright, there is a lot of debate amongst my fellow players on how you should treat this whole phone game, particularly how to open a good conversation and generate some interest. So I would like to share some techniques with you that work rather well, if I do say so myself.

Before I begin, the most important thing I want you to understand is that the phone/email/IM are all just tools that you use to meet her in person, so keep the convo interesting but don't ramble on for more than say 10-15 minutes or you have already wittled away valuable conversation time MINUS the kino! Your goal here is to get her live and in person.

Now, the biggest question is how do you initiate? Granted if this girl already digs you, you can pretty much say anything as long as you don't make an ass out of yourself, and you will still be able to close for a meeting. A lot of times, if the IL is already there, you can just call , fluff for a bit and politely invite her to go out with you. (yawn!) But how can you make your phone presence more interesting and memorable enough to get her dripping with anticipation for that meeting?

Personally I like to catch girls off guard right from the start and pretend I don't know them when I call. i do a little role-playing, throw in some C&F and they end up loving me for it! Some examples? Sure.

Met this girl at a party and we were fluff talking about our careers. I transitioned the convo into dreams and ambitions. Found out she was studying to join the circus of all things and she was into trapeze, juggling, the whole 9 yards. We had a great convo and I got her number. A few days later I recorded myself making monkey noises and dubbed my voice over itself so it sounded like a room full of chimps (you'll see why in a minute) Afterwards I rang her while the tape of monkey sounds played softly in the background and my opener was something like this:

GIRL: Hello?

ME: Uh, yes Hi! Um, I am looking for a girl who can show me how to juggle monkeys..

GIRL: Who's this? (already laughing a little)

ME: (covering the phone) Bobo! Put that down NOW!! (Uncovering the phone)Oh man, I'm so sorry about that. You see, I have these three monkeys over here and I am a little short on cash these days so I figure if I can just get this skill down pat, I can make some decent money on the street with my monkey juggling

GIRL: (Cracking up) Who I S this???

ME: (Long Pause)Oh damn, I am offended now. You don't recognize the smooth sound of my voice?(bold part said in deep, sexy tone.)

GIRL: OMG, ...Fingers??!

ME: 😊

See how I let the mystery and humor build? This same approach can be applied universally

I met another girl on the street. Opened her by asking where I could find a cologne shop. (Girls not only love to give directions, but are taken by a man who is not afraid to ask for them!) She showed me the way and we walked together for a bit. I asked where she was headed. She told me she was going to Dance class. Turns out she is a dance instructor. I was like "Cool!" We started vibing on the whole dance tip and I told her how much I love music and for me dancing is like the ultimate meditation. I had the most fun talking to her. She put me on to where some of the lesser known clubs are at and I gave her a pen and paper to write down the addresses of the clubs with directions. She volunteered her number at the very bottom and said I should call her for a dancer's night out. I thanked her, gave her a kiss on the cheek and bounced. That week was hectic, so I didn't call her back until

the following weekend. This is how it went down.

GIRL: Hello?

ME: Hi! I am wondering if you can help me out here. I am looking for a great dance teacher to show me a few moves, could you recommend anyone special?

GIRL: (Laughing)

ME: Yeah, you see I already know how to dance a little but would like to learn some more ... *sensual* moves that would require some private lessons..

GIRL: (Playing along) Oh really? How private are we talking here?

ME: *Intimately* private!

*She finally caves*

GIRL: Who is this?

ME: Why, darling it's the man of your dreams! (pause)Well..that is if the man of your dreams occasionally gets lost and can't find his way to the perfume shop

GIRL: (All Excited) Fingersssss!

You get the point, keep them on their toes, play with them, tease them and right when the vibe is at its nicest, you come off with "Sayyyy, what are you doing right now?" she answers with whatever "Well, I am ten times more exciting than that so why don't you meet up with me? I am heading to XYZ in a little while and I think it would be fun if we linked up" If she is busy, close her for another night. But you are almost guaranteed to get a meeting with this approach!

Get her in person and keep that charm flowing. Remember to be yourself...not the fake scared YOU that anxiety/society has created, but the REAL YOU, The one who is comfortable in his skin and loves to have a good time. You...DO like to have a good time...don't you?

Whatever you do, don't worry about scoring! Flirt with her, touch her, have a blast and all the while, imagine me cheering for you from a thousand miles away..because I am!

Go get 'em Tiger!

No offense taken whatsoever, I appreciate all forms of feedback. Your dating application idea is hilarious! I have a similar technique which I call the "Girlfriend Test" I will post it on here once I get the chance. Never thought to hand them out randomly like that though. You got some balls dude!

Elimidate,  
Great job. I am impressed!

DJStudent, aBAzLLnA, Jay\_VCU, mischievous & Don Ronny,  
Glad yall enjoyed. 😊

Create Reality,  
Why, that's the sweetest thing anyone has ever said to me! Are you trying to seduce me?  
LOL. 😂  
BTW - you have probably the coolest username I've ever seen.

dave134,

You are right, I don't do this over-the-top stuff everytime. Once they are already into me, I keep the phone convo very simple. I usually say

ME: Hey lady

HER: Hi!

ME: What are you doing right now?

HER: blah blah blah

ME: I see. hmm tell you what I am heading to XYZ right now and I'm taking you with

me...how does 8:30 sound?

I say this totally serious and usually gets a chuckle and lets her know I am a take-charge kind of guy. It really depends on the rapport you have with the girl. Sometimes I will bust balls like this.

ME: Hey lady

HER: Hi!

ME: What are you doing right now

HER: blah blah blah

ME: (Interrupting her)ZZZzzzZZZzzz

HER: Hey!

ME: \*snort\* Wha? Huh? Oh sorry...ummm...Wanna do something fun for a change?

Sometimes if I am feelin frisky I'll do the typical "what are you wearing routine" Nothing special. A lot of times I call and say the first thing that pops into my mind. This is supposed to be fun man, it's not a military campaign!

Latte is right yo, once a girl is feeling you it doesn't matter what you say. Your instincts are serving you well as it is

When she calls you, ask how her trip was. Listen to her and enjoy the conversation to the fullest cuz you should be intrigued by tales of other places. When she finishes, say "that's awesome! Sounds like you had a great time!" (or damn that is wack, depending on her answer) and regale her with what you've been up to for a brief minute, then come off with

"hey I think it would be great fun if we got together. I have reservations @ XYZ, care to join me?"

Don't make plans with her! The trick is to already have a plan (with a backup plan) in place. The kiss of death is to ask her what she wants to do. NEVER do that! Always lead my friend. If she is unavailable, set a time for another day. Simple, direct and bullsh!t-free! Good Luck  
Dave, Looking forward

## 11. Becoming Magnetic

How do you attract someone? I mean there is obvious physical attraction, but we all know looks aren't everything. I have met some ugly dudes who are full-blown pimps with the ladies. I have also met some beautiful girls who, despite their gorgeousness, are decidedly unattractive or lacking in personality. So what REALLY makes a person attractive on a deep level? Simple really.

Attraction = The lure of Value

Women will either value your presence, or you are phased out in the shadow of someone who presents more value to them. So what constitutes this elusive value we strive for?

I think about the most attractive people I know and they possess the following characteristics:

Socially Adjusted >> Comfortable talking and relating to anyone. Make friends easily.  
Confident >> Believe in themselves. Healthy self-esteem. (not to be confused with arrogance)

Genuine >> Completely sincere and direct

Playful >> Fun-loving and Flirtatious.

Creative >> Filled with imagination and great ideas

Talented >> Naturally blessed with impressive skills

Passionate >> Emotionally alive and uninhibited.

Intuitive >> Able to read situations and people with ease.

Ambitious >> Driven and hardworking in their pursuit of goals and dreams

Laidback >> Free from unnecessary stress and drama

Witty >> Able to provoke laughter and thought with their mental agility.

Positive >> Gives off good vibes. No complaints or negative gossiping.

Unpredictable >> Interesting, original & stimulating.

If I met a woman who was not all that great looking, but had just half of the above qualities, I would find her to be very attractive. She could probably seduce me very easily in fact. Up to a certain point of course. I am a guy after all and we do place a higher priority on the physical. For instance, I could meet a woman who was passionate, intelligent, and all that jazz, but if she had a flat ass I would have to say "pass!"

This is not to say that women have no physical standards, of course they do. But these standards are a bit more flexible than ours because they are more aroused by personalities, characters and the EMOTIONS you can give them. Imagine what effect the above qualities has on them.

That's right. Wet panties.

As you can see, this requires some work on your part. You can say all the smoothest lines that you have ever copied and pasted from your browser, but the bottom line is that if you don't have an interesting personality to back them up, they will fall flat!

On the other hand, I know tons of interesting, witty, talented guys who are terrible with women!

So the real question is how do we CONVEY these magnetic characteristics? This is not a simple question so fasten your seatbelts, cuz this is one beast of a post!

### I. SOCIAL PROOF

*Show her you are socially adept*

### MILD PROOF

So simple. Interact in a fun, positive fashion with people around her and once she sees others enjoying your company, she'll be thinkin... "Hmm, who is THIS?" Why? Because social proof is RARE. 90% of guys you will run into on your adventures are total AFC duds. Too scared to initiate convos with strangers, much less HBs. The fact that you confidently approach everybody sets you apart and creates an intrigue about you. It also disarms her a little when you speak to her. She can't immediately frame you as trying to pick her up because you are not giving her special treatment.

### MEDIUM PROOF

Show up on the scene and greet everyone you meet as if you are running the show. Work the room as soon as you step into the door. Walk around giving people high fives. Open up a group and get them to laugh and then do a TakeAway as you shift your attention to another group. Always leave them wanting more of you! Keep circulating around the room this way and soon people will approach YOU.

When dealing with groups, one important thing to remember is to make eye contact with everyone in the group as you speak. Keep shifting your gaze so that you don't subconsciously exclude anyone. Master this and in time you will be able to merge different groups together with your conversations. Introduce someone you just met to another new friend you just made. Realize that most people are bored senseless and are dying for someone interesting like you to show up and brighten their lives. Be the axis around which the scene revolves, the life of the party!

### SPICY PROOF

See that fly hottie over there? Uh-oh..she's with friends and two of them are guys! One of them is probably her boyfriend so maybe you should not approach. *BULLSHYT!!!* Go over there and chat up the guys, find out how everyone knows each other. This is how you discover who is dating who. Chat up everyone EXCEPT your target. Once you get a few laughs and you know they are digging you, go in for the kill and say, "I'm sorry I have been alienating your friend here, is it cool if I talk to her for a little while? Great!" (credit: Mystery) Take her hand and lead her someplace more isolated as you bust on her for having friends who would let her run off with a total stranger, then escalate the game.

### THERMONUCLEAR PROOF!

Show other women a good time around her. In this way you capitalize on the competitive nature of da ladies. You can pickup chicks right in front of her, or if you are still a bit timid in this area, I would suggest the use of a pivot.

What's a pivot? Glad you asked

A pivot is a platonic female friend, preferably an attractive one who will roll with you to clubs/bars/etc and help you pick up chicks. Often times I actually prefer pivots to wing men. Showing up to a party with a couple of hot ladies on your arm always sets the right tone. This is why I don't get upset when I get LJBFed. These girls are the best and prove to be great fun if you don't take their rejection personally. I have even had a couple of my these "friends" start to catch feelings for me after they saw me hook up with a few hotties. A testament to the power of female jealousy!

## II. PLAYFUL KINO

*Getting in touch with your inner child.*

We covered the basic principles of kino in the [Destroying Social Phobias](#) post. By this point you should already be touching girls right from the start of your interactions. But let us not forget the power of PLAY. Tease her. Poke her. Throw paperclips at her head and when she looks your way, whistle like it wasn't you. Twirl her around and dip her ballroom dance style. Tickle her. Steal something from her and get her to wrestle you for it. Give her a piggy-back ride and run at full speed while humming the Jedi theme to Star Wars! HAVE

FUN WITH HER! We always hear how women love to be swept off their feet, but few of us have the intuition to take this literally. It's okay to smile and be a goof sometimes!

### III. CIALDINI'S SCARCITY PRINCIPLE

*Everyone wants what they can't have.*

Show her the best time she's ever had and then VANISH. Don't sit there by the phone counting the days you should or should not call her back. Be busy and ambitious enough in your life that you don't have time to call her the next day. Have other prospects in your life. Even if you are looking for something long term, play the field so you get to pick from the best of the best. Weed out the ones that don't reciprocate your communication. Remember, she has to meet you halfway! Let her ass call YOU for a change!

My general rule is if I call a girl more than 2 or 3 times and she doesn't try to contact me once, it's a wrap! Why waste time on a flake? I got better things to do, finer girls to meet! The girls that do show interest go nuts when I finally do give them some attention because I make sure that:

1. I make them laugh and have a good time.
2. I end my interactions with them on a high note and leave them wanting more.
3. I am not readily available at all times so they actually get a chance to miss me.

A quote from Cialdini himself:

*The joy is not in experiencing a scarce commodity but in possessing it.*

### IV. DEMONSTRATING EXCELLENCE

*Draw people to you by displaying talent, passion and ambition.*

This is how rock stars get laid. They put on a great show and everyone in the room is feeling them. They display their talents and are instantly social proofed by a crowd of people. It's no surprise that these guys get mobbed by women. I know what you're thinking, and sure, it helps to be rich and famous. But I believe that \$\$\$ has little to do with it. I see the same phenomenon happen in clubs all the time with DJs and their groupies. And these guys are not rich!

Do something great or entertaining in public and you generate instant value.

You don't have to be a virtuoso either. The key is to have the ability to do something impressive...anything! Can you sketch? Do bicycle stunts? Juggle? Tie cherry stems into knots with your tongue? Nothing? Damn son, it looks like you will just have to rely on your wits then! Which brings us to...

### V. COCKY & FUNNY (C&F)

*Playful, witty, unpredictable, confident, laidback and flirtatious. No wonder it works!*

I think back to all the natural DonJuans I have known and they all did something that perplexed me in the beginning.

Every once in a while I'd catch these guys busting on girls, making fun of them as if they were bratty little kids. Sometimes they would almost cross the line of total rudeness and I would get embarrassed for them, but the girl would end up laughing. I would think to myself "What did I miss here?" I also noticed that people who are really close to each other participate in this ceremonial ball-busting. It was a curious thing to me.

I didn't figure it out until I got older, and found myself unconsciously doing the same thing. Why? Simple. Because its hilarious and adds *spice* to a relationship! After all, you will get bored of someone pretty fast if they didn't provide some sort of stimulation or challenge and

always agreed with what you said.

Think of it this way. If you do women favors, ask them lots of questions and kiss their asses, then they don't have to earn the pleasure of your interaction. You are giving your attention away free of charge, and your attention becomes CHEAP! You are subliminally telling her that you don't value yourself enough to let your true personality shine, instead you have to manipulate her with your favors and ass kissing to win her good graces. This is repulsive behavior!

The truth of the matter is that women are not attracted to a man who tells them how great they are all the time, talks about his feelings for them and agrees with everything they say. In fact they are usually repelled by this behavior because it is SUBMISSIVE! They are attracted to a man who is the center of his reality and has the balls to speak his mind. He doesn't feed into her desires or emotional states. Instead he flips the game with humor and tension so that she feeds into his.

Ah-ha! now you are starting to see!

So many people get this technique all wrong. They end up insulting women and come off like assholes. The key to C&F is to understand that it is meant to tease and entice, not insult! You must master the fine art of flirting if you want to be successful with this approach. The key is to actually be funny!

You tease her in a way that she has no choice but to laugh. The interesting thing about humor is that it often has a ring of truth to it, so there is an uncertainty on her part as to whether you are kidding or not. This is unpredictable behavior. Makes them anticipate what you are going to say next. They are all like "Why hasn't he told me I am beautiful yet? And where is my drink?" Haha..it's so much fun to make them wonder!

This is why C&F is an excellent tool of attraction. Your unpredictable wit is keeping this chick on her toes! The anticipation begins to get the best of her, and she will become aroused. At this point she will often start to shy-test to you to see if there is a MAN behind this veil of confidence.

### VI. PASSING SHYT TESTS

*Dealing with the silly games women throw your way.*

What is a Shyt Test?

When dealing with fine women who are accustomed to constant male attention, you have to realize that their screening process is different from yours. These chicks get hit on every day by tons of dudes. She has the power to be selective and she does not hesitate to use it. If a chick is attracted to you, often times she will run these little tests on you to see if you are worthy of her affections.

Here are some examples:

HER: Can you put this in the trash for me?

CHUMP: Oh, of course! Do you need anything else?

YOU: No! Haha just kidding. Sure I can, but what's in it for me?

HER: Could you do me a big favor?

CHUMP: Your wish is my command!

YOU: I dunno (pause and look her up and down) aint nothing for free in this world, honey. You gots to earn favors! Give me a massage first and I will think about it.

HER: Are you a player or something?

CHUMP: (nervous and sweating) Uhh.. uhh..no?

YOU: Oh totally, all the ladies want a piece of me. Usually my pimp status is more obvious, but I left my fur coat and gold chains at home. You should come over to my place later on and I'll show them to you. (wink) So anyways like I was sayin.. (Keep talking as if she never interrupted you)

HER: OMG, you are such a jerk!

CHUMP: Why do you say that? (takes her personally)

YOU: So what is it about jerks that turn you on so much?

HER: I never have sex on the first night.

CHUMP: Oh. (feels like he was just shot down)

YOU: Me neither, I get so tired of these women who just want to use me and toss me aside like a sex toy.

HER: I have a boyfriend.

CHUMP: Really, sorry to bother you then. He is a lucky guy!

YOU: (said in a playful manner) I have a boyfriend too. And you know what he told me before I went out tonight? He said, "If you meet someone exciting, have a good time! I don't want to hold you back." I think it's wonderful that he is so open like that, don't you? (credit cooljoe for this gem)

HER: You only want sex.

CHUMP: That's not true!

YOU: You are the one who brought it up.

HER: Sex can really ruin a good friendship, you know?

CHUMP: Yeah, you are so right.

YOU: Wow, are you really that bad of a lover?(scandalous grin)

Notice how the chump fails her tests and lets her control his mindstate. See how she says these little things to separate the chumps from the champs? She wants to see if she can throw you off your game. Often times she is also trying to disrupt the state you are putting her in because God forbid she should have such slutty feelings for a smooth fellow like you! The trick is to not let her fukk up your flow. Never take these questions seriously or answer them directly and you will pass with flying colors.

She'll ask for favors or tell you she is not interested in sex. But you don't play that game, you get her to do YOU favors and ultimately accuse her of trying to seduce you. Turn the tables on her and she will love you for it! Tease and flirt with her and you will notice her get turned on and touch you or hit you playfully. This is sexual communication my friends. It is the art of Verbal Foreplay!

It's funny how well I can read your mind right now. "Dammit, cram the #%^&@\$ armchair philosophy Fingers, let's see some more examples!" Hehe ..... well, I can't help being a bit of a tease 😊 but since you have taken the time to read my endless drivel, I guess you have earned this:

## VII. FIVE FLAVORS OF C&F

*Reminder: Cocky is not enough! Be Funny and Playful!*

- (1) Sporadic Displays of Confidence
- (2) Reality Check
- (3) Role Reversal
- (4) Role Playing
- (5) Qualifying

### (1) SPORADIC DISPLAYS OF CONFIDENCE

*"Damn I am good!"*

This is where you demonstrate your self-worth in a playful and humorous way. These lines should be used VERY sparingly otherwise you will come off like an arrogant prick.

*She compliments you*

- "Thanks for the compliment, but I prefer food and gifts, or maybe a massage"
- "Yeah, I am pretty awesome!"
- "Hey, we're both adults here, you can just come right out and say that you love me"
- "Tell you what, if you can stop trying to flatter your way into my pants for 5 minutes, I might consider letting you take me out to dinner" (only use this one if you have big balls)

Note: Keep in mind that often times, a sincere "thank you" is the best way to return a compliment. It really depends on the nature of the compliment itself and the dynamic between you two. Develop that intuition through experience and you will see what I mean. In a pinch you can try this one, which has never failed me:

- "My, what excellent taste you have!" (Nice one that compliments both of us)

*She tells you she loves/likes/misses you*

- "Oh...I know!" (Said matter-of-factly with a smile)
- "\*sigh\* yeh can't say I blame you there!" (interlock your fingers behind your head like you are sooo content with yourself)
- "That's no surprise, I mean what's not to love/like/miss?" (As if it's the most obvious thing in the world)
- "Hey that's really sweet! Ummm..you're not gonna start stalking me now are you? I'd hate to have to take out a restraining order just because you are obsessed with me."

*A girl you don't know makes eye contact with you*

- "Hey there, I just couldn't help noticing you (pause) STARING at me."
- "Do you always maintain such strong eye contact? Or only with guys like me that you can't help it with?"

### (2) REALITY CHECK

*"I refuse to worship your looks!"*

Some might call these neg-hits. I call it leveling the playing field. You simply set yourself apart from all the drooling AFC's who shower this girl with endless attention and compliments. You are not insulting her, rather you disarm her by not falling under the power of her beauty. Save these for the HB 9's and 10's who are used to getting approached by hordes of men and as a result have their bytch shields set to "stun"

*Cold Approach*

"Hi I just wanted to talk to the prettiest girl in the room" (wait for her to look at you like you're just another fan, then say) "Yeah, she's right over there (point) but I'm too nervous to talk to her so I figured I would practice on you, first."

*She talks for a long time without letting you speak*

Close your eyes and start snoring as if you just passed out from boredom.

*She tells you she is a model*

"Really? that's pretty cool..(look at her hands) So how long have you been a hands model?"

*You pay attention to her strange quirks of character then point them out to her*  
Say "You are a strange girl." She will ask why so be prepared to tell her the funny things you notice about her. Try to avoid commenting on physical traits. Make fun of her odd behavior, which isn't that hard because we are all odd in our own ways. If she tries to flip it and say that you are weird just say that you are secure enough to admit it and turn your neg into a compliment saying that normal people bore you and it's all good because you only hang out with freaks. As soon as she seems appeased, flip it again and say that she IS unusually freaky though. Damn, you are such a scoundrel!

*You have good vibe going and you have already been teasing each other by the time you drop this*

"You know I have psychic powers. (she says "really?") Yes, in fact I have an intuition about you (pause till she gets curious) I get the impression that you are a total BRAT! (she protests and maybe hits you) Wait wait, the picture is becoming clear now.(Rub your temple for effect) Yes I can see now that you weren't spanked enough as a child! We'll have to make up for lost time won't we ?" (sly grin) You'll know that your magic is working on her when she tries to hit you playfully. That's your cue to spank her ass!

### (3) ROLE REVERSAL

*"I'm not that easy!"*

This one is gold. You turn the tables on her by making it seem like she is picking you up and coming on a little too strong. The key here is to be funny, but also act like you are offended by her advances. You are giving her the same runaround she is used to giving guys so she will usually appreciate your humor and attention to detail. It is great fun and sets a nice subliminal tone that will often get them to start chasing you.

*Cold approach intros*

- "Hey, you just grabbed my ass!"
- "Were you just staring at my butt?"

*She suggests going to a bar*

"Damn, the night is young and already you want to get me drunk so you can take advantage of me? Typical!"

*You discuss the possibility of relocating to your/her place*

- "Sure we can go back to your/my place, but don't get any ideas, missy. I'm not that easy! Sh!t, you gotta wine me and dine me before i put out!"
- "Let me just make it clear that we will NOT be having sex tonight. Are you okay with that?"

*She says she never has sex on the first date*

- "Whoa girl, you are moving wayyyy too fast! I'm still trying to decide if I will let you hold my hand!"
- "Hey, was thinking only the purest of thoughts...Are you trying to corrupt my innocence here?"
- "Sex?! I don't even know if you are a good kisser yet."

*You accuse her of treating you like a sex toy*

- "You know, I am getting sick and tired of all these women who only want to use me for sex." (Look disgusted)
- "I'm not just a piece of meat. I have feelings too you know!" (Look hurt and vulnerable)
- "Women, they all see me as some sort of boytoy made for their pleasure, if only they would get to know the real me.."

*She touches you*

- This is a silent C&F trick. Look at her hand and make it obvious that you notice her touch.

When she catches this, look right into her eyes, raise an eyebrow, then let a wide grin spread on your face and nod as if to say, "Aha..I get it, you WANT me!" If she is a SuperDuperHB you can say "Hands off the merchandise!"

*She asks what your plans are for the night/weekend/whatever*

- "Why are you being so shy? Just come right out and ask me out"
- "Why can't you just admit that you long to bask in the warm glow of my presence?"
- "I dunno yet ... Does this pickup line usually work for you?"
- "Are you hitting on me?"

### (4) ROLE PLAYING - "You are my new girlfriend"

Ahh fantasies, the key to a woman's heart! Marry her when she does something nice, divorce her when she doesn't get with the program. You disarm her because one second you are all over her and the next you are rejecting her. Push & Pull Baby! I use this approach quite often because it works so well on so many levels.

PUSH LINE - "Wow you are new girlfriend! (turn to others) Don't we make a great couple?"

PULL LINE - "You know, I've been doing some thinking.. I can tell this will never work, it's over between you and me."

PUSH LINE - "You are the best! We are totally getting married now!"

PULL LINE - "Wow, that is so not cool, that does it, we are getting a divorce"

PUSH LINE - "You are just too good to be true, lets run off to Vegas and get one of those drive-thru weddings!"

PULL LINE - "I hope you are rich so when I ditch you, I can take half your money."

If you are dealing with a girl you just met and approached, then keep this playful vibe going and wait for her to show she is interested. They usually do this by asking questions about you, whats your name, where do you work etc etc. Feel free to make some funny shyt up. I love to make girls guess my name/age and when they ask about my job I tell them I'm a stripper/pornstar. I do it in a way that shows I am not serious so I dont outright lie to them. Whatever you say, just remember that these chicks are used to guys trying to get all personal about their lives in the most boring ways "Well, I attended XYZ University and majored in Political Science and I currently work at XYZ Corp. and reside in ....\*YAWN!\* For crying out loud, this is not a freakin interview! If you remember just one thing out of this entire post, hammer the following phrase into your head:

## PREDICTABILITY = BOOOOOOOORING!!!

Get her laughing and wondering about you and once you have her hooked you can start...

### 5) QUALIFYING

*Combine Push/Pull and Role-playing quite nicely in this phase.*

- Are you rich? Cuz I am looking for a wealthy woman to support my career choice as a stay-at-home husband. Yes it has always been my dream to watch cable all day and...you DO have cable right?"

- "Can you cook?" "No? That's it, I am breaking up with you" "Yes? Cool, so when do you want to get married? (put your arm around her) I was thinking mid-september cuz fall-foliage is so romantic. or we could have one of those summer getaway weddings in the Caribbean and just elope...can you give massages? No? That's it, weddings off! Oh, you are willing to learn? Hot damn, you are in like Flynn!"

*You have her wrapped around your finger and are ready to ask her out*

- "Are you spontaneous and adventurous?" (99% of the time she will say yes, now is the time to challenge her and invite her coffee/club/home)

### *She denies/protests*

- "I thought you said you were adventurous. Oh well I only like to hang out with cool, spontaneous people so I guess I will be leaving now." (By this point you should have shown her a great time and are ready to close, so show her she will either get with the program or you are ghost! Be willing to walk away and show someone else a great time.)

### Effects

C&F does several great things for you. It shows that:

- You are not a pushover
- You place a high value on yourself and your time
- You are comfortable around beautiful women
- You have a great sense of humor and like to have fun
- You are confident and even (gasp!) LIKE yourself as a person!
- You are not needy
- You don't put up with \*\*\*\*-tests and can defuse them with your humor
- Most importantly it screens out the psycho-bytches who can't laugh at themselves.

### C&F TROUBLESHOOTING

Big props to Styles for these defusing tactics.

### *She gets offended by your teasing*

Tell her that you mean no offense and that in your family, teasing is a way of expressing affection.

OR

Say, "I'll tell you what, I will give you a genuine, sincere compliment" and then make some profound insightful comment that blows her away.

### *She teases you and you have no comeback*

Throw her off guard with a compliment. Say that you like a girl who can dish it out! Then tell her you think you are in love.

### *She has a huge stick up her ass and doesn't respond well to humor*

This bytch aint worth your time TRUST ME, next her with this line:

"Whoa, relax honey, I am totally joking here. But you know what I find funniest of all? How seriously you take yourself! (Then laugh at her and walk away!)"

Remember your detachment ... remain unfazed no matter what! Handle each interaction without getting attached to the outcome, good or bad. Always keep in mind that this girl is one of BILLIONS and put this sh!t in perspective.

**NOTE: This is an awful lot of material and I would never run this much C&F on any girl. Just helping you get the mindset and providing options for when you see these little opportunities arise.**

In fact, since this has been the longest post ever, I feel I must point out...

## VIII. THE POWER OF SILENCE

### *Attracting without words*

Experience has taught me that less is more. I know this seems like contradictory advice with all the verbal tips I am giving here, but trust me. Silence is a powerful tool! Try to say as little as possible while the girl spills her guts, and when you do open your mouth, make it count!

When I first started out in the field, I was deathly afraid of awkward pauses. I would spit out stories and jokes in an effort to fill the spaces of the conversation because I thought that silence = boredom. From my mistakes, I've learned that there is a difference between an awkward pause and a constructive one.

### Awkward Pause

This is when your mind is frantically searching for something else to say. You become so engrossed in this mental search that your confident body language crumbles. The girl picks up on this silent cue and you come off like a nervous wuss! So you get nowhere with this chick and end up kicking yourself. Then you reinforce your fear of silence because you think, "Damn, I KNEW I should have said SOMETHING!" Totally not seeing how what turned her off in the first place is the fact that you never shut the fuck up!

### Constructive Pause

Big difference. Once I have demonstrated that I am an interesting guy and I get her to laugh a couple of times, I totally shut up! I hold eye contact with her for a few moments of silence, then I look around, absorbing my environment and relaxing into my reality. The silence then becomes awkward for HER, so she feels the need to resume the convo. She will usually ask me questions about myself and that opens up plenty of opportunities for me to continue attracting her with my stellar personality. If she is very shy, she might not say anything, so I resume the convo by making an observation about our environment or even better, I comment on her. (clothes, hair, personality, whatever,,,people just love to hear about themselves)

### Seductive Pause

As the exchange progresses, I start to give her more and more eye contact during my pauses. It's a subtle way of making her feel like she is getting me to open up. I have found that when you shoot the old "Bedroom Eyes" too much too soon, it can make a lot of girls defensive. Eye contact can be a very confrontational thing for a lot of people. Keep the EC friendly at first, otherwise you can come off as being kinda creepy. After a good laugh, or maybe something real profound is said and there is another gap in the convo, I will lock eyes with her, then tilt my head and smile ever so slightly as I look REAL deep into her eyes. I imagine kissing her while stealing a few quick glances at her lips. If all goes well, she will mirror me and I will close in slowly for a kiss. Other times, I just resume game cuz she needs to be warmed up a little more.

### Playful Pause

Sometimes in the midst of your pause, she will ask you what you are thinking. Just keep staring at her until she is like "What? Whaaaaaat?" At this point you can compliment her and say she gives great eye contact. You can even drop some theory on her and talk about how alpha's establish their dominance with eye contact. Then challenge her to an Alpha stare-off. Be sure to make funny faces to fuck her up!

## IX. THE MORAL OF THE STORY

Don't try to pick her up. Just relax and feel free to speak your mind, crack jokes, be a wise-ass, give a compliment, whatever. If you are running a routine and you get interrupted, let the other person speak and follow a different train of thought. This is great because when the convo fizzles out you can return to what you were going to say before. Be fluid and just enjoy yourself. Get in tune with her and let the spirit of the moment guide you!

### So What's Next?

There is a time to attract and a time to seduce. She will let you know she is attracted by becoming very curious about you. It is okay to deny her the right answers at first, but once you detect her interest level rising, (she asks more questions about you) start to phase some sincere rapport into the mix. Don't be too much of a clown. Remember, balance is everything! Sometimes it takes a while to warm a girl up to you and other times she will be attracted right from the start. Learn to read her signals so you can decide when to ease up

on the C&F and actually get to know her. By this point she will be dying to know more about you. Why? Because your presence has value my friend! Well done! Now it's time to...

## 12. Building Rapport

rapport *n* 1: relation of trust between people 2: a feeling of sympathetic understanding [syn: compatibility] 3: in accord, harmony 4. having a mutual, especially a private, understanding

I used to marvel at my friend Ace. He would approach girls and they'd end up telling him their life stories and falling in love with him. I learned the most about rapport from this guy because he was a natural. He could really feel people out and even get clues about their personality and background just from looking at them.

He would make commentaries on groups of people and describe the relationship and dynamic between them based on their body language and relative position to each other. Truly amazing!

I would watch him approach and he would always give the target a good once over with the eyes, squinting thoughtfully. He would then turn to me and break her down, saying she doesn't like her job, she's probably from out of town, etc. It was amazing how spot on this guy was. He used this skill to create instant connections with people.

The secret to acquiring this skill? Quite simple really. Pay attention! People give you so many non-verbal clues that you are doing yourself a disservice by ignoring them.

### The Guessing Gaze

This is your first rapport exercise. Do exactly like Ace and make stories up about the people you see. You don't have to approach them (although you know I will recommend it for practice) Simply observe them. How are they dressed? What is their posture? Do they make eye contact? How do they react to their environment and other people? In other words, pace this person. Put yourself in their skin and try to understand where they are coming from. Develop your intuition!

### Fluff Rapport

Getting in tune with visual cues is only the beginning. People will provide a wealth of information with their words if you, that's right, pay attention to what they say. First you have to get the fluff down though, try not to tell her any of this info until she asks for it. Names, addresses, birthdays, jobs etc would all fall under this category. It's okay to divulge this info, but keep things moving along otherwise you will slip into boring Interview Mode.

### Wide Rapport

You direct the conversation to the external world and create a shared reality. After I fluff a bit, I close in on her in this broad fashion, because it is disarming and casual. We exchange simple ideas and perceptions and find things in common, and as I gain trust I circle ever closer and ultimately switch into

### Deep Rapport

You direct the conversation to the internal world and unravel the person you just met. It's amazing because when you create deep rapport you are essentially distorting time. You accelerate the process of knowing someone by reaching deep down, past their social masks and find out who they really are. It's interesting how sometimes I can meet a total stranger and end up connecting with them to the point where I understand them better than their closest friends do. I don't even do anything that special. I just *listen* and ask the right questions.

I recently met my match though. An intelligent young woman who managed to unravel my life and tell me things about myself even I didn't know! She was very sharp and asked a *lot* of questions. Normally this would annoy me, but she asked such great questions that I truly enjoyed answering them. She made me see rapport in a whole new light.

A snippet of our convo for your enlightenment:

ME: (Already talking about my self alot)

HER: This is interesting!

ME: Hey this is not fair! Here I am yacking away and you haven't really told me much about yourself!

HER: Haha! I am sorry. It's just that I am a better listener than a talker. Plus, you speak so well that I am enjoying this one-sided exchange.

ME: That's pretty funny. Though, you do realize that your silence is now telling me more about you than your words ever could...

HER: Wow. You are really a profound person. (pause) Do you find that most people don't understand you?

ME: That's a good question. Umm. Sometimes I feel this way, but I don't think it's that people aren't capable of understanding me. I think they CHOOSE not to understand me. I am pretty much an open book if you ask the right questions, as you already know. The problem is that most people are not as inquisitive as you are. They are content to only know the superficial ME. It's almost as if they are intimidated by the infinite depths I personify, so they try to fit me into their little category and leave it at that. To be honest with you, right now you know a lot of things about me that my closest friends don't know. You are a regular Barbara Walters! Just don't try to make me cry and we will be cool!

HER: Ha!

The result of this conversation? She has become one of my dearest friends and I would probably have a raging case of one-itis for her if she didn't live so far away. BTW, she is not particularly hot, HB 7 at best! She still makes me laugh and see myself in a different way every time we talk.

This is the art of rapport. Realizing that everyone has certain feelings and secrets that no one else has bothered to unearth. Unlock these emotions and you will have a special place in their hearts!

When to use Rapport

The first thing you need to ask yourself is what kind of girl are you dealing with? Also what are you looking for? Decide and adjust your game accordingly.

*Is she a party girl? Lookin for a one night stand?*

If so then the attraction you have built is probably enough to get you into her pants as long as you tease her physically and get her all worked up. In fact, I have found that party girls don't usually dig rapport. They would rather get laid than get to know you.

*Is she a nice girl? Lookin for romance?*

If so then usually attraction is not enough. She needs a deep connection with you before she will let you anywhere near her goods, otherwise she feel like a slut! This is where rapport comes into play.

Here are some techniques to help you create this connection and also improve your communication skills.

### STORYTELLING

While I use stories a lot during the rapport phase, keep in mind that this skill is valuable at any phase of your pickup. For example:

- Opening Phase - Funny/Interesting Story
- Attraction Phase - Fun/Adventure Stories

- Rapport - Defining-moments/Phobia Stories
- Getting Physical - Sex Stories (about other people of course!)

You only need two things to tell a great story:

1. interesting content
2. timing / delivery

Here is an example based on a true story:

### Set the scene

Start off in the past tense

*"The other day I got off work late cuz I was covering my friend's shift since he took the day off (that lucky bastard)*

### Create a problem or obstacle

There is no story without a conflict of some sort.

*"I stayed at the office much later than expected and ended up missing the last bus into the city."*

### Escalate the obstacle

Now you switch into the present tense to draw your listener in as you escalate the problem.

*"So I finally head out and it's pouring rain and I am cursing because my new leather shoes are getting dogged and I now have to walk the 2 miles to my house"*

### Toss in a character or two

There has to be some interaction in order to create more intrigue. Think of it as a combination of 2 people's stories.

*"As I am walking down the road, a car pulls over and this sweet old lady rolls down her window and offers me a ride"*

### Create a dynamic between characters

Define the character's relationship with each other, switch back to past tense and paint the scene with conversation.

*"So I got in and thanked her for the ride. She said she wouldn't dream of letting such a handsome young man catch a cold in this horrid weather. I thought she was the sweetest lady I had ever met. She reminded me of Ms. Winston, my kindergarten teacher. So anyways we talked for a while and I found out she was a widow who lived a few blocks away from me, which was perfect."*

### Bring the Climax

This is important ... try to spice things up by adding something outrageous in the mix. The surprise is the punchline of your tale. Without it, the story will fall flat. I often use the phrases "all of a sudden" "out of nowhere" & "I couldn't believe it when" in my tales. Switch back to present tense to re-absorb them in this experience:

*"So we are about five minutes from my place and she turns to me and asks me if I have ever dated an older woman. I laughed and said not really. So get this, she puts her hand on my thigh and starts telling me how sex with older women is amazing because of all the experience and whatnot. I get a little uneasy cuz this lady is like 100, well not really she musta been like 50 or 60, but still I am a little creeped out by her advances and just say "oh really? that's nice". We pull up to an intersection and come to a stop and that's when she pulled some drastic shyt. Can you believe that this horny little grandma starts grabbing my cack and trying to unzip my fly?"*

### Resolve everything

Your tale has to have a feeling of completion, otherwise you leave your listeners hanging and unsatisfied. I usually pause at this point and get the listener to ask "So then what happened?" A sure sign I have them hooked! To give my tale the air of finality, I continue in

## WEAPONS OF MASS SEDUCTION

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the present tense, switch to past tense, and wrap it up with future tense.

*"So I totally freak out and ask her WTF is she doing. I see her reach for the powerlocks and that was my cue to bolt! So I just threw the door open and ran all the way home. She tried to follow me, but I lost her in a secluded alleyway. Fukk, that's the last time you will ever catch me doing any hitch-hiking!"*

For a little variation, and often to avoid embarrassment, I will switch the main character of the story to someone else. "You won't believe what happened to my cousin last week!" This gives me license to have the main character do fuct up things I would never do cuz I am not that sort of guy, but wow isn't that something?

Regardless of who the protagonist is, remember that delivery is everything when it comes to telling a good tale. Be animated. Pull your listener into your story with the enthusiasm of your voice. Use a wide range of facial expressions/gestures and change your voice and posture to mimick any characters in the story. Relive the tale as you tell it!

### THE TEACHING CONNECTION

Teaching a skill to someone creates a powerful and unique bond. It doesn't have to be anything special. Hell, I will never forget the guy who showed me how to open beer bottles with a lighter. Come to think of it, I can still remember the lady who taught me how to tie my shoes.. Talk about a lasting impression!

Looking back over my life, I see that the best friends I've had were the ones that taught me something, even the silliest things always stay with you and remind you of that person.

For the sake of seduction, it is best if you can teach her something that requires physical proximity. This is why pool lessons are just plain sexy. You wrap your arms around her, ease her into the right angle and help her sink those balls. 🏊‍♂️

### SINCERE COMPLIMENTS

Use these very sparingly!

Wait for a high point, make eye contact and smile before you drop one of these:

- Tell her you are glad that you met her
- Find out the most amazing thing about her as a person and comment on it.
- If you are real smooth you will discover what her life's dream is and then tell her that you think she will make it come true because she is so imaginative, adventurous, etc, etc. remember that context is key!
- Sincerity is also crucial. You actually have to feel what you are saying!

### SHOWING VULNERABILITY

*Let her see your softer side*

Don't be so cold and stoic. She needs to see some sweetness beneath all that cockiness! Of course you can't randomly drop this into your conversation. Wait until the context is right and then you can momentarily drop your guard and reach her on a human level.

I will often talk about my nieces, how much I love them and miss them and throw in a few funny stories. Kids are great for this because there is never a shortage of funny material! Sometimes I will talk about my dog who was my best friend and how I felt when he died. It doesn't matter just as long as I reveal some emotion that I would not reveal to a casual stranger.

### GIMMICKS, FUN & GAMES

I use these regularly and it amazes me how chicks go crazy over this stuff.

The Cube

Strawberry Fields

### The Color Game

#### Palm Reading

A Basic Guide here --->> [How to Read Palms](#)

I am not a pro at this and I often just make stuff up. Sometimes the girl will catch on and we both laugh and sometimes she takes me seriously so I just roll with it. An excellent way to intrigue while you get some kino going.

Women love these games because you are making them explore parts of themselves they never knew existed. But this is not the only way you can get them to open up. There are deeper ways to explore one's psyche...

### NEURAL LANGUAGE PROGRAMMING & SPEED SEDUCTION

Use suggestive patterns in your speech in order to create a certain mind state and connection within your listener.

It's almost as if the more you read on, the more you find your own thoughts echoed in these passages. Isn't it amazing how sometimes a bunch of static text on a page can ignite the hidden truths of your mind into dazzling revelations? Yes, its all becoming clear! I can foresee that you will look back many years from now and remember this very moment as you chase my words across this page, on the brink of discovering something incredible! It was no coincidence that you have found this post. You may try to dismiss it, but it is destiny that has brought us to this place and united our thoughts! The connection is so magnetic that you simply can't peel your curious eyes from this page. It is pointless to resist, for you are only human and curiosity is what makes being human so exciting! Don't you enjoy the thrill of something new? Have you ever been so bored out of your mind that you were just waiting for something .... ANYTHING to happen? Yes, I can sense your longing. I know you feel me!

See what I just did here? And that is just text! Imagine you are some unsuspecting chick and I am in your face with a similar rap, dropping more sensual stuff (sounds, smells, sights, feelings) in the mix and emphasizing words like LONGING and FEEL with my touch. This is called

#### Anchoring

You touch your listener when you want her to associate a certain idea with you. Does it really work? I have no idea, but I will use any excuse to touch women! 😊

Other NLP tactics that have worked for me:

#### Time Distortion

You take your listener on a journey into the future and look back on the present moment, implying that RIGHT NOW is the start of something great and memorable! You can also create a hypothetical future where the two of you have a great time together. Kind of like after you read this post...you will feel all warm and fuzzy, charged by the knowledge you have gained. Then you'll go out and meet people and show them what a funny and cocky guy you are. Then you'll come back home elated and type up a nice field report to pass the inspiration along. Ahhh, good times!

#### Eliciting Values (EV)

Find out what is important, interesting, or exciting to the other person and get them to describe them. You can also discover the qualities they admire in people. More important of all, find out WHY the value these things. Get them to describe sensations and get them to relive these experiences and interactions and anchor them to you. Talk about FEELINGS and when she says something insightful, be like "OMG, I was totally going to say that" and create a shared moment.

### THE PATTERNS

This is where NLP starts to lose me a little. There are literally hundreds of patterns you can memorize and I am not saying they don't work. In fact they work very well! The problem I find is in the memorization process. It makes my interaction feel more contrived and robotic and I don't enjoy the exchange as much as when I am just flowing with the convo.

However, there are a few key patterns that I enjoy because they always lead to interesting and often seductive conversation. Remember to learn these but speak them in your own language. Personalize them! Here are my favorites:

#### Natural Woman Pattern by Mindlist

"Do you think most men know what women really want?" Of course, she'll just laugh.

"I think most men might THINK they know, but I think almost every man makes one, huge, critical mistake when it comes to women..." (Now THAT should get them intrigued.)

"The mistake is that they don't recognize that in each woman there are actually TWO women... the natural woman and the culturally programmed woman. The culturally programmed woman is the one with all the rules and all the roles... all the restrictions, constrictions... all the shouldn'ts, shoulds, don'ts, can'ts, mustn'ts...etc.

But the natural woman...that's the woman right there at the core... where you keep your most exciting memories... where you ponder fantasies... daydreams... amazing possibilities... the things you'd do if no one were watching and no one... even your best friends... would ever, ever know about...

Most men just do things that trigger the culturally programmed woman... But when a man... a rare man... can touch a woman in that special place in all those special ways you LONG to be touched... in ways you maybe even can't admit to yourself... then WOW... an almost complete transformation takes place... and you start blossoming way beyond what you ever even thought possible.

So I think the smart man is the man who has the realization that that place is there... waiting and longing... even despite the fact that women often have to lock all of that away... and yet they are still there...

#### Incredible Connection Pattern by Ross Jeffries

Drop this one only after you have attained deep rapport and you can tell she is really digging you.

"You know (pause thoughtfully) Just standing here... talking with you... I have an intuition. That when you connect with someone... someone you really like... someone you're really attracted to who makes you feel that click... right there... you know that sense of just feeling totally drawn... like you've known this person forever... like you were meant to know them.... a big part of it is that recognition that you can RELAX and laugh with this person... can you feel that (touch her and anchor the feeling)... is maybe how it works?"

#### Señor Finger's Closet Nudist Pattern

You can even make up your own patterns out of your life experiences (or the lives of others if you are a boring twit) Here is one of mine, long but effective!

You know what is one of my favorite things to do when nobody is watching? (pause for response) I love to dance ... naked in the rain. (she responds while picturing me naked 😊) Yeah, I think that at heart I am a full-blown nudist actually. (pause and nod for effect) As a kid I would often embarrass my family when we went to visit friends. We'd show up at their door all cordial and polite and not five minutes later you would see a trail of clothes around the house. A shirt here, a shoe there, my Superman Underoos! (always gets a laugh) You can imagine our friends' surprise to see a 4 year old kid running around with his schlong flapping in the breeze (point to schlong and she laughs again) Hehe, the funny part is that I

still indulge once in a while. Well, I don't strip at people's houses anymore. But when it rains, I like to go up to my roofdeck and get in touch with my inner nudist. (pause for reaction) The best is in the summer, when the weather gets all sultry and humid for days and you just get all hot and bothered. The thunder rumbles in the distance and you can feel that electricity in the air (softly graze the skin on her arm with a tickle). Finally the skies turn black and let loose buckets to quench the thirst of your every pore. At this point you don't care who sees you because there is nothing like the wild exhilaration of dancing free beneath thunderclouds! (Shake my head and make the "Mmm" sound like I am experiencing it right then and there) But you can understand why I keep this a secret. Not everyone is open minded and comfortable to be sitting next to a closet nudist.

Sometimes she will eye me up and down and I will accuse her of undressing me with her eyes. (she will usually blush in response)  
Other times I flip it by asking her what she likes to do when no one is watching.

### This Sounds Dumb

Yeah, I kind of agree with you, but it really does work. NLP is not for everyone though. If the mechanics of this approach turn you off, then maybe you can try out...

### JUGGLER'S METHOD

In the last few months, I have found myself gravitating towards this low-key style of rapport-building. I still use patterns every once in a while when I stall, but this method is more freestyle and congruent to my personality.

### Advanced Storytelling

It is pretty easy to tell a good story when the tale is exciting or unusual. To make it to the next level though, Juggler encourages us to make the most mundane things sound interesting. You know you are good when you can make doing laundry sound exciting. Try this exercise. Every day before you go to sleep, write a short story about your day. Just one paragraph that captures the highlights and try to make it sound interesting. Make each day of your life into a fascinating tale and share it with others.

Even on your off days when you feel crappy, talk about these feelings in an artful way. In short, be genuine and at the same time infectious with your wit. Talk to strangers every day for practice and you will see what material works and what doesn't. Ask people how was their day/weekend and it provides an excellent opener for you to weave some story magic!

### Elicit Curiosity

Speak passionately about your life. Hook her curiosity so that she starts to ask you questions and pursue you. The essence of this approach is to make it seem like the whole seduction thing was her idea. Paint vivid pictures with your speech. Try to revolve your convos around FEELINGS. Inject emotion into every story you tell. Make personal insights into the stories she tells you.

Present your life as an adventure that she was fortunate enough to stumble upon. Talk about sights, sounds and delicious food in graphic detail. Steer the convo towards exhilarating physical activities. Then talk about kissing. Kino and close!

### Leading Values

Same principle as Eliciting values, but totally in reverse. Instead of conforming to her values and becoming her dream guy, talk about your values so passionately and she will adjust herself to you. It helps if you actually have a passion in life! I couldn't imagine trying to fake this.

### Making Statements

Statements are stronger than questions. They are risky because you tell a person who you are and what you are about without knowing if they will accept you. In this way you are

demonstrating courage and strength of character. On the other hand, questions tend to be weaker. You are trying to gain approval and most people will get defensive if you ask too many questions.

### Assuming Friendship

Steer clear of factual questions. (Where do you live/when is your birthday/etc) Would you ask these questions of a close friend? Of course not, because you already KNOW them. Every time you ask her about her age or where she lives, it is a reminder that you are a stranger getting to know her. Its okay to ask a few tactical questions to find out if she lives alone, etc. but don't interview her! Assume that the intimacy is already there, and she will do the same

### Interesting Questions

When you finally do ask questions, make them count.

- If you could spend your life doing one thing, what would it be?
- What type of person makes the best lover?
- I like a woman who can cook well. What's your best dish?
- If we were a couple and I wanted to hang out with my friends till 2AM, how would that make you feel?
- How would you seduce a gay man? (be prepared to tell her how you would seduce a lesbian)
- How do you feel when you meet someone who you are instantly attracted to?
- If your life was a movie, what rating would you give it?

The above questions are great because not only are you qualifying her and making her jump through your hoops, but you have a chance to answer your own questions in your oh-so-smooth way! (Make sure you have great answers prepared)

### No Bullshyt

Speak your thoughts. Don't treat any topic as taboo. If you and her are together and you see another fine young lady walk in, comment on it! Say, "damn she is fine!" and ask her which guys she finds attractive. Make a game of it and see if you can guess who the other person might be attracted to. This is an excellent way to elicit her values and at the same time show how laidback and direct you are.

Talk freely and comfortably about sex, but don't dwell on it. Keep the conversation flowing and just be so straight up that you are a breath of fresh air in a sea of phony people. Brings to mind one of my favorite Juggler quotes of all time:

"There is no art to lying. Telling a fib is easy. Making the truth exciting is art"

### RAPPORT TROUBLESHOOTING

I have faced a major pitfall in the rapport phase. There are far too many times when my convos go down perfectly but I end up botching the whole thing because I never get out of rapport mode. I get so involved with exchanging stories and dropping patterns that I sometimes neglect the power of kino and eye contact, the 2 biggest ways you let a honey know you are interested, cuz otherwise its all just good conversation amongst *friends*. This where you could benefit from a dash of...

## 13. "Mmmm...Sensuality"

Of all the obstacles I have faced along the way, getting physical with women was by far the most difficult. In fact it is a huge sticking point for me, and I still struggle sometimes. I attract a girl, get some awesome rapport with her, sometimes even end up in the same bed with her and then just freeze up, unwilling to make my move. I would often hear a voice in my head trying to push me, "WTF are you waiting for? She's READY!! GO FOR IT!!!!" and I would still not do a damn thing! I was afraid my sexuality would offend her.

Yes, it's true.

How crazy is that? I actually believed that only I wanted sex and she was doing me a favor by "giving it up". I fell prey to one of society's most deceptive myths.

### THE PRUDE MYTH

*"Women don't like sex. And the ones who do are not women...they are SLUTS!"*

Newsflash: Women love to fukk. LOVE ... IT! Probably more than you! Think about it.

Can you have wave after wave of multiple orgasms for hours?

Are you capable of having not one but several distinct types of orgasms?

Do you have an organ designed solely for sexual pleasure that is ten times more sensitive than a penis?

Do you scream and convulse in ecstasy when you climax, begging for more?

Yeah, didn't think so!

So if women are obviously capable of levels of pleasure we can only imagine, then why does getting them into bed often feel like you are breaking into Fort Knox?

The problem is the social stigma they are trying to dodge. Most girls would rather die than be labeled a slut. So they build these little obstacle courses for you to jump their hurdles and shy. So therein lies our challenge. How do we break through this barrier? Well, let's review

1. Approach - She admires your confidence
2. Charm and Attract - Your playful vibe just brightened her day
3. Pass shy tests - She is impressed by your persistence and disarming humor
4. Push / Pull Qualifying- She digs your high standards and your sense of mystery.
5. Rapport - She trusts you and there is a connection between yall.

At this point if you don't make your move soon, the window of opportunity will close and you get the dreaded LJBF. Go for the kiss close but also realize that some girls will just flat out refuse to bone within the first 2 or 3 meetings. Patience is a good thing, as long as it is accompanied by persistence! Assuming you have gone through the above phases, it is safe to say that she is interested in you, and there is definitely a connection there, so now what?

This is where the game needs to switch to the other side of your brain. You have to switch gears into Sensual Mode!

### The Power of Instinct

Of all the inventions and ideas that the human race has brought to life, there is one thing we have always excelled at....sex! For thousands, if not millions of years, we have been very fruitful and multiplied like roaches. Our DNA is encoded with desire. We all long for the touch, scent, sight, sound and taste of a lover. One of the ways you break the barrier is to tap into this primal essence. Forget you are a civilized person or a minute and project your...

### Sexual State

All you have to do is make polite conversation while you let your body communicate messages of desire. The first step is to actually become aroused yourself. When you talk to that HB, imagine all the lurid things that you want to do to her. Let your hottest fantasies go buck wild in your imagination. The beauty of this is that you keep the conversation casual, yet there is this erotic undercurrent that shows in the tone of your voice, eye contact and body language. Women pick up on these cues and will either respond favorably, or not. When faced with a frigid bytch, all you have to do is move on to the next. It's not like you invested any time or emotion into her. All you did was fantasize!

### Neutral Conversation

It is great to get all profound sometimes, but when you want to escalate things physically, you don't want her mind to be so engaged that she is too absorbed in the convo to get freaky with you. After you have a nice rapport going, let the conversation lighten up a bit. Talk fluff while you escalate kino and sexual state.

### Proximity

Slowly draw her closer to you so that you can soften your voice and touch her more. Don't crane your neck and lean in, try to get your bodies to touch.

### Sensual Rapture

When you are up close and personal, get lost in your senses! Really enjoy the pleasure of the slightest touch. Tell her she smells good and close in on her to smell her neck. This drives them wild! The trick is to just let yourself go. Be bold and caress her body to see how she reacts. If it is a bad reaction, pull away and distance yourself until you can warm her up with your words. If it's all good, then escalate!

### Triangular Gazing

Maintain eye contact with her while you steal furtive glances at her lips and neck. If you want to test her receptiveness, brush some of her hair away from her face, like a lover would, and if she doesn't flinch or break eye contact, she wants to be kissed! Tilt your head and close in slowly.

### Isolation

You can get away with a lot of these moves in public. But they are much more effective when you get her alone. Here are some ways I like to get her back to my place (or her place):

#### Are You Hungry?

Tell her you are starving and ask if she has any food at her place. If not, then either invite her to yours or to a restaurant within walking distance (less pressure). If she does, then get her to describe what she has in the fridge and qualify her a little, asking if she can cook, and what dishes she could whip up for you. Field tested with great results every time.

#### Let's Go Over Here!

Simple. Just take her by the hand and lead her to a more private place. Get her worked up and pull away from her as you breathlessly say "My place or yours?" Then shut up, make with the bedroom eyes and let her decide. If she is not 100% ready, tell her it's no problem. Get her worked up even more and turn up the heat before asking again.

#### I Wanna Show You Something

It doesn't matter what it is, just give her a non-sexual excuse to go to your place. I happen to be a musician so I ask her if she wants to hear some of my original music. Other times I can win them over with my massage skills and promise them a professional massage when they come over. Of course they have to do something to earn the massage, otherwise I look a bit creepy, which is where I make use of...

### THE BARTER SYSTEM

One of the biggest mistakes I used to make was I would do girls favors for free. I'd give them massages and expect nothing in return, thinking my good deed was enough to win them over. WRONG! People want to feel they have earned your favors. So don't cheapen your deeds by doing something for nothing! Work out a trade. My favorite move is to tell girls I will teach them how to massage as long as they promise to practice on me. I then give them a 5 minute massage lesson, explaining all my basic moves as I go along. Then they give me a massage and I critique them and show them some advanced moves. (wink, wink) You can trade anything for a favor, just use your imagination and you can come up with plenty of arrangements and excuses to get her back to the pad.

### Phase Shifting

This is when you transition into physical stuff. Think of these as Trojan horses, a few innocent routines that you can use to your advantage.

### Style's Evolution Routine

Start talking about attraction and tell her that evolution has wired us to get aroused by certain things. Then say "For example, feel this" and run your hand up the back of her neck and grab a fistful of hair and gently pull it downwards. She says "Mmmm" and you say "See?" Then get her to sit closer and talk about the mating rituals of animals and how they always sniff each other. Smell her hair and neck real slow and sensual and say how she smells good. Playfully bite her neck and get her to do the same to you. Even if you don't get a kiss right there, she is definitely gettin warmed up, so keep it goin!

### Dreamweaver's Kiss Pattern

Make eye contact and Triangular gaze as you drop this:

"You know that moment right before two people are about to kiss? Don't you wish that moment could last forever?"

### The Infamous Tickle

Great for girls who are sleepy or just not excited. Tickling can be very arousing and it's even better if you can get her into a wrestling match as you try to tickle each other. There is always that inevitable moment when you are both done laughing and look breathlessly into each other's eyes. Yup, time for some tonsil hockey!

### Ass Kino credit: Hedge Killa

I only use this one if I think the girl is cool and comfortable with me. (read: DON'T use this as an opener!) All you do is blatantly grab her ass and say "Wow, that thing is incredible! NIIIIICE!" When she objects, say "I'm really sorry but I can't help myself, it's just so amazing" and keep feeling her up with no shame. I thought this move would get me slapped in the face, but I found that most girls actually got turned on and would even start grabbing my ass! Sweet! 🍑

### Señor Fingers' Killer Hug Massage

Hug her and place your hands flat on her lower back. Position the tips of your fingers so that they are spread out and run along both sides of her spine (you want to massage muscle, not bone) Pull her close and squeeze her body towards you gently and keep your hands pressed firm and flat against her back as you "drum" your fingers. You do this by pressing with your pinky first, then add ring finger, mid finger, etc. Drum a few times and then slide your hands up an inch or two and repeat. Work your way up her spine to the shoulder blade level, then inch your way back down to the lower back above her ass. Whisper in her ear that she has a lot of tension in her lower back and you have a trick that works wonders and that she should trust you. Does she trust you? Okay good.

Now you have to do this part quickly before she objects. Get a firm hold of her ass, supporting it from underneath and lift it up. If she bugs out, run the Ass Kino routine on her. If she is cool then continue on. With both cheeks in hand, gently vibrate your hands as fast as you can. This totally relieves that lower back tension that she has from carting that

ghetto-booty around all day. Every girl I do this to tells me it feels amazing. A nice advantage of this is that I often get turned on and they get to feel the raging boner through my jeans. At the same time I let my lips brush against her neck and go for the kiss. They LOVE this! Try it out when you have her isolated and she is yours!

### The Kino Progression

I don't stick to formulas cuz every situation is different but this is how I usually progress with kino. Remember that if you want this progression to come natural, NEVER EVER look at what your hands are doing. Keep that eye contact going as you explore! Notice how I escalate and retreat. I do this all the time and vary the number of my retreats based on the warmth of her responses. This process can span 20 minutes or a couple of hours, depending on how receptive she is.

- Touch arm or shoulder to emphasize a point
- Touch her back lightly as you ask her to repeat something she said.

#### Kino Retreat (no touching at all for a few minutes)

- Let your hands brush her neck and ear as you admire her earrings.
- Touch her waist and if she says something feisty, tickle her!

#### Kino Retreat

- Do a fake palm reading
- Holding hands
- Holding hands while tracing soft patterns on her palm
- Holding hands with interlocked fingers

#### Kino Retreat

- Casually let your hand rest on her lower thigh above the knee
- Squeeze her thigh as you make a wise-ass comment

#### Kino Retreat

- Get her to kino your bicep. "Feel this muscle. I am PUUUMMPED (said in Arnold voice)"
- Make her flex so you can feel her muscle.
- Act all impressed by her muscle tone and blatantly feel her up all over while saying "Mmmm..Nice!"

#### Kino Retreat

- Wait for her to pass one of your qualifications and then tell her she is your new best friend and give her a hug.
- Pull away after 2 seconds and act unimpressed and say "You call that a hug? Please. THIS is a hug!" (If you are sitting, then stand up and take her hand so she stands too)
- Hug her real tight (not too tight) pull her close to you and do the massage hug trick.

#### Kino Retreat (unless she is getting horny! Then you shift to tri-gaze as you caress her back)

- Tell her she has a lot of tension and gently massage the back of her neck.
- Let your hands run down her back and feel her ass up and say "OMG, this is where all the tension is!" Run the Ass kino Routine on her.

#### Kino Retreat

- Do Style's Evolution Phase Shift
- Bite her neck playfully while you sniff her.
- Hold both her hands and interlock your fingers.
- Triangular Gazing

At this point she is more than ready to be kissed!

### Being a Tease

Start your kiss off slow with no tongue. Tease her with light kisses and progress naturally. Gradually kiss her more intensely and then pull away from a kiss entirely. Deny her the pleasure until she is aching for it! This makes her sizzle like a steak on the grill because you are giving her morsels of pleasure, and then take them away...it's a push/pull process that mirrors the in & out nature of the sex act itself. Do this at every stage of escalation.

- Run hands all over her body without touching her breasts but get real close to them

## WEAPONS OF MASS SEDUCTION

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- Massage her ass and run my hands up and down her back
- Get the shirt off and massage the breasts as I kiss her, but no nipple touching
- Don't touch her at all as I blaze a fiery trail of kisses down her neck to the tops of her breasts
- As soon as my lips touch her nipples, I let her feel my hands roam her body again
- Tease the nipple with soft kisses and then stop, go back to french kissing. She will be REALLY into it now.
- Now work your way down the other side of her neck and do the same thing to her other breast except this time, gently suck on the nipple for a few seconds as you caress the back of her neck with your fingertips. (Always remember to multitask!)
- Get her pants off so she is in her underwear. (You are still fully clothed)
- Kiss her while caressing her inner thighs with one hand.
- Keep inching closer to her sweet spot and just barely graze it with your fingers. Often times she will take your hand and put it exactly where she wants it.
- Finally strip while kissing her passionately.
- Once in your underwear, lay on top of her and let her gasp at the shock of so much skin contact at once.
- Switch places with her so she is on top and let her kiss you all over.
- If you get a BJ, return the favor, if not then just finger her until she has almost has an orgasm, then stop.
- Always make her long for more.

Master this technique as you progress and you will find that women will become the aggressors in the bedroom and will often leave you feeling like you have been used! 🤖

Nice Work!

Well I'll be damned! You were once afraid to talk to women and now you can get lays off of street pickups. Impressive .. congratulate yourself!

But don't completely flatter yourself until you confront the challenge of challenges. Prepare to face the den of circling sharks! Haha..it's really not that bad, just a different approach when you are...

## 14. Hitting the Clubs

The night scene presents some unique challenges for the budding Don Juan. Girls are dressed to impress, guys are swarming around them like flies and the bytch shields are way up. What's a bro to do?

Well, as a Disc Jockey, I consider myself somewhat of an expert on this subject. So here's my 2 dollars worth of advice.

### Rule #1 - Perfecting your groove

Decent dance skills are a MUST! Take some classes, or do what I did and make friends with dancers and learn by observation/mimicking. Practice at home in your undies (a la "Risky Business") Oh, and its not gay if you buy a full-length mirror to perfect those moves..all professional dancers do it. Whatever you do, make sure you dont fall into the zone of the two-step Wanker Shuffle, You know, those guys that only step from side-to-side all night long. Learn to do some turns, twist those hips to the beat, VARY your movements because dancing is a sexual analogy. Many girls read this as

Repetitive dance moves = boring lay

Evolving dance moves = multiple orgasms 😊

Most importantly, go to clubs where you are actually FEELING the music. It is imperative that you have a GREAT time while you mack!

### Rule #2 - Dealing with dancing targets

Start with eye contact when you are at arms-length away. Lock eyes and smile while you dance. DON'T take your eyes off her as you approach. Fear should not be a consideration because at this point you are having the time of your life, remember? Keep escalating things and don't give her a chance to change her mind (3s rule) Get closer to her and keep that eye contact/smile. Once you are in her personal space put one hand on her waist. If she is cool with it, draw her closer to you until your legs are intertwined.

Dont hump her leg! Twist your hips to the beat and get her to follow your movement until you are synchronized. You will get a nice sensual grind going for a minute and then pull away slowly while holding her hand. Always be the first to break away from the grind. You dont want to come off like a desperate loser!

FOLLOW the music. Raise your arms at the peak moments of the song. Lip-sync the songs as if you are serenading her. Girls eat this cheesy stuff up.

Make eye contact, take both hands and touch her sides right above the hips. Don't touch her ass or tits. Twist your hips as you lower your body and let your hands slide down the sides of her thighs. Twist your way back up and let your hands trace her sides until you reach her ribs then have her raise her arms and run your hands all the way up to her hands. Do this a few times and then stop with your arms raised. It's amazing but every girl I have tried this on always takes her cue and starts to feel ME up! They really seem to enjoy this!



Now you slow the pace of the dance and lay on the EC real thick. Do triangular gazing by looking at her eyes deeply while stealing furtive glances at her lips. I sometimes bite my lower lip a little since it is a nonverbal way of saying "Damn, I am so hot for you". If you have made it to this point without any resistance, you are almost guaranteed a kiss. If you are unsure if she is ready, don't push your luck. Tease her until she really wants that kiss! Which brings me to.

### Rule #3 - Use Takeaways. They work!

I have had the best success with takeaways. I will be dancing and having fun with a girl for a while and then I just leave and find another girl to dance with. Girl A sees me dancing with Girl B and can't help but feel a bit jealous. Later on when I return to dance with Girl A, she is all excited to see me and she will often get more aggressive to keep my attention.

One of my fave takeaways before I head leave my target is to lick my finger and place it on her hip or shoulder and make that PSSSSSHHH sound like she is hot as hell. They always love this and giggle like crazy! Work the whole club like this and dance/talk to as many people as you can. Give hi fives all around and just be in full party mode. If you are feeling totally closed and self-conscious, then have a few drinks to loosen you up. (I said a FEW drinks! Don't get all sloppy on me now. Drink plenty of water as well so you stay sharp and avoid headaches.

### Rule #4 - Actions speak louder

Talk is cheap and clubs are TERRIBLE for convos. I have picked up girls without saying more than a few words to them. Those words are usually, "Let's ditch this joint and go to the VIP afterhours party my place 🍷" They come to my place with zero rapport because

(A) kino beats rapport any day, especially with party girls in a place you usually have to scream to be heard

(B) They are already turned on by my dancing/confidence/spontaneity.

If you must blabber, get her as far away from the speakers as possible and put your mouth close to her ear and you hand around her waist. Deepen your voice and let your lips grace her earlobe every once in a while. A lot of times she will circle her arms around you and you get full body contact (Does the light get any greener?) Time to isolate.

### Rule #5 - Keep your head up!

Don't get discouraged when you are turned down. It is easy to let these things get to you and you will feel your energy drained. This is why I suggest going to a place with good music, it will keep you pumped because the girls are just icing on your fun cake! Got turned down 5 times in a row? It's just tough luck, man. This is a numbers game so keep it moving and dont take sh!t personal.

Occasionally you will get a good vibe with a girl and then something will happen to separate you (c0ckblock or whatever) Dont sweat, it..Keep her on the back burner for the night and dance with some other lucky ladies. Remember that it's a big turn-on for her to see other chicks having fun with you. Circulate your attention and keep visiting your top picks. Persistence destroys resistance!

I could keep writing but I am tired from last night's partying. I came up with a nice C&F routine on the fly though and I will leave you with this:

The house lights went on and all the bouncers were kicking us out. I spotted this hottie I had danced with previously...

ME: Hey, So where are you headed now?

HER: I am so tired, I am going straight home.

ME: Do you live far?

HER: Not really I live at XYZ.

ME: Cool,...damn you really do look tired (rub her shoulder) You are going straight to sleep aren't you?

HER: Yeah I am pooped.

ME: You sleeping alone tonight? (sly grin)

## WEAPONS OF MASS SEDUCTION

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HER: (smiles back) Yes.

ME: Really? With all these handsome guys here tonight (point to self) you couldn't find anyone to take home with you?

HER: (laughs)

ME: Now that's a crying shame.

HER: (laughs and shrugs)

ME: Tell you what, I am heading out as well and your house as on the way (blatant lie), let's split a cab!

HER: Sure!

We fluffed a bit in the cab and I put my arm around her because she was cold. I talked about how I love parties and the rush of excitement I feel when I am dancing. As if I am making love to the music and we are one. She was totally DDB on me as we pulled up to her apartment. I asked her if I could use her bathroom because I couldn't wait till I got home. She paid the cab driver and I told him to wait for me. The poor bastard never saw me again!

Ahhh, party girls will always have a special place in my heart!  
I recently hooked up with my first HB10 at, you guessed it, a party.  
Check it out...

## 15. Seducing the PartyGirl

The big question is how do we integrate all the tactics we have learned?

The big answer is practice, practice, practice.

I have failed many more times than I have succeeded and still get rejected or LJBFed sometimes, for I may have a good intellectual grasp of this stuff but I am definitely no seduction master! Well sometimes I am and sometimes I'm not. It depends on my mood and my target, I reckon.

I tend to have the best luck with party girls. It helps to be a DiscJockey and I admit it is an unfair advantage. So, in the spirit of fairness, I recently went out without my DJ social proof and had to tackle these chicks from the level of mere mortals.

Hope you enjoy the FR...

### Preparation

It was Friday night and after a week of putting in overtime at the job, I was dying to get out and socialize. One of my buddies was DJing at a club that night so I decided to get dressed up for dancing. After a hot shower I blasted some De La Soul on my stereo as I dried off and threw on my black italian buttondown shirt with my grey linen pants and polished my black boots. Topped it all off with my black Kangol and I must say I was looking very sexy! Satisfied by my handsome reflection, I spritzed myself with some Kenzo and bounced to the club.

I got there early, because lately I enjoy an open dance floor and the opportunity to chat up the staff. Sometimes I make friends with the bartenders and they bless me with a few free drinks. So I just do my thang for a while till the place starts to fill up and I spot my first target of the evening.

### The Target

She was short, tan and fit with shoulder-length black hair, exotic features and the round ghetto-booty for which I am a fiend. She was dressed to impress with a halter top that revealed her soft, yet defined abs and highlighted her luscious breasts. I am one picky guy but I had to hand it to honey. She was a straight up 10, and she knew it. I watched her dance with guys and then snub them if they got too close. (((WARNING :: WARNING :: ATTENTION HOE!))) I took mental notes and shifted my attention to a HB8 that just walked in.

### Social Proof

I got my dance on with HB8 for a while. One of my favorite songs came on so I started doing fancier moves, spins etc. That's when HBLatina noticed me and started dancing closer. Ha!! As if I am dumb enough to play her games! I just ignored her and danced with another girl HB6 for a while. It was fun because HB6 was a good dancer and I upgraded her to a 7 for this. Every once in a while I spot HBLatina out of the corner of my eye and she is watching me.

### The Opener

The song ended and I finally turned to HBLatina and smiled at her. She smiled back and opened ME, asking if she knew me from somewhere. I told her it was possible since I was a such a legendary party guy. We chat for a minute and then I spotted a friend of mine I hadn't seen in a while so I just left her there to greet my boy.

### More Social Proof (Extra Spicy!)

Hours passed and I had a great time. I danced with almost every girl in the club and got a few numbers for the hell of it. A girl I had flirted with last weekend was there and I got a

nice make-out session by the bar. I pulled away from the kiss and noticed HBLatina was staring at us. I shot her a wink and turned around since my friend behind the bar bought me a drink. She comes over to the bar to order herself a Whiskey & Coke and stands right next to me. So I invite her to an afterhours party my friend is spinning at. I was about to give her directions when her friend offered us a ride. I was like "cool" and we bounced.

### Red Flags and Rapport

On the way to the party we got lost so there was time for us to talk. Well, she actually did most of the talking and started spilling her life story to me. It was weird because whenever I would respond to her, she would just ignore me and keep talking. Yup, definitely an attention hoe! I just listened and nodded politely the whole time. At least her story was interesting.

### Demonstrating Value

So we finally get to the jam and it is packed. My boy showed up with a few of his percussionist friends and they invited me to play with them. I have taken an interest in percussion lately and have gotten pretty good on the congas. So I jam with them for a while and HBLatina is dancing for us, sticking her ass in our faces, the whole nine yards. I finish playing and decide to lamp out on the couch and roll a little joint for myself. HBLatina slides next to me and tries to take off my Kangol. Pfffft! This chick is delusional!

### Neg Hit

She gets flustered when I don't let her wear it. I tell her I never let strangers wear my gear and besides how do I know she doesn't have dandruff or lice? She laughs at this and still persists, hoping I would change my mind. I don't. So she gives up and goes off to dance. I smoke a little bit of the joint and clip it because I don't like to get too blasted and I wanted to dance some more.

### Detachment

The music is really good so I roll over to HBLatina and start to dance with her. I don't touch her at all, merely follow the flow of her movements so we are synchronized and I toss a few spins into the mix. She is loving the attention of course and we both have a good time. I get thirsty and decide to grab a drink. I forgot about her when I met some more friends and chatted for a while before I went back to the couch and started playing congas again.

### More Negs

HBLatina sits next to me and asks if she can play. I ask her if she knows how and she insists that she does, being Cuban and all. So I tell her to take her rings off first and then I let her play a few bars and she is TERRIBLE. I even try to give her a quick lesson, but she really has no skills, so I tell her she sucks and cut her off from conga privileges. She tries to pout and get her way but I don't let her and tell her she is annoying me and she finally leaves.

NOTE: Normally I wouldn't be this big of a prick with such a fine young lady, but this girl needed to be taught a lesson. I could tell she was used to having guys obey her every whim and I was not about to play that role!

### A Fair Warning

I leave the dancefloor and hit up the chill-out lounge to smoke the rest of my clip. I run into one of my boys and he warns me about HBLatina, saying she is the worst còcktease he has ever met. I assure him that I am the one teasing her and he just laughs at me, shaking his head.

### C&F Role Reversal

He went off to get drunk so I sat down and sparked my joint. HBLatina showed up again. She sat next to me and asked if she could have a puff. I just looked at her with a deadpan expression for a few seconds before I said, "First you want my hat, then you want my drums, and now you want to smoke. Who do you think you are that you deserve all these

things?" She pulls closer to me and wraps her leg around my thigh. I just look at her leg for a second and raise an eyebrow as I ask if she is comfortable. Her face was priceless! She didn't know what to do with herself so she took her leg off of me and asked again, saying she hadn't smoked in ages and the chronic was smelling so good. I decide to have mercy on her, but not without teasing her a bit more.

### Teasing

I take a puff and eye her for a minute before I wordlessly pass it to her. She gets all happy and puts her leg back on me. As she passes the joint back I start massaging her leg and she is loving it. She asks where I learned massage and I tell her I am faking it and don't really know anything about massage. I give her the sly grin as I slide my hand to her back and give her neck a quick rubdown. She lets out a slight moan and I stop abruptly. She begs me to continue. I don't. She says I am the meanest person she has ever met. I tell her she is lucky she got anything from me.

### Calling her on Bullshyt

So she decides to pull out all the stops and says she will give me a handjob for a massage. I laugh at her and politely decline. She tells me she likes me and wants to fuck. (her exact words) I tell her I don't believe her. She insists that she wants some action so I tell her talk is cheap and to prove it by coming home with me right now. This shuts her up so I leave her there to go dance some more.

### The Shyt Test

She sees me dancing with my friends but I ignore her completely. I can tell it is driving her crazy! I work up a bit of a sweat and decide to head outside for some air. HBLatina follows me and asks if I am leaving. I told her I was going to pretty soon and she was welcome to join me. She started freaking out saying that she really did not want to have sex and she was just a flirty person etc etc. I told her to relax and that I was not the one who brought up sex. I went on to say that I am a natural, chilled out guy who likes to go with the flow so let's not think about what we will or will not do to each other. At the very least, she could just enjoy one of my massages (as long as I got one in return). I gave her neck another rub to anchor my proposition.

### Push/Pull Kissing Technique

She was still unsure and said she needed more incentive. She got all close to me so I took the hint and closed in for a kiss. We went at it slowly and passionately until I pulled away. She was in a breathless daze as she asked for seconds. I just looked right in her eyes in silence for a few seconds before closing in slowly again. This time as I drew her closer, I ran my hands up and down her back and neck, caressing her. She got into it and we made out more intensely with ass-grabbing and all that funstuff until I pulled away again. She asked for thirds but I denied her, saying she would have to get it on the way to my crib. We ended up calling a cab because her friend wanted to stay and party some more. The taxi arrived and we sped off into the approaching dawn.

### The Final Test

All I could think to myself was "YES! my first 10! I am the fucking Mack tonight!" as we pulled up to my crib. But it all fell apart on me when she told me she wanted to go home. My heart sunk in my chest and I was like "Damn, I am such a chump. I can't even defeat this last minute resistance. FUKK! I knew it was too good to be true!" But I didn't let my disappointment show at all. I turned to the cab driver and was in the middle of telling him he needed to make a second stop, when she interrupted me and said she would come up to my place. Another shyt test? Guess I passed it!

We got upstairs and she attacked me in the hallway, kissing and grabbing me all over and I told her to chill because I needed a shower first. She invited herself along and

The rest is history.

### Final Analysis

I don't think I have ever done as many takeaways in a single pickup. But this chick was a raging attention fiend so I had to pull some drastic shyt. It's funny because throughout this exchange, I never once thought to myself "Oh, this is where I will do a takeaway" or "Oh, I think she needs a few neg hits" I just did what felt natural, something that makes me laugh because this was NEVER natural for me.

Writing this report had me smiling because it's only AFTER the fact that I realize the mechanics behind the flow. I wrote the whole thing out at once and then went back to see what I did right and found that just about all of my moves were textbook, hence all the subtitles.

It wasn't always this way. A lot of times a chick would shyt test me and five minutes later I would slap myself in the head because I realized what she was doing. But with practice, my reaction time got better. Experience is the master of all teachers!

This pickup was actually easy for me because it only lasted a few hours and I really didn't care if we hooked up. I just wanted to show her that her tricks would not work on me, hence the whole "dont give a fukk" attitude that would eventually hook her.

However, there are times when I do have to work a little harder..

## 16. Seducing the NiceGirl

As I have said from the start, there is no set approach to anything in life. Only by experimentation and repeated failures do we learn anything. My biggest problem starting out was that I was a total pvssy. So I learned some C&F and overcompensated for my niceness. I went all the way to the opposite end of the spectrum and became Mr. Jerk. And it worked for me, but mostly with party girls and one night stands, and that got old real fast as the challenge faded away.

I felt that something was missing from my game and that's when I decided to work on my cold approaches. Man, it was tough at first. I could handle getting shot down and told to fukk off, which didn't happen as much as I thought. The thing that really killed me was the way girls flake so much. I would get a nice vibe going with a HB and get the digits, only to have her dodge my calls. Or even worse, we would make plans and she would totally diss me. Hehe, my self-esteem took quite a beating in those days. But I learned to adapt to it and developed a nice callous around my bruised ego. I stopped taking rejection personally and made all the difference in the world.

Here is one of the more challenging pickups I did recently:

### The Scenario

I was on my way to a gig out of town. It turned out all the seats on the bus were sold out, so I was stuck in the bus terminal for a few hours and bored out of my mind. So I decided to hit up the cafeteria and grab a bite. I lugged all my bags to the counter, sat down and ordered some tapas and a beer.

### The Target

I kicked back and absorbed my surroundings, giving the place a slow scan. Nothing but old people and a few teenagers looking really bored. The waitress brought my food and right as I was finishing, a HB8 walked in and ordered some coffee. She sat down at a table and unloaded her luggage as I watched her lovely form in the reflection of the display case.

### The AFC Returns

She was more cute than sexy, dressed modestly with a very young looking face. She looked about 20. I wanted to approach her, but I felt the old doubts coming back. "What if I blow this one? I can't think of anything to say! Fukk I am such a punkass loser!" I caught my negative dialogue and just decided not to approach her because with this frame of mind, I would definitely blow it. So I paid the tab and walked outside still feeling a little down on myself for punking out. That's when inspiration hit me.

### The Favor Opener

I walked back into the cafe and dropped my luggage in the empty seat next to her, asking if she could watch my bags while I went to the rest room. She agreed with a smile and I waltzed off to take a whizz. I came back and thanked her for the favor. She then thanked me. I asked her why. She said for doing the same, and with a wink she got up and went to the restroom. Hehe, I was liking this girl already! As she walked away I got good look at her ass and mentally bumped her up to a 9 cuz it was real nice.

### Eliciting Sensual Conversation

She came back and we chatted a bit. She asked me where I was headed, so I told her about my ordeal with the ticket and she said she was stranded as well. This worked out nicely since now there was time for us to get to know each other. We talked about the places we had traveled to and I found out she was a photographer. I got her to describe all the beautiful little villages she had visited in Italy and France. It was interesting because the more I prodded her for details, the more she became wrapped up in telling her story, like she was reliving it in a trance. I barely spoke more than two words the whole time, just absorbing her vibe really and tossing in a few "wow's" and "that sounds incredible" because

she did have some kickass stories. I told her I admired her adventurous spirit.

### Storytelling & Rapport

Normally I would try to engage her with intense conversation, but instead I let the dialogue fizzle out until she got curious about me. So I gave her my whole schpeel, how I am a crazy New Yorker on a quest to see the world, make music and meet new people. She wanted to hear about New York, so I told her how different it was from the movies, how much it had changed in the last few years, and how it felt to grow up there. She was fascinated and wanted to hear about my 9/11 experience but I lied and told her I was out of town because I never like to talk about depressing shyt during a pickup. Instead I started talking about all the funny cultural differences between NYC and Spain and got her laughing.

### Role Playing PUSH

I started telling her that I really loved Spain and was looking for a rich and beautiful señorita to marry me so I could get my papers and not have to work anymore. She laughed and I told her I was serious (Having dual citizenship would rock!) I asked her if she was down to marry me and she said just giggled (a great sign) I was like "C'mon, it'll be great, 50 years from now we could tell our grandkids how we met in a lonely bus station and fell hopelessly in love with each other." She smiled in a puzzled way, I could tell she wasn't sure if I was kidding or not because despite a sly grin, I looked her in the eye the whole time and said it like I was serious. Before she could process her next answer I switched to qualifying mode "Waitaminute, I'm not so sure about this now. I can tell you are not rich (look her up and down like she is a prize horse) What else do you have to offer besides a cute face? Can you cook? Give massages? Work two jobs so I can stay at home?"

### Role Playing PULL

She laughed and played along, sayin in her own sassy way that she wasn't workin two jobs for anybody! I thought about it for a few seconds and then asked if she could at least cook or massage. She couldn't do that either so I divorced her on the spot, saying it would never work out between us. She said I couldn't divorce her cuz we weren't really married. I said "Sex out of wedlock then? What would our grandchildren say to that?" She cracked up. I told her she seemed like a nice girl and if she at least made the effort to learn how to cook OR massage, I would reconsider. She played along and said she would enroll in some fancy chef school as soon as she came back from vacation. Fun stuff!

### The Number Close

Finally it was time to board our buses. I pulled out my pen and paper and told her to write down the name of the villages she visited in case I ever found myself in Italy/France. She did so and volunteered her digits at the bottom. Sweet! I got the two kisses (that's how they do here in Europe) and went on my merry way.

A few weeks passed and I totally forgot about this chick, figuring she was just practice. One day I was cleaning my apartment and found her number and figured WTF, I'll just call her for laughs.

### The Phone Call

HER: Hello?

ME: Wassup, baby? Did you miss me?

HER: Um..who's this?

ME: Haha..don't play games with me. You really don't know who this is?

HER: Umm, keep talking and maybe I will figure it out.

ME: Alright, what should I say?

HER: Your accent is unusual, keep talking.

ME: Damn, you really have forgotten about me. I am hurt! After all we have been through with the divorce and everything ... and to think I trusted you with my luggage! (said in a "shame on you" tone of voice)

HER: (Laughing) OMG it's you! I thought you forgot about me.

ME: Hehe, naw, just been real busy lately. How are those cooking classes coming along?

HER: (Laughing) I am afraid I still suck in the kitchen.

ME: Wow, that's too bad.

I just hung up on her right here. Waited 1 minute and called her back.

HER: You are a bastard!

ME: Hahaha! Is this why you love me so?

HER: (laughing) You are crazy.

ME: Maybe, but at least my crazy ass can cook!

HER: I may not cook but I am good at other things.

ME: (Seductive Tone) Oh really?

My doorbell rings

ME: Can you hold on a second?

HER: Sure.

I answer the door and it is two of my friends who are picking me up for dinner.

ME: Listen, I am in a bit of a rush, my friends are waiting on me, but what are you doing this weekend?

HER: Dunno, Probably nothing.

ME: I have Sunday free, so let's get together. I know a great place for Italian food

HER: Okay! Call me Saturday and we will make plans

ME: Excellent. catch you later

Hang up on her again before she can say another word. (I hate drawn out goodbyes)

### The Preparation

I called her Saturday and we set everything up for Sunday afternoon. The phone call was 2 minutes long, no gimmicks, just fluff. The next day I dressed pretty casual, threw on my jeans, sneakers and Brooklyn Industries pullover with the hot graphic on it. I had just gotten a haircut though so I still felt pretty crispy. It felt like a D&G day so I spritzed on some Dolce & Gabana and broke out.

### The Date

We met at this great restaurant right by the ocean. I love this place because it is classy yet cheap as hell. She shows up looking all sexy and we have a great time. The whole time there was no kino, which is unusual for me, but I was just reading her signals and felt she was not ready yet. I wanted her to wonder about me for a while. I just hung out with her like she was one of my pals. I started to teach her English as she helped me perfect my Spanish.

### More RolePlaying

I told her that I loved her thick Spanish accent when she spoke English. She blushed and I told her not to be ashamed, that it really was sexy and I wanted to record her for one of my songs. It would be great, we could cut an album and go on tour together. We gonna be famous! Superstars! I had her laughing for a good 20 minutes straight.

### Sincere Compliment

She brought along some of her photography work to show me. She had some really kickass photos, I was honestly blown away. I told her she was very talented and asked if I could keep a few snapshots for myself. She got all happy and told me these were her personal originals, but that I could pick out five of my faves. So I picked them out and just sort of stared at them before I told her "You may not be able to cook or give massages, but you are truly an artist, I am really glad I met you" She blushed and returned the sentiment and from that point forward, I knew it was ON.

### The Kiss

After dinner, we got ice cream and went for a walk on the marina. It was chilly so I put my arm around her waist and she didn't seem to mind, so I pulled her close and our bodies were touching as we strolled along. We found a few benches and sat down in silence for a while. I asked her if she wanted some of my chocolate. She said she did, so I kept steady eye contact on her, took a small bite and closed in real slow for a chocolate kiss. She loved this and did the same with her pistachio.

### Anti Slut Defense

We made-out for a while but something was just not right. During this whole time this girl would not touch me. I'm talkin zero kino from this chick! It was really bizarre, I would hug her and she would sorta go limp on me. I figured maybe she has a low sex drive or maybe I was doing something terribly wrong, but I just shrugged it off. We are on our way back to my place when she tells me she has to work in the morning. Damn. I know she doesn't have to wake up that early and she was just making excuses, but I played it with class and helped her find a cab. She gave me another kiss and disappeared into the night.

### Ass Kino

We met up two more times, once for coffee and another time she came to my house. But it was more of the same. Some kissing but she wouldn't let me escalate. I was getting fed up so, on our way to the bus stop, I just started blatantly fondling her ass and she got all offended. I said I couldn't help myself because her ass was just so nice (did I mention how nice it was?) and I kept touching it. She laughed at me but then said that she was serious and I should stop grabbing her ass. I got serious too and told her I was sorry (pause for reaction) sorry that she had such a nice ass! and grabbed it again. She laughed and told me I was a bad, bad boy. We parted and I could tell she wanted another make-out session, but now I wanted to tease her, so I gave her an innocent peck and broke out.

### Being a Challenge

I had few other prospects that week but they were booooring and I have a low tolerance for people who can't amuse me somehow, so I felt a slight case of one-itis creeping for my little HBSuperStar. It took some serious willpower not to call her for the next few days, but I wanted to show her that time with me shouldn't be taken for granted and she only has so many opportunities to get with me. I called her the following Friday and she was all excited to hear from me. I invited her out dancing and we met at a club.

### Dance Moves

The DJ was really horrible that night, so I decided to get a little drunk in hopes that the music would sound better. It still sucked but I didn't care as much since I was buzzed and we had a great time dancing together. I did the side-kino trick on her and she also did it to me. The whole ordeal got her pretty worked up and she tried to kiss me on the dancefloor. I put my finger to her lips as if to say "uh uh! not yet!" It was driving her mad. Damn I can be such a clít tease sometimes!

### The Hunger Isolation

The party was still going on, but I was just not feeling the music, so I told her I was hungry and invited her to have breakfast with me at a local restaurant. She was hungry too so we left.

### Phase Shifting

On the way I told her I wanted to stop at my place and change my clothes since I was all sweaty. So we get to my crib and I swap shirts, freshen up in the bathroom and spritz on a little cologne. I ask her to smell me because I was reeking of cigarettes before. She did this and said I smelled good, so I circled my arms around her and held steady EC before I gave her the first kiss of the evening.

### The Kiss that broke the ice

I pulled out all the stops with this kiss. I caressed her neck and ran my fingers through her hair. I gently kissed her all around her neck so she could feel my hot breath. I worked my hands down her back with a light massage, gradually working my fingers deeper into her tense spots. I kissed the other side of her neck so it wouldn't feel neglected. She was in a trance. I massaged her deeper and pressed her closer to me so she could feel how excited I was. Her breathing accelerated and it was pretty much all downhill from there.

### Final Analysis

Now, if you compare this report with the [Party Girl Report](#) You will see a big difference in my approach. Notice how I hardly used any neghits and was much more playful with this girl. After getting with the both of them I have to say I enjoyed my time with the Nice Girl, even though Party Girl was much finer-looking. Nice Girl had much more personality and also turned out to be a better lover. More accommodating and eager to please. Plus the fact that I worked a little harder for it made me appreciate it more. We still see each other on a casual basis and I would make her my primary, but she is moving to France. Oh well, (sigh) c'est la vie! I would write more but she just called me and wants to spend some quality time together. 😊

In the meantime, I hope you will enjoy my...

## 17. Conversation with an AFC

I got into a debate with one of my friends the other day, we'll call him El Chumpo because he is a good guy and I got nothing against him but he's also total wuss. He was with me when I hooked up with HBLatina in this field report:

### Seducing the PartyGirl

He was trying to blast my game on some moralistic crusade of integrity. I had to set homeboy straight:

El Chumpo: No disrespect bro, but you are kind of a scum bag.

Señor Fingers: Do I detect a hint of jealousy here?

El Chumpo: Not at all. I am happy with who I am.

Señor Fingers: That's cool. Why are you so serious all of a sudden though?

El Chumpo: Life isn't always a joke dude

Señor Fingers: Damn you sound like my pops. Except for the calling me a scumbag part

El Chumpo: I'm sorry man. I really don't mean to offend but I have to be honest with you. The way you deal with these women is kind of sleazy.

Señor Fingers: Okay

El Chumpo: You are not being true to yourself man. I watch you play all these roles just to get some ass and I get embarrassed for you. It's like all your integrity flies out the window just so you can get laid. It's really disgusting

Señor Fingers: Haha! You have a funny way of not being offensive.

El Chumpo: (laughs) I'm sorry, I am just being honest with you.

Señor Fingers: Hey its alright man. I really do appreciate that. Honesty is hard to come by, so let me return the favor.

El Chumpo: Alright

Señor Fingers: I am always myself. The problem is not with me. The problem is with you and I will tell you why. (pause as I gather my words) You choose to see me a certain way because it is comfortable for you. You would like to think I am "this" as opposed to "that" when in reality I am both. You follow me?

El Chumpo: Not really.

Señor Fingers: Okay. Think of it this way. When you see me being a total jerk to a girl it obviously bothers you right?

El Chumpo: It's just a little disrespectful.

Señor Fingers: You are getting it twisted bro. I always show respect! See, that's your problem right there man. You think women are these goddesses from heaven who can do no wrong. I know exactly where you're coming from. Their beauty once blinded me too. But when you gain experience you will see that many of these "goddesses" are really just spoiled brats who use their beauty to manipulate us so we will jump through their hoops like trained dogs. Follow?

El Chumpo: I guess so.

Señor Fingers: Good. So then what happens? They meet me, probably one of the realest mutherfukkers they will ever come across, and they try their game on me but I don't play it! To me, it is actually DISRESPECTFUL if I play their game. I would not be true to myself if I let them walk all over me. It's funny because they all claim they want nice, sensitive guys but at the same time they fantasize about someone like me coming along, stripping them of their power and taking control of the situation. You feel me?

El Chumpo: Kind of...But I still don't understand why you can't do this in a more respectable way. It just doesn't seem like you are being yourself, that's all.

Señor Fingers: (sigh) Okay (rubbing temple) Do you know what context is?

El Chumpo: I think so..

Señor Fingers: It's when two ideas or circumstances are fused together by a similar theme or meaning..for example if I just started talking to you right now about my favorite candy it would be out of context you would wonder if I was on drugs or something

El Chumpo: Hehe...Yeah, you could say that

Señor Fingers: When you converse with someone, context is the most important tool you have in order to communicate fluidly and have your message be accepted.

El Chumpo: Uh-huh

Señor Fingers: If you have no context, you have no game at all. You can drop the smoothest lines, the most interesting stories ever and if they don't fit in with the situation at hand, people will think you are a little crazy.

El Chumpo: I can see that.

Señor Fingers: When you see me "change" roles the way you put it. I haven't changed at all. rather, the *context* of my situation has changed and I deal with it accordingly. It is still 100% me and I don't pretend to be anyone else. The trouble you are having here is that you only know a small facet of my total character. You have built this image of me up in your mind as a friendly talkative guy because you have never given me a reason to be any other way with you. So then you see me being a prick and think it's all an act when in fact, at that moment I am totally justified in being a prick. Understand?

El Chumpo: (nods)

Señor Fingers: The biggest problem you have is that you are afraid to be real around a beautiful woman. I guarantee that if you confronted more women the way you just confronted me right now, you would be a lot more successful. It's like I said man. Honesty is a rare thing. I gotta say, I have a new respect for you now that I know you are not a poser and feel free enough to speak your mind to me, even if you think I will disapprove. This is the attitude you should always have!

(There is a thoughtful silence between us)

Señor Fingers: (laughing to myself) You know, when you really think about it this situation is sort of ironic.

El Chumpo: How so?

Señor Fingers: Well, here you are being a little bit of an asshole while you accuse me of being an asshole

El Chumpo: Hahaha! Yeah I guess you are right.

Señor Fingers: And that's another thing man, stop saying "I guess" it makes you sound unsure of yourself.

El Chumpo: Okay. I KNOW!

Señor Fingers: That's more like it. There is hope for you yet.

El Chumpo: Hehe..thanks man. Look, I am sorry if I you feel I was hating before. There is just a lot I don't understand. You are right about one thing for sure. I really have spent my life walking on eggshells with women, especially the beautiful ones. It's a tough habit to break.

Señor Fingers: Here's an idea. Next time you are hangin out with a fine young thang, just treat her like a dude. Imagine that she has a hairy ass or something.

El Chumpo: (laughs)

Señor Fingers: I'm serious! Do whatever it takes to bring these chicks back to mortal levels.

El Chumpo: And keep everything in context right?

Señor Fingers: (Shake his hand) My man.

El Chumpo: there is one thing I don't understand though.

Señor Fingers: Shoot

El Chumpo: I can get how context can justify anger, but you said before how it is the source of your communication skills. How do you use it in other situations? Can you give a more pleasant and friendly example?

Señor Fingers: Haha, you just answered your own question two seconds ago!

El Chumpo: How?

Señor Fingers: You remembered what I said about context, and when the moment was right, you dropped it back into the conversation. It was a great callback. Which is why I gave you a pound!

El Chumpo: (puzzled look followed by "ah-ha" look) I see..so all I have to do is pay attention to the highlights of a conversation and store them away until there is an opening for me to drop them back in?

Señor Fingers: Not a bad way of explaining it. But you only got it half right. First you actually have to create those highlights, using stories, funny nicknames, jokes and all that shyt. Then you use callbacks by keeping a storehouse of all the jokes and highlights of the evening and feeding them back into the convo at the right times. In this way you create running jokes. It's just like freestyling. With practice you will find these magic little moments when you will be able to stack multiple callbacks on top of each other and get a big laugh. There is always an opening, you just have to have the wits to pick up on it.

El Chumpo: Sounds complicated.

Señor Fingers: I know. But it really isn't. Maybe if you tried being more of a scumbag while imagining all the girls with hairy asses you would have a better understanding!

El Chumpo: (cracks up) I get it..that's brilliant

Señor Fingers: Naw, that's just observant.

El Chumpo: You shouldn't downplay a compliment. It makes you sound insecure.

Señor Fingers: (laughing my ass off) Damn you are on some Jedi levels now! (HB walks into the bar) Hmmm, let's put your skills to the test.

El Chumpo: Umm, maybe some other time.

Señor Fingers: C'mon. Don't be such a puss!

El Chumpo: I gotta go home anyway, it's getting late.

Señor Fingers: Damn you are so close and you don't even see it.

El Chumpo: Haha. There will be other chances.

Señor Fingers: Spoken like a true chump.

El Chumpo: Fukk you dude! I got to work in the morning!

Señor Fingers: It will take less than 5 minutes...C'mon, I'll do most of the talking

El Chumpo: I really gotta go

Señor Fingers: Alright, later chump ...er I mean champ

El Chumpo exits while flipping me the bird. A little wiser for his efforts but still a chickenshyt. \*sigh\* I tried!

Well, it is finally time to wrap things up so let's keep it movin...

## 18. Mad Props

So where does the path lead? Shall we wage war forever? Hehe. Don't be ridiculous, I just gave this series a catchy title and wrote an inflammatory intro to motivate your punkass. The challenge still stands though. Are you game? Hope you don't chump out on me cuz remember, I have faith in you!

The truth is that seduction is more art than war, and whether you realize it or not, you are already becoming an artist by studying these techniques. Ever watch an artist in action? There is no logic involved, they simply take what they have learned and go with the flow. Sure they start out crude..lotsa crappy drawings and sour notes as they try to follow guidelines. But with experience and dedication they build the confidence and skill to discover their own style and make their own rules!

So take all my advice with a mountain of salt, because these are methods that work for ME. These routines and ideas are your training wheels. Use them until you find out what suits your personality and eventually forget all this complicated stuff in favor of something far more valuable that only comes with experience....INSTINCT.

Get out there and practice practice practice. Before you know it you'll be The Picasso of Pickups, The Miles Davis of Mack, The Grandmaster of Game!

And then what?

Exactly.

Take my last 3 pieces of advice.

1. Have fun and get that ass, no doubt.
2. But NEVER forget your dreams and passions
3. Balance is everything!

Wishing you happiness, peace and inspiration,

Señor Fingers -----> out!

### And now...The Props

Special thanks to those kind enough to share their wisdom:

Formhandle, for ASF  
Juggler, for your insights on a seductive reality  
Tyler Durden, for the brilliant tips and uncanny grasp of the game  
toecutter, for inspiring me to travel and become more "exotic"  
Svengali, for tempering my sleaze factor with a touch of class  
Style, for your awesome openers & phase shifting routines  
Papa, for your mastery of word play and mind games.  
Ross Jeffries, for the patterns  
Swingcat, for those killer qualifying routines  
Gunwitch, for reminding me that it can all be very simple  
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Polkaroo, for the insights on C&F  
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Q, for your infectious, no-limits attitude  
David DeAngelo, for doubling my dating  
Allen Thompson, for SoSuave.com

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Sir Chancelot, for the Neghits and SexTips  
Nicholas Hill, for all your hard work on the DJB  
Vassago, for teaching me persistence pays  
Master of the Universe, for helping me break out of my shell  
Oxide, for the clubbing tips  
Pook, for reminding me to work on myself above all  
Tesuque Red & Bungo Pony, for the consistently wise advice  
xxblitz44x, for the conversation and massage tips  
Player\_Supreme, for your raw, no-bullshyt perspective on tha game  
Brazilian Blues Boy, for the inspiration  
Starman & Gio, for the laughs

and of course Toot86, for showing us all that the squeaky wheel gets the grease!

you guys are the shyt!!!

## 19. Epilogue

### Chapter 1 "Humble Beginnings"

We all have our reasons for finding this site. Mine was named Maria. Dammmmm, she was such a hottie! I'll never forget the first time I met her. I was working at this gallery downtown and she was one of our curators. We had talked on the phone and I had already flirted with her a bit, telling her how her voice is so sexy (the truth!) The voice was nothing compared to her looks and I was thoroughly unprepared when she showed up!

I'm sitting on the front steps of the gallery, head leaned back, absorbing some sun rays when I feel someone tap my shoulder. I pop open one eye and am at a loss for words. She was tall, about a foot taller than me to be exact, athletic with delicious curves and a gorgeous face. An easy 10. I introduce myself as smoothly as I can with a smile and lead her inside, where we get to work on some promotional flyers for her upcoming show. All the while I am paranoid cuz I look like \$HIT... wearing yesterday's clothes, hair all uncombed...terrible! Anyways, we finish work ahead of schedule and start with the fluff talk. Turns out she is an artist as well, also writes poetry. Man, stunning looks, intelligent and creative! My IL is going thru the roof at this point, but I let her talk about herself for awhile until she starts getting curious about me. So I lay my whole schpeel out. How I am an artist as well, produce music and write poetry. Her eyes light up at this and she asks to see some of my work. I happen to have my laptop with me, so I pull out all the stops. Show her some poems, play a few of my songs and she is really into my work. This was one of the few things I did right. Demonstrated a lot of value and had her going DDB listening to my tracks. She reciprocates by reciting some poems from memory. Turns out she is VERY talented and is the first girl ever to break my rating scale (she was about a 12!!!) a goddess!!

OK...pause for a second. Looking back, I'd like to point out some errors. First of all, I already put this chick on pedestal, believing that she crapped flowers and pissed pure gold. WRONG!!!! Even worse, I did not initiate any kino during this very powerful transaction. So many opportunities I was letting go right past me, but what can I say? I really was clueless....Alright, roll tape again!

We talk a little deeper about our lives and my nomadic lifestyle came up. At the time I didn't have an apartment and was couch surfing with friends/family. She is shocked when I tell her this, but understands completely, saying she had just gotten out of her couch surfing phase last month and found an apt. She asks where I was staying and I reply, "probably right here for tonight" which was true, I had been crashing at the gallery occasionally. So she really surprises me by offering her place as a crash pad. I was like "really?" She was like "sure, the place is really a work in progress so I hope you don't mind the mess!" "No problem!" came my AFC reply.

MISTAKE! Here is where I really messed up. A little C&F would have been perfect. Should have accused her of trying to get me back to her place and seduce me "I'm not that easy...etc, etc" oh well, back to the story.

So we get to her place and it is a wreck just like she said, but I ignore it, not wanting to offend (one of my biggest problems in life..shoulda teased her about being a slob..sigh) We end up talking all night, having really great conversation with all sorts of profound epiphanies about life. We really stimulate each other mentally, but again, this is my fu@kup...no kino, letting the convo last for too long instead of making her want more and being too much of a wuss to close in for a kiss. She even gives me the perfect opportunity with some intense eye contact after reciting a love poem she wrote. But I am paralyzed!! We just keep talking until about 7AM we finally crash out and I dream that I actually had the balls to do something!

I wake up the next day and leave her a poem. Another mistake!

About a week goes by and I don't call her, not because I am playing power-games but because I am super busy. This turns out to be a good thing as she finally caves and calls me up, asking where I have been. Despite all my chumpy behavior, this chick is still into me! So we set a date to meet for dinner and she offers her place for me to crash again, saying how she really enjoys my company, etc. I accept of course and end up kicking myself all night because it is just a repeat of the first. Lots of talk and nothing physical. I can feel that LJBF coming! I just can't seem to find the right moment to escalate to the next level with a kiss. I leave the next day and my frustration mounts...

I start to research attraction, seduction etc and find sosuave.com. I kick myself harder because I can see all the green lights I have missed. But here is the real kicker, I keep missing them! Stay over her house a third time and we are in the SAME BED and Mr. Fingers is still afraid to bust a move!! At one point she complains that her neck hurts and I offer her a massage. I am actually quite skilled with massages, hence the nickname... But she totally blew me out saying she didn't want one! I have never had a girl say no to a massage so I was stunned and kept my distance. This was Strike 3 for me. The next day I got LJBSed (let's just be siblings, "you are like my little brother!") which is MUCH worse than LJBF. She started to confide in me about guys she was dating and even told me about her first menage a trois experience she had with these two guys the night after we met! This bit@h said no to the massage but yes to the menage????! I was crushed. Across the screen of my broken love dreams were bright neon-green letters that read "GAME OVER"

### Chapter 2 "A Clean Slate"

Decided to cut my losses and spark a change in my life. As exciting as NYC can be, I was starved for a new experience. Already accustomed to living out of my backpack, I said goodbye to all my loved ones and moved to Spain, where I would be staying with friends and pursuing a career in DJing (the kind that plays records) As luck would have it, I end up meeting another Maria, not as fly as the first but definitely a very cute 8. After a few months on this site, reading ASF posts and DavidDeAngelo's mailbag, I am armed to the teeth with new knowledge and couldn't wait to try it out! I was chilling at a bar when I saw her. Damn, what a perfect round ass! (my achilles heel!!) I walk up to her and open with a simple introduction, "Hi, my name is Mr. Fingers. I just flew into town and love to meet new people!" which opens up a whole convo about NYC, my career, her career etc. etc. Got the digits and kept it moving. Not bad for my first approach!

We meet for dinner a few days later at her house. She cooks me a delicious meal and we are having a great time relaxing and talking. I mirror her a little throughout the convo and find that she starts to mirror me, so I start to talk about more sensual topics.. music, food, sex and life's passions. She tells me she never has sex on a first date and must really know someone intimately before that can happen. I take a mental note and keep changing subjects. Turns out she is also a writer and is showing me some of her work on her PC, when I start to dig my thumbs into that spot where EVERYBODY is tense, right where the neck meets the shoulder blades. I work a little Chinese Accupressure magic and she goes into deep trance for a minute. I pause for a drink of water and she is STILL tranced out. I ask if she would like to lay down. Not only does she lay down, but removes her top! So I really let her have it. Working out every tension point I can imagine and thus made my first mistake (or should I say lesson?) of the evening. I did too good of a job massaging her! She was simply too relaxed to get aroused!! Well fu@k me! She basically kicks me out, saying she was real tired all of a sudden, but we should get together again.

Where did I really mess up here? I didn't escalate the sexual tension when I needed to. Massages are great up to a point. I should have started massaging her ass and placed some delicate kisses on her neck for starters. The underlying theme of my failure? Fear. Not only of rejection, but of offending the girl with my sexuality! I should have known better, having

read the DJ Bible. But there is a vast difference between mental knowledge and bodily experience. It's true what they say...get away from the computer screen and practice!! I didn't let my wussiness faze me though, she is still in the mix and I have chalked this one up to experience as I keep trying things out with different girls. What fun! I have absolutely no emotional investment in these chicks and get to experiment with the abandon of a traveling outsider! yeeeha!!!!!!!

### Chapter 3 "Social Proof"

I tell ya there are few careers more conducive to social proof than DJing. Especially if you know how to work a crowd. Get everyone into a dance frenzy and you are guaranteed to have a few groupies lurking around! My phone book is filling up with so many numbers I forget who is who and write descriptions/ratings next to names so I can remember! To top it off, when I am not DJing, I am a social butterfly like never before. Inspired in particular by Master of the Universe's posts (THANKS MOTU!) I have learned to play the host of the party wherever I go. I say hi to people in the street, hell, I even talk to bums once in a while just to get me warmed up. The result? I have been here for 2 months and everyone knows me! I walk into a bar or club and spend most of the night greeting friends or making new ones. Still feeling a little intimidated by the 9's and 10's but I know real confidence is built over time and can already see my game improving.

You wanna know what baffles me though? Here I am, a good-looking dude, a little short at 5'8" but I know I am still hot \*\*\*\*, with a lot of talent and social proof coming out of my ears and still no f-closes! not even a make-out session! Evidence that popular, good-looking guys don't always get the girl. I was still missing something from my game and was determined to work on it. Spent the next couple of weeks doing cold approaches on the street, cafes, restaurants, anywhere I can find hotties. I get my approaches down but in the back of my mind, I know I haven't dealt with my real problem. See, I have always been able to get women very comfortable around me so approaching and number-closing is easy. I think I go too extreme with this comfort though, and they only end up seeing me as a good-natured buddy. (GRRRR!) So how do I defeat this inner weakness that is sabotaging my sex life? More practice!!

### Chapter 4 "The Jerk Phase"

After 2 months of celibacy I have had it! No more Mr. Nice Guy! Met this hot french girl named D at a club the other day and did lots of C&F. She turns out to be a real cool chick (7.5 with a great ass of course) and is also a bit of a nomad... Told me about her life as a gypsy and had me fascinated! She kept trying to find out about my life but I would never give her what she wanted.

HER: So what do you do?

ME: I'm a male stripper!

HER: (laughing) No, seriously!

ME: Is it really so unbelievable? I mean LOOK at this sexy body of mine! (Do some Mr. Universe poses for her)

HER: (still laughing) C'monnn, that's not fair! I told you what I do!

ME: Alright, alright..since you must know, I am a porn actor. I only do it for the money though. Maybe you have seen my flicks, I go by the name "Dyck Ricolous"

HER: (cracking up)

ME: What? You don't watch porn???

etc, etc..you get the picture.

we swap email addresses (she hates phone calls) and get an interesting exchange of emails going. I am surprised when she calls me out of the blue and we talk for a bit. I try to close her for a date, but she is swamped with work and can't commit to anything. I keep my cool and steer the convo towards romance. That's when she asks the infamous question:

HER: Sooo, do you have a girlfriend?

ME: Hmm...there are prospects, but no one has made the cut yet!

HER: My, my you are quite picky!

ME: I just know my own value and don't want to sell myself short...in fact I have a screening process for potential lovers.

HER: Really...how interesting! What sort of process is this?

ME: I call it the Girlfriend Test (pause for effect)

HER: You're kidding right?

ME: Absolutely not! It is an oral test of character..would you like to take it?

HER: Man, you are really putting me on the spot here.

ME: Hey no sweat..tell you what, I will email you the test and you can take your sweet time!

HER: OMG, you ARE serious! I just gotta see this!

ME: Just remember to answer all the questions honestly, but don't over think them! ....

Listen I have to run and handle some business right now, but I will give you a call later this week.

HER: Wait!..umm okay talk to you later.

\*click\*

I email her the test, which is really just a series of profound questions mixed with a few personality games (The Cube..Strawberry Fields, etc) I also included the Water Game. You ask her what body of water she would be and why (i.e: lake, river, ocean,etc) and it is supposed to represent her sexuality. (Example: I am a waterfall, because of my endless energy = I'm a fu@kin tiger in the sack! ) She writes me back with her test responses. I call her to make fun of her for choosing the "easy flow of a river" saying she was a loose woman. Got her laughing and finally get a date close, even talked her into buying me dinner! She warned me she might have to work but said "We'll just see". At this point I ignore that red flag, cuz I am feeling so on top of my game until.....

She flakes completely. That BIATCH! The old me would have just let it slide, but not this budding DJ! I tried to call her to let her have it over the phone but surprise, surprise, she wasn't answering. So I wrote the following scathing email:

-----<<begin transmission

Dear D,

Ohhhhhhhh, I understand your logic now.

"We'll just see" = "I will completely flake on you and not call or write."

Well my dear, I don't know how successful this approach has been for you in the past, but I certainly don't put up with this sort of behavior, ever. So until you get your act together and dream up a creative way to make it up to me, you can kiss this dinner opportunity goodbye!

In the name of fairness, I will give you the benefit of the doubt here. Perhaps you were sick all weekend, or your computer bursted into flames or maybe, just maybe you finally gave in to your wild cravings and ran off with a merry band of gypsies to tour the sun-drenched coasts of Italy. Whatever the case may be, at least you know where I stand on the issue of flakiness. And you have to appreciate that because it is rare to encounter someone who places such a high value not only on their time, but also on complete honesty. Hell, it's not easy being this direct. It has cost me some friendships along the way and some people truly hate me for it! Fortunately, they are the sort of element I would not want in my life to begin with, so I guess it all works out in the end.

Ultimately D, it's a shame because I believe you and I would have had a great time vibing,

laughing and getting to know each other...but then again, perhaps you are not as open-minded and adventurous as I had originally thought.

oh well

-----<<<end transmission

She called me an hour after I hit the "send" button. She apologized profusely and also said that she loved how honest I was! We set a date for the following night..to which she showed up 15 minutes EARLY! Talk about a turn-around!!

Everything is going sweet. We have a great dinner, lots of laughs and getting a little profound here and there. Then she points out a major flaw in my game. Says I have a distant look on my face and wonders if I am bored! Here I am trying to master a million acronyms from C&F to NLP and I was missing the most basic ingredient for success.....EYE CONTACT! I could tell that this really put her off and she ended up dropping me off at my place and then going home. I felt like such a dumbass!! Live and learn I guess .. She is still a prospect but not a priority, so on to the NEXT!

Chapter 5 "Can it be that it was all so simple?"

I am spinning at this club and it is a slowwww night. About ten people on the dancefloor, but I am in a great mood and spin my fave tunes to get those ten people as sweaty as possible. 2 AM rolls around and a group of fine honeys walk in, all 8's and 9's! They start grooving immediately and I am more inspired to mix up a good set to get those panties wet! One of the hotties (9) really catches my eye, a dark-skinned exotic beauty who was dancing incredibly. Real sensual and slow, going with the flow of the music completely. I could not take my eyes off her! At one point we made EC and I made sure to hold it just long enough to build tension and then break that tension with a smile and a wink! She turns to her friends with a wide grin on her face and I know I am "in". I play the last record and decide to have a dance with these cuties. I don't grind on anyone, just kinda groove cuz I enjoy dancing solo for a bit. Then I move in for the kill and end up grinding on my exotic target. Now, most guys try to hump legs like dogs on the dancefloor, so I make sure to keep it real sensual and slow, keeping her rhythm and dipping ever lower till I grind the entire length of her legs and hips. (easier to show than describe) The song ends and I lick my finger and place it on her hip making that "pssssst" sound, like she is hot as a griddle. She starts giggling like a schoolgirl and I have never seen this before, but her friends were totally winging me! Saying , "Man I bet he fu@ks like a champ!" They totally left us alone to have a girly bathroom conference. We fluff chat and make plans to hit an afterhours. The afterhours turns out to be wack, tons of guys are trying to hit on my 9 (no surprise but still annoying to both myself and her) so we catch a ride with a friend of mine who turns out to be an EXCELLENT wingman! He starts complaining about how his back hurts and he needs one of my famous massages. The girl is instantly interested. "you give massages?" she asks "This guy gives INCREDIBLE massages. Makes you feel brand new!" answers my wing. I nod and smile as I reach for her trapezius muscle and give it a gentle squeeze. She is loving every second so I persist with a light massage and I am not the least bit surprised when she asks me if she can have a total body massage. We exchange numbers and as she is writing her digits she asks if she can have one right now....at my place! OK..didn't see that one coming but I played it cool and my boy dropped us off at my apartment. This time I wasn't worried about overdoing it because the girl was on my turf. I worked out all the tension she had until she passed out cold! I was pretty tired so I fell out as well. The next morning I was awakened by the horniest girl I ever met!

Ahhhhh, the sweet taste of victory! Not so much a conquest over a woman, but my own fears and insecurities. I still have a ways to go but have improved so much and wanted to share my story with the people who helped me get here! (Big Shouts and Respect to SexPDX, Blitz, MOTU, Big Don and of course Allen Thompson...you guys rule!) As a sidenote, I also find it funny that I used hardly any of my strategic material..no SS no NLP

no patterns at all, come to think of it, we hardly spoke! Eye contact, Kino, Social Proof and my own inherent dance/massage skills were enough to seal the deal.

I hope you found my tale both entertaining and educational. I will share anything else of value that I learn in the future. Good luck to all you DJs ...and, uh, thanks for reading this long-ass post!

Evil BitCh Shields!

Whew! Tough crowd tonight. I tried approaching this hot chick on the street who looked really lost. It was the perfect opener so I asked if she was lost. She responds with,

"Who the hell are you?"

I shoot back with

"Probably the most interesting person you've ever met!"

She eyes me up and down and gives me that "niggah please!" look and makes with a sarcastic "pffffff!". I can tell she is not impressed cuz I am dressed super casual in jeans/sneakers and she is all DKNY'ed out. I am tapped for ideas at this point and feel a shutdown coming so I am like

"ya know, it's actually a crazy coincidence, cuz I think you may be the snottiest person I have ever met!"

She looks completely shocked as I just turn around and walk away laughing at her. A little mean? Sure, but I think she had it coming. Anyways I decide to hit up a bar. Spot a lovely blonde (8) with 2 of her friends (4&5 UGs). I grab a beer and pull up a chair next to them.

"Is it alright if sit here?"

blank expressions.

"I'll take that as a yes"

So I set my beer down and relax and the 5 pipes up.

"We were just having a very serious and private conversation so could you please leave?"

Now, I know this is utter bullsh\*t cuz if the convo was so serious, they wouldn't have been laughing before. So I smile back and say

"Sure, no problem....but the real question is are you sure you want me to leave? I mean you guys are friends who probably see each other all the time, right? But what are the odds you will ever see me again? Aren't you at all curious to meet somebody new and interesting who is able to open up to total strangers? I know I would be!"

The blonde smiles at this and gives her friends a look like...c'mon lets give him a break. But the bitCh shields are way strong from her friends. This time the 4 chimes in

"Actually, we already know plenty of interesting people and guys who are much more handsome than you, so would you kindly take your smooth-talking ass somewhere else?"

Unfazed, I look at the blonde and say,

"Ouch! Some friends you got here. Are they always this jealous of your beauty?"

## WEAPONS OF MASS SEDUCTION

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Shocked faces all around and the blonde is covering her mouth and having a muffled laugh. Damn, I can tell she is feeling me but her pals are doing some serious Kung-Fu co¢kblocking! I was about to ask for her digits when 2 dudes showed up, apparently friends of theirs. Then the UGs completely destroyed my game, telling the guys how I am pestering them and if they can make me go away! What could I say? It was my word against theirs! One of the staff overheard the exchange and had the bouncers toss me out of the bar!!! ME!! I have never been kicked out of, well, ANYWHERE!

heh...guess there's a first time for everything..

I dunno man....I think I handled both situations with finesse because I was able to walk away laughing. But I am open to suggestions/critiques.

How do you guys handle bit¢h shields and co¢kblocking friends???